

Monday

2
Chicken Patty with Bun
Crispy Spiral French Fries
Side Salad with Sliced Tomatoes
Mixed Fruit
Craisins/Dried Strawberry Apple Slices
Dragon Punch Juice
Choice of Milk

9
No School
Teachers In-Service

16
Cheeseburger with Bun
French Fries
Side Salad with Sliced Tomatoes
Mixed Fruit
Craisins/Dried Strawberry Apple Slices
Dragon Fruit Punch
Choice of Milk

23
BBQ Pork Patty Sandwich
Coleslaw
Side Salad with Sliced Cucumbers
Fresh Banana
Craisins/Dried Apple Slices
Dragon Punch Juice
Choice of Milk

30
Deli Ham & Cheese
on Pretzel Bun
Fresh Baby Carrots
Side Salad with Sliced Tomatoes
Mixed Fruit
Craisins/Dried Strawberry Apple Slices
Dragon Punch Juice
Choice of Milk

Tuesday

3
Chicken & Cheese Quesadilla
Fresh Sliced Cucumbers
Side Salad with Sliced Tomatoes
Whole Apple
Craisins/Dried Strawberry Apple Slices
Grape Juice
Choice of Milk

10
Taco Dip with Tostitos
Fresh Sliced Green Peppers
Side Salad with Sliced Cucumbers
Applesauce Cup
Craisins/Dried Apple Slices
Grape Juice
Choice of Milk

17
Taco in a Bag
Steamed Carrots & Peas
Side Salad with Sliced Tomatoes
Whole Apple
Craisins/Dried Strawberry Apple Slices
Grape Juice
Choice of Milk

24
Chicken Fajita
Pasta Salad
Side Salad with Sliced Cucumbers
Applesauce Cup
Craisins/Dried Apple Slices
Grape Juice
Choice of Milk

31
Chicken Cantina Bowl
with Tostitos
Fresh Broccoli
Side Salad with Sliced Tomatoes
Whole Apple
Craisins/Dried Strawberry Apple Slices
Grape Juice
Choice of Milk

Wednesday

4
Fish nuggets
Three Cheese Cavatappi Pasta
Or
Wow Butter & Strawberry Jelly Sandwich
Cucumber/Tomato Salad
Side Salad with Sliced Tomatoes
Mandarin Oranges
Craisins/Dried Strawberry Apple Slices
Cherry Star juice
Choice of Milk

11
Orange Chicken with Brown Rice
Or
Wow Butter & Grape Jelly Sandwich
Steamed Broccoli
Side Salad with Sliced Cucumbers
Pineapple Chunks
Craisins/Dried Apple Slices
Cherry Star Juice
Choice of Milk

18
Chicken Parmesan with Spaghetti
Or
Wow Butter & Strawberry Jelly Sandwich
Steamed Corn
Side Salad with Sliced Tomatoes
Mandarin Oranges
Craisins/Dried Strawberry Apple Slices
Cherry Star Juice
Choice of Milk

25
Chicken & Waffle with Gravy
Or
Wow Butter & Grape Jelly Sandwich
Steamed Broccoli
Side Salad with Sliced Cucumbers
Pineapple Chunks
Craisins/Dried Apple Slices
Cherry Star Juice
Choice of Milk

Thursday

5
Breaded Mozzarella Sticks
Pasta Salad
Side Salad with Sliced Tomatoes
Fresh Apple Slices
Craisins/Dried Strawberry Apple Slices
Fruit Punch Juice
Choice of Milk

12
Chicken Nuggets
Fresh Veggie Boat
Side Salad with Sliced Cucumbers
Fresh Apple Slices
Craisins/Dried Apple Slices
Fruit Punch Juice
Choice of Milk

19
Mini Corn Dogs
Baked Beans
Side Salad with Sliced Tomatoes
Fresh Apple Slices
Craisins/Dried Strawberry Apple Slices
Fruit Punch Juice
Choice of Milk

26
Popcorn Chicken Bowl
with Pretzel Rods
Steamed Vegetables
Side Salad with Sliced Cucumbers
Fresh Apple Slices
Craisins/Dried Apple Slices
Fruit Punch Juice
Choice of Milk

Friday

6
Mustang Hoagie
Steamed Peas
Side Salad with Sliced Tomatoes
Diced Peaches
Craisins/Dried Strawberry Apple Slices
Sunset Sip Juice
Choice of Milk
Chat Snax Vanilla Graham Crackers

13
Cheesy Noodles with Beef
Fresh Baby Carrots
Side Salad with Sliced Cucumbers
Diced Peas
Craisins/Dried Apple Slices
Sunset Sip Juice
Choice of Milk
Strawberry Ice Cream Sundae

20
Chicken Puff Pastry with
Garlic Breadstick
Mashed Potatoes
Side Salad with Sliced Tomatoes
Diced Peaches
Craisins/Dried Strawberry Apple Slices
Sunset Sip Juice
Choice of Milk
Cinnamon Goldfish Graham Cracker

27
Pollock Fish Nuggets
Sweet Potato French Fries
Side Salad with Sliced Cucumbers
Diced Peas
Craisins/Dried Apple Slices
Sunset Sip Juice
Choice of Milk
Chat Snax Vanilla Graham Crackers

EARLY DISMISSAL



Now hiring Cafeteria Team Members.
For more information, contact Denise Moschgat
at 814-736-9636 ex1500 or
dmoschgat@mustangmail.org

To qualify as a free lunch, **students must take 3(minimum) components**, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which **1 must be a fruit or vegetable**. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements
Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>