

May 2025

Laguna Division of Early Childhood

Phone: (505) 552-6544

Fax: (505) 796-6909

P.O. Box 207 Laguna, NM 87026

Inside this month

EHS

- Sunnyside
- Chinatown
- New York
- Turquoise Springs

Family Service Providers
Health Aid
Support Services
Program Assistant
ERSEA

PHS

- Paguete
- Village
- Casa Blanca
- Encinal
- Seama

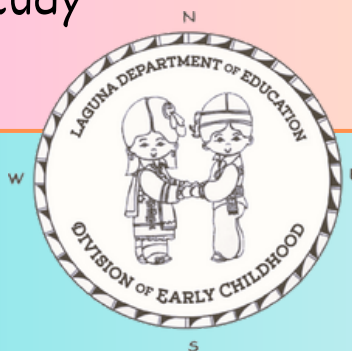
Events Happening

05.09- Mother's Day Activity

05.21- Nutrition Activity- Cucumber Snakes

05.26- Memorial Day - **NO SCHOOL**

05.29- Worm Study



Families of DEC

Milestones and achievements for the family; Our family has been facing challenges within this month.. Serious injuries to my oldest son, and youngest son. We as a family pushes through the difficulties it has brought upon us and all helped each other get through this together.. Oldest took care of the younger ones, younger ones helped the older ones and everybody helped mom! One other thing that's been a huge blessing is for my oldest son to be able to get Baptized, First Holy Communion & Confirmation! We're so proud of him!

Helios development I see I'd say is reading books, being able to ask questions about the stories he reads, his name writing, also the language! It's nice to hear him name certain things in Keres.

We chose DEC because that's where both my oldest kids went to school. We had just moved back home to Seama this past July. It was challenging for both my boys Helios and Auries to get used to being in a whole new place.

Both boys were born and raised in AZ. Helios went to school at the Early Head Start where he learned his Tohono O'odham language, and his lifestyle in the desert was way different then here! I like that he's able to learn where else they come from, the language, the culture, and the different way of life here in Laguna. I'm very thankful to all those who teach them everyday!

I'd like to give a shout out to the teachers, Ms. Juana, Ms. Raina, Mrs. Peakcock, and Ms. Mariah. Thank you all so much for being patient, with my boys. Thank you for all the teachings you have taught them. You are all very much appreciated by my family and myself and also, for getting them ready to transition into the next grade, it takes a lot of work and dedication. May you all get plenty back in return!

Da'waa'eh.

-The Sanchez-Reyna Family



Families of DEC

Hello Families and Friends!

My name is Paizleigh Lukee and I am from the BIG Martin family in Mesita and the Lukee family in Acoma. My mother is Kiana Lukee, I have two twin siblings who also attend DEC. I come from a very close family.

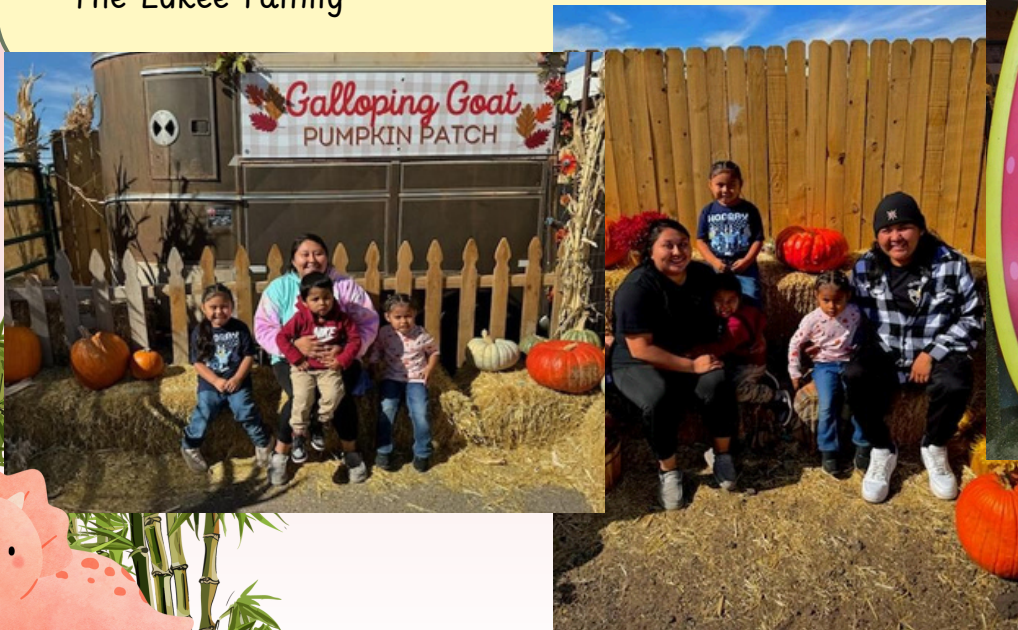
As a family, we have seen Paizleigh wanting to be more independent. She wants to help in the house especially with cooking and cleaning. We have also noticed that she wants to help others in and out of the classroom. Another thing would be Paizleigh is able to write her name by just looking at it and being able to recognize the letters in her name.

