

SCOTTISH RITE

FOR CHILDREN



# TAKE FLIGHT

A COMPREHENSIVE INTERVENTION

FOR ELEMENTARY STUDENTS WITH DYSLLEXIA



## Take Flight: A Comprehensive Intervention for Students with Dyslexia

*Take Flight: A Comprehensive Intervention for Students with Dyslexia* is a two-year curriculum written by the staff of the Luke Waites Center for Dyslexia and Learning Disorders at Scottish Rite for Children. *Take Flight* builds on the success of the three previous dyslexia intervention programs developed by the staff of Scottish Rite for Children: Alphabetic Phonics, the Dyslexia Training Program and Scottish Rite for Children Literacy Program.



### Take Flight was designed for:

- children with dyslexia seven years and older
- one-on-one or small group instruction (no more than 6 students)
- use by a Certified Academic Language Therapist
- four days a week – sixty minutes per day for two years
- **or**
- five days a week – forty-five minutes per day for two years

## Five Components of Effective Reading Instruction

*Take Flight* contains the five components of effective reading instruction identified by research from the National Reading Panel. *Take Flight* addresses each component by:

- **Phonemic Awareness** – following established procedures for explicitly teaching the relationships between speech-sound production and spelling-sound patterns
- **Phonics** – providing a systematic approach for single word decoding
- **Fluency** – using research-proven directed practice in repeated reading of words, phrases and passages to help students read newly encountered text more fluently
- **Vocabulary** – featuring multiple word learning strategies (definitional, structural, contextual) and explicit teaching techniques with application in text
- **Reading Comprehension** – teaching students to explicitly use and articulate multiple comprehension strategies (i.e., cooperative learning, story structure, question generation and answering, summarization and comprehension monitoring)

### Take Flight key findings include:

- Students that complete *Take Flight* instruction show significant growth in all areas of reading skill.
- Follow-up research on children who completed treatment indicates that students maintain the benefits of instruction on word reading skills and continue to improve in reading comprehension after one year.
- *Take Flight* is effective when used in schools by teachers with advanced training in treating learning disorders.
- Students with the lowest reading skills acquire the strongest gains from *Take Flight* instruction.

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For details about the latest research, please view the Luke Waites Center for Dyslexia's research summary of *Take Flight: A Comprehensive Intervention for Students with Dyslexia* on our web site at [scottishriteforchildren.org/dyslexia](http://scottishriteforchildren.org/dyslexia).