

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Daily Offerings:**

**Fresh Fruit**  
**Fruit Juice**  
**Milk Choice**



**4**

**5**

**6**

**7**

**8**

**Welcome**

**Back!**

**11**

**12**

**13**

**14**

**15**

Sausage Biscuit  
French Toast Sticks  
Cereal & Grahams

Sausage Gravy & Biscuit  
Muffin & Yogurt  
Cereal & Grahams

Ham, Egg, & Cheese  
Croissant  
Pancakes  
Cereal & Grahams

Breakfast Pizza  
Glazed Donut  
Cereal & Grahams

**18**

**19**

**20**

**21**

**22**

Sausage Egg Biscuit  
French Toast Sticks  
Cereal & Grahams

Panther Sandwich  
Fruit & Yogurt Parfait  
Cereal & Grahams

Sausage Gravy & Biscuit  
Muffin & Yogurt  
Cereal & Grahams

Ham, Egg, & Cheese  
Croissant  
Pancakes  
Cereal & Grahams

Breakfast Pizza  
Glazed Donut  
Cereal & Grahams

**25**

**26**

**27**

**28**

**29**

Sausage Egg Biscuit  
French Toast Sticks  
Cereal & Grahams

Panther Sandwich  
Fruit & Yogurt Parfait  
Cereal & Grahams

Sausage Gravy & Biscuit  
Muffin & Yogurt  
Cereal & Grahams

Ham, Egg, & Cheese  
Croissant  
Pancakes  
Cereal & Grahams

Breakfast Pizza  
Glazed Donut  
Cereal & Grahams



Apple QR Code

Menus are subject to change. For information on which menu items may contain allergens, please contact the cafeteria manager. **NEW** Point of Service – create a LINQ Connect account to add funds and make payments to a student meal account at <https://linqconnect.com> or scan the QR code to download the app.

"This institution is an equal opportunity provider."



Google QR Code



# AUGUST 2025

Rappahannock County Elementary School

Student Lunch: FREE  
Adult Lunch: \$4.82

Monday

Tuesday

Wednesday

Thursday

Friday

**Daily Offerings:**

Salad Bar  
Baked Potato  
PBJ  
Fresh Fruit  
Milk Choice



**Harvest of the Month  
Tomatoes**

4

5

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**Chicken Sandwich**  
Mashed Potatoes  
Lima Beans & Corn

**Cheese Ravioli**  
Breadstick  
Roasted Broccoli  
Carrots

**Fresh Baked Pizza**  
Potato Wedge  
**Tomato** Cucumber Salad

**Spaghetti**  
Garlic Knot  
Garden Salad

**Chicken Tenders**  
Dinner Roll  
Green Beans  
French Fries

**Chicken Quesadilla**  
Southwest Rice  
Refried Beans

**Beefy Mac n Cheese**  
Dinner Roll  
**Tomato** & Cucumber  
Salad

**Fresh Baked Pizza**  
Garden Salad  
Smiley Potatoes

**Chicken Alfredo**  
Breadstick  
Roasted Broccoli

**Corn Dogs**  
French Fries  
Carrots



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