SEPTEMBER 2023

MARION COUNTY SCHOOL DISTRICT

	Monday	Tuesday	Wednesday	Thursday	Friday
Z					Breakfast- Cheese Toast or Cereal, Fruit, Milk
	X				Lunch- Chicken Nuggets or Turkey & Cheese Sub, Tater Tots, Corn, Fruit & Milk
	LABOR DAY HOLIDAY	Breakfast- Sausage Biscuit or Cereal, Fruit, Milk	Breakfast- Pop Tarts, Muffins or Cereal, Fruit, Milk	Breakfast- Grits & Sausage or Cereal, Fruit, Milk	Breakfast- Dutch Waffles or Cereal, Fruit, Milk
		Lunch- Pizza or Cereal & Yogurt Plate, French Fries, Broccoli & Cheese, Fruit, Milk	Lunch- Cheeseburger or Chicken Sandwich, Sweet Potato Fries, Green Beans, Fruit, Milk, Cake	Lunch- Beef Stew & Rice or Chef Salad, Southern Greens, Mexican Cornbread, Fruit, Milk	Lunch- BBQ Pulled Pork Nachos or Chicken Salad Croissant, Tater Tots, Corn, Fruit, Milk, Jello
E	Breakfast- French Toast Sticks or Cereal, Fruit, Milk	Breakfast- Sausage Biscuit or Cereal, Fruit, Milk	Breakfast- Pop Tarts, Muffins or Cereal, Fruit, Milk	Breakfast- Grits & Sausage or Cereal, Fruit, Milk	Breakfast- Breakfast Pizza or Cereal, Fruit, Milk
Y	unch- Soft Beef Taco or Cereal & Yogurt Plate, French Fries, Steamed Broccoli, Fruit, Milk	Lunch- Cheesy Chicken & Rice or Chef Salad, English Peas, Sweet Potato Patties, Roll, Fruit, Milk, Pudding Cup	Lunch- Meatball Marinara Hoagie or Chicken Sandwich, Macaroni & Cheese, Lima Beans, Fruit, Milk	Lunch- Spaghetti & Meat Sauce or Chef Salad, Green Beans, Side Salad, Texas Toast, Fruit, Milk, Jello with Whipped Topping	Lunch- Corn Dog Nuggets or McRib Sandwich, Seasoned Fries, Cheesy California Veggies, Fruit, Milk
	reakfast- Pancake on a Stick or Cereal, Fruit, Milk	Breakfast- Sausage Biscuit or Cereal, Fruit, Milk	Breakfast- Pop Tarts, Muffins or Cereal, Fruit, Milk	Breakfast- Grits & Sausage or Cereal, Fruit, Milk	Breakfast- Chicken Biscuit or Cereal, Fruit, Milk
Y	unch- Hot Dogs & Chili or Cereal & ogurt Plate, French Fries, Baked eans, Fruit, Milk, Fruit Freeze	Lunch- Chicken Alfredo or Chef Salad, English Peas, Sweet Potato Patties, Texas Toast, Fruit, Milk	Lunch- Beef Sticks or Ham & Cheese Croissant, Mashed Potatoes, Broccoli & Cheese, Roll, Fruit, Milk, Cookies	Lunch- Chicken & Sausage Gumbo with Rice or Chef Salad, Steamed Carrots, Side Salad, Fruit, Milk	Lunch- Mexican Pizza or Chicken Salad & Crackers, Seasoned Potato Wedges, Green Beans, Fruit, Milk
	reakfast- French Toast Sticks 25 or Cereal, Fruit, Milk	Breakfast- Sausage Biscuit or Cereal, Fruit, Milk	Breakfast- Pop Tarts, Muffins or Cereal, Fruit, Milk	Breakfast- Breakfast Pizza or Cereal, Fruit, Milk	Breakfast- Fruit Frudel or Cereal, Fruit, Milk
Ce	ınch- Chicken Fajita Wrap or ereal & Yogurt Plate, Fiesta Rice, nto Beans, Fruit, Milk, Jello Cup	Lunch- Chicken Dumplings or Chef Salad, English Peas, Carrot Soufflé, Roll, Fruit, Milk	Lunch- Cheeseburger or Chicken Sandwich, Curly Fries, Lima Beans, Fruit, Milk, Brownie	Lunch- Chili & Cheese Fritos or Chef Salad, Whole Kernel Corn, Side Salad, Fruit, Milk	Lunch- Brunch for Lunch, Fruit, Milk