

Assist in dealing with a



Help you to apply interpersonal skills.



Help you to learn academic achievement

strategies.

# crisis.



Provide academic planning and goal setting.



Listen and provide support.



Teach you to manage your emotions.



Advocate for student needs.







Heart and Mind Teaching













### URRICU











## Counseling

Lessons

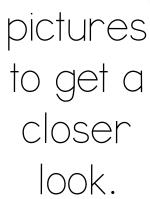
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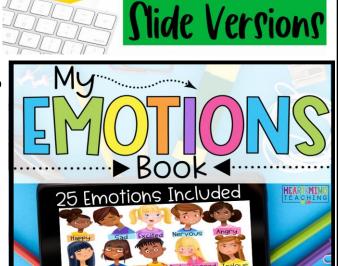
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Hi there! I'm Ashley- a School Counselor, curriculum developer, blogger, and mama to two young boys. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning.

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