

 **BREAKFAST**

 **LUNCH**

SEPTEMBER 2022

Kansas School for the Deaf

Served every day with breakfast: Milk (Skim or 1%), Fruit and 100% Juice

Offered every day with lunch: Variety of additional vegetables and fruits and Milk (Skim or 1%)



Monday

Tuesday

Wednesday

Thursday

Friday



NO SCHOOL

5



MINI WAFFLES W/ SYRUP

12

BBQ PORK PATTY
GLAZED CARROTS
ROASTED CAULIFLOWER
SLICED PEACHES

EGG & POTATO
BREAKFAST BOATS

19

TURKEY CORNDOG
SWEET POTATO TOTS
CORN
PINEAPPLE

EGG & CHEESE BOSCO
STICK

26

SPAGHETTI & MEATSAUCE/GARLIC
BREAD
MIXED GREEN SALAD
GREEN BEANS
FROZEN JUICE CUPS

NO SCHOOL

6



PANCAKE ON A STICK

13

TAMALE PIE
CORN
BLACK BEANS
APPLESAUCE

BISCUITS & GRAVY OR
FRUIT STRUDEL

20

3-CHEESE CHICKEN BAKE
W/ GARLIC BREAD
MIXED VEGETABLES
SIDE SALAD
MANDARIN ORANGES

DONUTS/YOGURT

27

SLOPPY JOE
FRENCH FRIES
VEGGIE BLEND
GRAPES

DONUTS//YOGURT

7

CHEESE PIZZA
ROASTED CAULIFLOWER
GLAZED CARROTS
APPLE CRISP W/ ICE CREAM

BREAKFAST BURRITO
W/ SALSA

14

CHICKEN ALFREDO
W/ GARLIC BREAD
VEGETABLE BLEND
GRAPES

MINI PANCAKES W/ SYRUP

21

HOT HAM & CHEESE SANDWICH
BAKED BEANS
VEGETABLE BLEND
APPLE SLICES

FRENCH TOAST STICKS
W/ SYRUP

28

CHICKEN FRIED CHICKEN
MASHED POTATOES W/ GRAVY
GARDEN PEAS & CARROTS
ORANGE SLICES

MINI PANCAKES W/ SYRUP

1

SHREDDED PORK BBQ SANDWICH
MIXED GREEN SALAD
CHEESY SCALLOPED POTATOES
MIXED FRUIT SALAD

FRENCH TOAST STICKS
W/ SYRUP

8

MANDARIN ORANGE CHICKEN
VEGETABLE FRIED RICE
STEAMED BROCCOLI
FRUIT COCKTAIL

MUFFINS/STRING CHEESE

15

OPEN ROAST BEEF SANDWICH
MASHED POTATOES W/ GRAVY
GREEN BEANS
MIXED FRUIT SALAD

EGG & CHEESE BISCUIT

22

BEEF BURRITO BOWL
W/ TORTILLA CHIPS
CHEESY REFRIED BEANS
MEXICALI CORN
SLICED PEACHES
CINNAMON CHURROS

SAUSAGE, EGG & CHEESE
ENGLISH MUFFIN

29

PEPPERONI PIZZA
MIXED GREEN SALAD
STEAMED BROCCOLI
PINEAPPLE

NO SCHOOL

2



SAUSAGE, EGG & CHEESE
ENGLISH MUFFIN

9

FISH SANDWICH
GREEN BEANS
CREAMY COLESLAW
BANANA

SCRAMBLED EGGS & TOAST

16

CHEESEBURGER
TATOR TOTS
MIXED VEGETABLES
SLICED PEARS

BREAKFAST PIZZA

23

FISH NUGGETS
MACARONI & CHEESE
GREEN PEAS
MIXED FRUIT

MINI WAFFLES W/ SYRUP

30

CHICKEN QUESADILLA W/ SALSA
GOLDEN CORN
CHEESEY REFRIED BEANS
SLICED PEACHES

Questions????

Contact Cindy Rawie, Food Service Director

crawie@kssdb.org

This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

5

NO SCHOOL

6

7

8

9



MEATLOAF W/ DINNER ROLL
MASHED POTATOES W/ GRAVY
VEGETABLE BLEND
APPLESAUCE/POPSICLE

BEEF TACO SALAD
TORTILLA CHIPS
LETTUCE, TOMATO, SALSA, CHEESE
MAND. ORANGE

12

GENERAL TSO CHICKEN
STEAMED RICE
EGG ROLL
GARDEN PEAS
PINEAPPLE

13

SHEPHERD'S PIE W/
DINNER ROLL
MIXED VEGETABLES
CHERRY COBBLER W/
WHIPPED TOPPING

14

15

PEPPERONI PIZZA
STEAMED BROCCOLI
ICE CREAM CUP

16

19

PHILLY CHEESESTEAK SANDWICH
PEPPERONI POTATO BAKE
SIDE SALAD
TROPICAL FRUIT SALAD

20

CHICKEN NACHOS
LETTUCE, TOMATO,
SALSA, CHEESE SAUCE
PEACH COBBLER
W/ WHIPPED TOPING

21

SPAGHETTI & MEAT SAUCE
W/ GARLIC BREAD
MIXED GREEN SALAD
VEGETABLE BLEND
CHOCOLATE PUDDING
VANILLA WAFERS

22

OVEN FRIED CHICKEN LEGS
SLICED BREAD & BUTTER
MASHED POTATOES W/ GRAVY
STEAMED BROCCOLI
MIXED FRUIT SALAD

23

26

BEEF HOT DOG ON BUN
BAKED BEANS
SLICED PEARS

27

SWEET & SOUR CHICKEN
VEGETABLE FRIED RICE
EGG ROLL
MIXED FRUIT SALAD

28

TATOR TOT CASSEROLE
MIXED GREEN SALAD
MIXED VEGETABLES
TROPICAL FRUIT SALAD

29

TURKEY POT PIE & BISCUIT
GREEN BEANS
MANDARIN ORANGES

30

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