

October 2025 Breakfast & Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Dakota Harvest Month Apples	29 Egg Bites Chicken Strips, Mashed Potatoes and Gravy, Corn, Mixed Fruit	30 Cereal, Toast, Fruit Chicken Quesadilla, Rice, Black Bean Blend, Seasonal Vegetable and Fruit	1 Late Start – NO BREAKFAST Hamburger, Baked Bean, Baked Chip	2 Cereal, Toast, Fruit Chicken Pot Pie over Egg Noodles, Peaches	3 Scones Ham and Au Gratin Potatoes, Seasonal Fruit, Green Bean	4
5	6 Yogurt Parfait Chicken Patty on a Bun, Spicy Option, French Fry, Peaches	7 Cereal, Toast, Fruit Taco In A Bag Refried Beans Seasonal Fruit Baby Carrots	8 Cereal, Toast, Fruit French Toast Stick, Egg and Cheese Omelet, Seasonal Fruit, Seasonal Vegetable	9 Cereal, Toast, Fruit Pork Chop Buttered Noodle Peas Pears	10 Pumpkin Bread Lasagna, Garlic Breadstick, Applesauce, Green Bean	11
12	13 Apple Turnover Sweet and Sour Chicken over Rice, Fortune Cookie, Mandarin Orange, Stir Fry Vegetable Blend	14 Cereal, Toast, Fruit Sloppy Joe on a Bun, Goldfish Cracker, Potato Salad, Baked Bean, Seasonal Fruit	15 Cereal, Toast, Fruit Pizza Sticks, Mozzarella sticks, Applesauce, Cucumbers	16 NO SCHOOL	17 NO SCHOOL	18
19 National School Lunch Week - Around The World	20 Pancake Breakfast Sandwich Poutine (French Fry, Gravy, Shredded Cheese and assorted toppings) Canada & France	21 Cereal, Toast, Fruit Taco, Refried Bean, Rice, Seasonal Fruit, Seasonal Vegetable Mexico	22 Cereal, Toast, Fruit Bratwurst, Knoephla, Kraut, Pretzel with assorted Dipping Sauces and Toppings Germany	23 Cereal, Toast, Fruit Spaghetti or Alfredo over Noodle, Garlic Breadstick, Green Bean Italy	24 Carmel or Cinnamon Roll Adobo, Rice, Steamed Buns Philippines	25
26	27 Mummy Sausage Wraps Chicken Nugget, French Fry Applesauce Peas	28 Cereal, Toast, Fruit Hot Dog, Macaroni and Cheese, Baked Bean, Mandarin Oranges, Seasonal Vegetable	29 Cereal, Toast, Fruit Meatballs, Mashed Potato and Gravy, Corn Seasonal Fruit	30 Cereal, Toast, Fruit Hamburger Noodle Hotdish, Green Bean, Seasonal Fruit, Seasonal Vegetable	31 Spooky Flapjacks Ghostly Pizza Bagel Mozzarella Stick Happy Halloween	

All breakfasts are served with choice of cereal, fruit or juice, milk, and whole wheat toast

All lunches served with fruit, milk, bread, and salad bar

*Menu subject to change

National Dakota Harvest Month Featuring : Apples

This institution is an equal opportunity provider.

October 2025 Breakfast & Lunch Menu

National School Lunch Week is October 7-11. Enjoy the Pirate Theme!

Monday: Hot Dogs and Goldfish Crackers

Tuesday: Taco Quesadilla

Wednesday: French Toast Sticks

Thursday: Meatball with Gravy over Mashed Potatoes

Friday: Hot Ham and Cheese, Tater Tots and Gold Coin Chocolates