

November 2023 Breakfast Menu

THIS MENU IS SUBJECTED TO CHANGE
BASED
UPON AVAILABILITY

SUN

MON

TUE

WED

THU

FRI

SAT

BREAKFAST CINNAMON
ROLL 1
FRUIT YOGURT
JUICE
MILK

SAUSAGE BISCUIT
FRUIT FREEZE 2
JUICE
MILK

CEREAL/CEREAL BAR
BANANA 3
JUICE
MILK

4

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

5

BREAKFAST CINNAMON
ROLL 6
FRUIT YOGURT
JUICE
MILK

PANCAKE ON A STICK
FRESH FRUIT CUP 7
JUICE
MILK

CHEESE TOAST
APPLE SLICES 8
JUICE
MILK

ASSORT MUFFIN
FRUIT YOGURT 9
JUICE
MILK

CEREAL/CEREAL BAR
FRESH FRUIT 10
JUICE
MILK

11

12

FRENCH TOAST
SYRUP 13
BANANA
JUICE
MILK

GRITS
EGG
TOAST 14
JUICE
FRESH FRUIT CUP
MILK

ASSORTED POPTARTS
YOGURT 15
JUICE
MILK

WAFFLE
SAUSAGE 16
SYRUP
FRESH FRUIT CUP
JUICE
MILK

CEREAL/CEREAL BAR
FRESH FRUIT 17
JUICE
MILK

18

19

20
THANKSGIVING BREAK

21
THANKSGIVING BREAK

22
THANKSGIVING BREAK

23
THANKSGIVING BREAK

24
THANKSGIVING BREAK

25

26

CHEESE TOAST
APPLE SLICES 27
JUICE
MILK

PANCAKE ON A STICK
FRESH FRUIT CUP 28
JUICE
MILK

ASSORT MUFFIN
FRUIT YOGURT 29
JUICE
MILK

POWDERED/CHOCOLATE
DONUTS
FRESH FRUIT CUP 30
JUICE
MOZZARELLA CHEESESTICK
MILK

LOW FAT MILK SERVE DAILY
CONDIMENTS: JELLY AND SYRUP
*ALL MANAGER'S CHOICE MEAL MUST BE AN
USDA REIMBURSABLE MEAL.

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Lunch Menu

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			STUFF CRUST PEPPERONI PIZZA CORN ON COB 1 APPLE SLICES ASSORTED MILK	SPAGHETTI W/MEAT SAUCE ROLL BROCCOLI & CHEESE 2 ORANGE SLICES ASSORTED MILK	NACHO GRANDE W/TRIMMINGS PEARS 3 CORN ASSORTED MILK	4
5	SOUTHERN CHICKEN/SPICY CHICKEN SANDWICH 6 SIDEWINDER POTATOES LIMA BEANS PEACH SLICES ASSORTED MILK	CHICKEN TENDERS ROLL 7 MASH POTATOES GLAZED CARROTS CHILLED PEARS ASSORTED MILK	HAMBURGER/CHEESE BURGER TRIMMINGS 8 BAKE BEANS FRIES FRESH FRUIT ASSORTED MILK	CHICKEN & SAUSAGE GUMBO 9 CRACKERS GREENS MANDARIN FRUIT CUP ASSORTED MILK	HAM/TURKEY HOAGIE TRIMMINGS 10 CORN BANANA ASSORTED MILK	11
12	VEGETABLE SOUP W/MEAT CHEESE STICK 13 GRANNY APPLE ASSORTED MILK	ASSORTED PIZZA 14 CORN ON COB APPLE /GRAPE IN BAG ASSORTED MILK	DRESSING 15 HAM/TURKEY CRANBERRY SAUCE CANDY YAMS GREENS ROLL CANNED PEACHES ASSORTED MILK	HOT WINGS 16 CRINKLE CUT FRIES ROLL BROCCOLI & CHEESE ORANGE SLICES ASSORTED MILK	HOTDOG TOTS 17 BAKE BEANS CONDIMENTS FROZEN FRUIT CUP ASSORTED MILK	18
19	20	21	22	23	24	25
	THANKSGIVING BREAK	THANKSGIVING BREAK	THANKSGIVING BREAK	THANKSGIVING BREAK	THANKSGIVING BREAK	THANKSGIVING BREAK
26	CHICKEN & SAUSAGE GUMBO 27 CRACKERS GLAZED CARROTS MANDARIN FRUIT CUP ASSORTED MILK	CHICKEN SPAGHETTI 28 LIMA BEANS ROLL FROZEN FRUIT CUP ASSORTED MILK	CHICKEN TENDERS ROLL 29 MASH POTATOES BROCCOLI CHILLED PEARS ASSORTED MILK	STUFF CRUST PEPPERONI PIZZA 30 CORN ON COB APPLE SLICES ASSORTED MILK	VARIETY LOW FAT MILK SERVE DAILY CONDIMENTS: MAYO, KETCHUP, BBQ SAUCE RANCH, MUSTARD, HONEY MUSTARD, SWEET AND SOUR SAUCE SALADS, TUNA, OR CHICKEN SALAD WILL BE OFFERED DAILY *ALL MANAGER'S CHOICE MEAL MUST BE AN USDA REIMBURSABLE MEAL.	