

# WELCOME BACK!

## Menus for August & September 2025

Owosso Public Schools  
Lincoln High School

USDA is an equal opportunity provider. Menus are subject to change.

### available daily

**Fresh Salad of the Day**

**Fresh Specialty Sandwich**

### Featured Specials of the Day

**Thursday, August 21**

Chicken Tenders  
Potato Wedges  
Fresh Fruit

**Friday, August 22**

Cheese Pizza or Bosco Sticks  
Fresh Sliced Fruit

### Featured Specials of the Day

**Monday, August 25**

Chicken Sandwich  
Potato Wedges  
Fresh Oranges

**Tuesday, August 26**

Beef Taco's  
Soft, Walking or Nacho's  
Refried Beans  
Salsa.

**Wednesday, August 27**

Cheese Pizza or Bosco Sticks  
Marinera Sauce  
Fresh Fruit

**Thursday, August 28**

**1/2 Day**

**Friday, August 29**

**No School**

## EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.

**WELLNESS IS A WAY OF LIFE!**

*This year, our menu will again feature regular Wellness tips, showing how diet, exercise, and taking care of yourself can help ensure that you stay healthy and at the top of your game!*

### OPS Food & Nutrition Department

We are excited to have our students back to school and eating FREE nutritious meals again this school year.

Please feel free to reach out to our department with any questions.....

989.729.5486

Joy = [Hartman@owosso.k12.mi.us](mailto:Hartman@owosso.k12.mi.us)

Please feel free to visit our website for more information and links to online forms and menu's  
<https://www.owosso.k12.mi.us/foodnutritionservices>

### Featured Specials of the Day

## ★ LABOR DAY ★

**Tuesday, September 2**

PopCorn Chicken Bowl  
Mashed Potatoes  
Chicken Gravy  
Sweet Corn

**Wednesday, September 3**

Chicken Patty Sandwich  
Potato Wedges  
Baby Carrots

**Thursday, September 4**

Breakfast Box  
Whole Grain Crackers  
Red Peppers

**Friday, September 5**

Cheese Pizza or Bosco Sticks  
Fresh Pears  
Broccoli



### *Featured Specials of the Day*

#### **Monday, September 8**

Trojan Burger  
Romaine Salad  
Sliced Apples

#### **Tuesday, September 9**

Beef  
Soft Taco's, Nacho's or Walking Taco's  
Diced Tomatoes  
Refried Beans

#### **Wednesday, September 10**

Pasta Bowl  
w/Meatballs  
Marinera or Alfredo Sauce  
Garlic Knot

#### **Thursday, September 11**

Chicken Tenders  
Red Peppers  
WG Crackers  
Fresh Vegetables

#### **Friday, September 12**

Cheese Pizza or Bosco Sticks  
Fresh Sliced Fruit

## We're proud to help keep America strong

Most folks don't know that the National School Lunch Program began in the years after World War II because so many recruits had been deferred from war-time service due to malnutrition. So serving meals at school began as a national defense strategy! School meals were good for kids, good for families – and good for our nation. And we're still here for you, day in and day out, all year long. Welcome back!!

**School Meals**  
We serve education every day™

### *Featured Specials of the Day*

#### **Monday, September 15**

Chicken Patty Sandwich  
Romaine Salad  
Orange Slices

#### **Tuesday, September 16**

PopCorn Chicken Bowl  
Mashed Potatoes  
Sweet Corn  
WG Crackers  
Green Peppers

#### **Wednesday, September 17**

BBQ Chicken Pizza  
Baby Carrots  
Fruit Cocktail

#### **Thursday, September 18**

Chicken Tenders  
Red Peppers  
WG Crackers  
Fresh Vegetables

#### **Friday, September 19**

Cheese Pizza or Bosco Sticks  
Fresh Sliced Fruit

### *Featured Specials of the Day*

#### **Monday, September 22**

Trojan Burger  
Romaine Salad & Sliced Apples

#### **Tuesday, September 23**

Beef  
Soft Taco's, Nacho's or Walking Taco's  
Diced Tomatoes & Refried Beans

#### **Wednesday, September 24**

Pasta Bowl  
w/Meatballs  
Marinera or Alfredo Sauce  
Garlic Knot

#### **Thursday, September 25**

Chicken Tenders  
Red Peppers  
WG Crackers  
Fresh Vegetables

#### **Friday, September 26**

Cheese Pizza or Bosco Sticks  
Fresh Sliced Fruit

#### **Monday, September 29**

Trojan Burger  
Romaine Salad  
Sliced Apples

#### **Tuesday, September 30**

Cheese Pizza or Bosco Sticks  
Fresh Sliced Fruit

## Word *of the* Month

# hon·or

*noun.* 1. High public esteem.

2. Honesty or integrity in one's beliefs and actions. 3. High respect, as for worth, merit, or rank.



Top 10 Artists for  
Summer 2025

1/Morgan Wallen  
2/Justin Bieber  
3/Travis Scott  
4/Clipse  
5/JACKBOYS  
6/ATEEZ  
7/TWICE  
8/Kendrick Lamar  
9/Benson Boone  
10/Sabrina Carpenter

Source:  
Billboard