

AUGUST 2023 STARK COUNTY ELEMENTARY MENU

<p>A Plant-Based Option is Offered Everyday at Lunch</p> <p>Breakfast is served everyday after 7:30 a.m.</p>	<p>15 Tuesday WG Cereal, WG Breakfast Bar, Juice, Fruit</p> <p>WG Bun, Hamburger, Cheese Slice or WG PB & J Sandwich, Cheese Stick, WG Chips, Oven Potatoes, Rosy Applesauce, Fresh Fruit and Veggies</p>	<p>16 Wednesday WG Cereal, WG English Muffin, Cheese Slice, Egg Patty, Juice, Fruit</p> <p>WG Bun, BBQ Rib Patty or Yogurt, Cheese Stick, WG Bread, Baked Beans, Pears, Fresh Fruit and Veggies</p>	<p>17 Thursday WG Pancake Wrap, Syrup, WG Cereal, Fruit, Juice</p> <p>Rebel Nachos (Taco Meat, WG Tortilla Chips, Queso Blanco) or WG PB & J, Cheese Stick, WG Chips, Salsa, Carrots, Pineapple, Fresh Fruit and Veggies</p>	<p>18 Friday WG Cereal, Biscuit, Sausage and Gravy, Fruit, Juice</p> <p>WG Pizza or Yogurt, Cheese Stick, WG Bread, Romaine, Green Beans, Mandarin Oranges, Fresh Fruit and Veggies, WG Cookie</p>
<p>21 Monday WG Waffles, Syrup, WG Cereal, Fruit, Juice</p> <p>WG Breaded Cheese Stick, Ravioli or Yogurt, Cheese Stick, WG Bread, Corn, Romaine, Peaches, Fresh Fruit and Veggies</p>	<p>22 Tuesday WG Cereal, Muffin, Fruit, Juice</p> <p>WG Toast, Pulled Pork or WG PB & J, Cheese Stick, WG Chips, Oven Potatoes/Cheese Sauce, Pineapple, Fresh Fruit and Veggies</p>	<p>23 Wednesday WG Poptart, WG Cereal, Juice, Fruit</p> <p>WG Bun, Tenderloin or Yogurt, Cheese Stick, WG Bread Broccoli w/Cheese, Rosy Applesauce, Fresh Fruit and Veggies</p>	<p>24 Thursday WG Donut, WG Cereal, Fruit, Juice</p> <p>WG Chili Crispitos or WG PB & J, Cheese Stick, WG Chips, Salsa, Refried Beans, Pears, Fresh Fruit and Veggies</p>	<p>25 Friday WG Cereal, WG Breakfast Pizza, Fruit, Juice</p> <p>WG Pizza Crunchers or Yogurt, Cheese Stick, WG Bread, Marinara Sauce, Green Beans, Tropical Fruit, Fresh Fruit and Veggies, Sidekick</p>

<p>28 Monday WG Cereal, WG Pancakes, Syrup, Sausage, Fruit, Juice</p> <p>WG Bun, Meatballs, Sauce, Cheese <u>or Yogurt, Cheese Stick, WG Bread</u>, Carrots, Cinnamon Applesauce, Fresh Fruit and Veggies</p>	<p>29 Tuesday WG Cereal, WG Bagel, Cream Cheese, Fruit, Juice</p> <p>WG Roll, WG Popcorn Chicken <u>or WG PB & J, Cheese Stick, WG Chips</u>, Mashed Potatoes/Gravy, Peaches, Fresh Fruit and Veggies</p>	<p>30 Wednesday WG Cereal, WG French Toast Stick, Syrup, Fruit, Juice</p> <p>WG Bun, Hot Dog or Chili Dog <u>or Yogurt, Cheese Stick, WG Bread</u>, Green Beans, Pears, Fresh Fruit and Veggies</p>	<p>31 Thursday NO SCHOOL</p> <p>Menu is Subject to Change</p> <p>Fat free Ranch, Ranch, Ketchup, Mustard, BBQ Sauce are offered at Lunch</p> <p>Food Groups offered- Meat/Meat Alternative, Vegetables. Whole Grains, Fruits, Milk</p> <p>A Plant-Based Option is offered everyday at Lunch.</p>	<p>Mashed Potatoes contain Sulfates and can cause allergic reactions.</p> <p>1% White, Chocolate and Strawberry are offered at each Meal.</p> <p>Breakfast is offered vs. serve-Children must take 3 out of 4 food items offered 1 must be $\frac{1}{2}$ cup of fruit or juice.</p> <p>Lunch is offer vs serve-Children must take 3 out of 5 food groups and 1 must be $\frac{1}{2}$ cup of fruit or vegetables.</p> <p>Some Foods contain Cinnamon</p>