We chose DEC for a variety of reasons. It was more convenient for us as we moved into a new house last year in Mesita. My mom and my uncle both attended DEC when they were younger. It gives Paizleigh the opportunity to be educated about our culture and our language. What we love most about DEC is the staff and the education being provided. The staff is super welcoming and they make sure that they answer all your questions. They also get the parents involved in the kids' education.

I would like to thank the staff who have helped Paizleigh along the way. I would like to give a BIG thank you to Ms. Kayla and Ms. Carol for being that comfort for Paizleigh and for helping her grow.

May you all enjoy the rest of the school year!

-The Lukee Family



Families of DEC

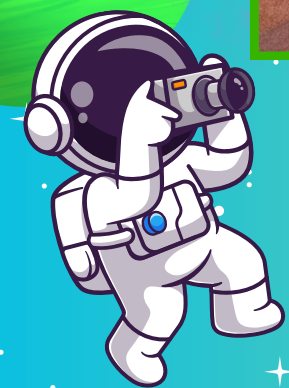


The milestones we had achieved this year was going on more Family trips, being involved in more traditional activities, and Alucard's graduation into elementary.

Alucard has show more improvements both within and outside the classroom, such as his verbal communication, his abilities to help with his younger brother in small tasks, learning to write both his numbers and letters in a legible manner, plus he has a growing curiosity for his cultural belief.

The best things about DEC was the communication, and the consistent improvements in our son Alucard's education, the faculty was very supportive, helpful, and informative on what areas our son needed help with.

-THE PASQUALE FAMILY



Families of DEC

Hello my son's name is Tatum Romero he is 4 yrs old going on 5 in July! Tatum attends the Laguna Head start program. I am the mother of Tatum my name is Naomi Romero, my husband's name is Alex Romero Jr.

Tatum comes from a large family his the 7th of 8 kids..

his siblings are Brittany, Jordan, Caleb, Kaitlyn, Tristyn, Mason and kaius.

He is also an uncle to:

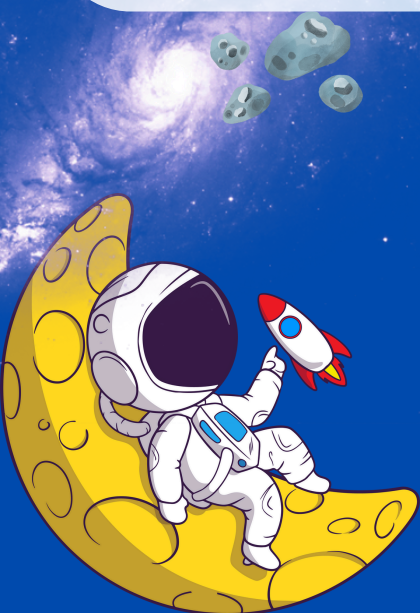
Avianna (Jordan's daughter),

Koda(Brittany's son)

Zayne (Caleb's son.)

Tatum is our covid child, Tatum was born 4 weeks early and had to stay in the hospital for his 1st month of Life. Tatum was a fighter, strong and Brave. He fought and grew fast and was able to come home. Early on as Tatum grew older he was very smart, bright and talented he picked up on things like his Colors, ABC's, Numbers and noticing The shapes of things! Tatum was scared of people and as a mom I thought he would be scared of school in a different surrounding other than home. I never wanted to force Tatum to do anything he felt uncomfortable with, so one day he was watching kids get on and off the bus he would be so excited to look out the window and see the buses drive by our house , Tatum mentioned to his dad and I that he thought he was ready for school, although mom wasn't ready for this next step! I Naomi went to enroll him he was so excited his first day! Now, he comes home every day telling me how excited his day was, Tatum tells me each day " Thank you Mom, for sending me to school, I love you."!
Tatum also loves his bus driver Miss Yvonne Francis! He always says "she is so nice mom!"
Tatum always says a prayer for her each night.

CONTINUED ON NEXT PAGE...



Tatum R. Continued...

Tatum's milestone was achieving his goal to attend school. Tatum also had very long hair and growing it since birth Tatum decided and mentioned he was ready to grow up and be a big boy he thought of cutting his hair, so he did! He says "next step is graduating the baby school and on to the big kids school"!

As Tatum's parents he has become more outspoken and not afraid of his peers, Tatum likes to pretend he is a teacher because he loves helping others! He will try to help his little brother learn or if Tatum sees one of his siblings needing help he will try and help them. Tatum has become more of a fast learner and hands on. Tatum loves building things with blocks, putting a 60 piece puzzle together, helping others, help with cooking and cleaning up.

In the beginning, I was going to homeschool Tatum because I was scared to let him attend school, just knowing that there is bullying in the school system or I was afraid he wasn't ready! I was shocked when Tatum said he was ready for school, when that first day came about I cried.. but sometimes we need to let our children grow up, as parents we only want what's best for our kids. We have been happy our son has reached one of his many goals! It is always good to listen to your child or children on what is the best interest for them.

Shout outs:

Ms. Yvonne Francis for making each day a great day and greeting with a smile.

Iris Gallegos and Ms. Maddie Francis for always greeting so nicely in the office or on the phone!
Keep up the Great Job!!!

-The Romero Family



Families of DEC



Hello families and friends,

My name is Kekoa Naranjo. I wanted to thank LDOE for considering my family and I to be in the newsletter. My mother's name is Terri Kanteena and my older sister's name is Madalyn. We live in the village of Seama.

The last month has been so exciting for me. My mom got us a car that we can all be comfortable in. My sister plays volleyball for the Regional Volleyball Club in Albuquerque. We got to travel to Durango, Colorado for her tournament at the beginning of April. I got to swim because I love swimming. I also got to keep one of the kitten's our older cat had. His name is Miles, and I will be learning new responsibilities to take care of him.

I have seen Kekoa improve a lot being at DEC. One major improvement I've seen is writing his whole name and counting to 40. He can recognize letters in his name. He is really good at saying his ABC's and pronouncing the phonetic pronunciation after each letter. He is very independent cleaning up after himself. Also learning my days of the week in our language.

My mom choose for me to go DEC because she wants to keep me apart of the Laguna Community. She also likes that the teachers provide to teach us our culture and the language. Doing activities involving our culture. My sister and my mom also went to DEC, so it was an easy choice for my mom. My mom also likes that all the teachers and staff are fully involved with our learning.

My mom, sister and I would like to give a huge thank you to Ms. Juana and Ms. Raina for being involved in my day today learning and their hard work with teaching my classmates as well. For both showing their love to me. We would also like to give a thank you for Ms. Tiffany and Mr. Michael for making the bus ride easy for us and getting us to school safely. Kitchen staff thank you as well for providing good food to all the students, and all other staff for taking the dedication to teach all the children. May you all be blessed.

We want to extend our appreciation for giving the opportunity for us to share a little about my family. We've enjoyed every moment of the year.

Da'wah'eh,
Kekoa & Family



ADVENTURE



Laguna Culture and Language

CULTURAL LEARNING TARGETS:

- What cultural knowledge or understanding will students learn as a result of this unit.
- Children will learn the process of planting corn and the uses for corn.

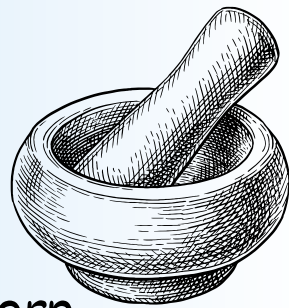
COLORS OF THE MONTH:

White & Black



VOCABULARY:

- Planting
- Field
- Farmer
- Water
- Shovel
- Rake
- Parched corn
- Blue corn Mush
- Grinding Stone
- Corn Meal



SUNNYSIDE

April

Teachers: Andrea L. & Makayla S.

a.lucario@lagunaed.net /

m.sarracino@lagunaed.net

505-552-6544 ext. 5201

The children had fun exploring all types of containers – twistable, hinged, spray bottles, and boxes. They learned how to open/close the containers, use their hands, and put objects inside. They used their imagination to play with the containers – drinking from them and putting on lotion.

May

Creative Curriculum: We are looking forward to exploring and discovering the different types of rocks we have on our campus. We will learn how to play with the rocks safely and what we can do with them. We will look and talk about the different sizes and textures – big, small, tiny, smooth, and rough.

Home activities: Take a walk and look for rocks of different colors, textures, and sizes. Talk about the rocks you find and describe them.

Social-Emotional: We sing songs to help us regulate ourselves.

Cultural Lifeways: We are at that time of year, planting season. The children will have hands-on experiences in planting flowers/vegetables and taking care of the plants and watering them.

Conscious Discipline: Listening and dancing to music. Using songs to help calm our active bodies.

Highlights / Achievements

- We have a full classroom with eight children
- Five children are sitting on the potty and are helping to pull up and down pants
- Two children are in the process of learning to stand and walk on their own
- One child is scooting themselves around and pulling self to stand

Birthdays

- **N.P. 05/03**
- **K.G. 05/26**

Reminders & Parent Tips:

- To give a call or email if your child will not be in school
- Read and fill out Reading Log
- Parent tip(s): Embrace Outdoor Exploration: Free play with nature.
- Focus on exploration observations
- Read aloud frequently, engage in conversations, and ask questions

Chinatown

April

Hello Families,

Can you believe that we have only two more months of school to go? It sure is moving fast. Happy May! In April we studied CONTAINERS. Children had the opportunity to use their hands to manipulate the tops of some containers. The children did very well twisting off caps and releasing bin hinges.

We increased counting skills as we counted objects to place them in small and big containers, to see which held more objects. We practiced counting out five objects from each container.

Exploring Soil was our STEAM activity in which we had a chance to pour, fill and dump soil with our container. The moisture helped us with our question about what happens when soil gets wet. It makes mud. We looked at the foot prints of the unfortunate individual who stepped off the sidewalk and left foot prints in the mud. We asked them what happened to make that footprint in the soil. Some children explored the wet soil while on the playground.

May

In May, our concentrated study is ROCKS. We have become GEOLOGISTS, as we have already looked at soil and we will now explore different types of rocks we can find in our community. Children will gain language skills to help describe different types of rocks: SMOOTH, BIG, BUMPY, HEAVY, and ROUGH. Children will have opportunities to sort out rocks. I saved rocks from the rock hunt we did previously in the month of February, but should you find interesting rocks, I hope that you will bring them in and share with the class.

As part of our cultural experiences, we will have the children plant various seeds that were donated by Amy Garcia. We are excited to see who has a green thumb.

STEAM Worms. What is a worm? How can they help with gardens? Do worms bite? We will discuss these questions and many others the children may have regarding worms.

We wish everyone a wonderful month of May. It will be busy with transition, graduations and other celebrations. Be Safe.

Celebrations

We celebrate that two of our girls have achieved self-help skills and are no longer in pull ups and are doing really well without any accidents.

ROCK HUNT



Curriculum

Color: Black and White

Culture: Planting

Curriculum: Rocks

Nutrition: Cucumber Snakes

STEAM: Worm Study

Contact Info

Teachers: Caundice D. & Royce K.

c.deutsawe@lagunaed.net / r.kie@lagunaed.net

505-552-6544 Ext. 5200



Teachers: Marilou Arkie & Kay-Mani Riley
m.arkie@lagunaed.net /
km.riley@lagunaed.net
(505) 552-6544 Ext. 5107

New York

April

Creative Curriculum- For the month of April our theme was containers. The children were able to see and play with different container shapes and sizes. They were also able to put small toys into the different containers.

Achievements/goals- Our friends are working hard at potty training. We continue to work on sharing and taking turns with others in the classroom and using our words to communicate our needs to friends and teachers.

May

Creative Curriculum-We will learn about rocks. The children will be able to collect, look and feel the different types of rocks found on campus.

Cultural Lifeways-Our theme is planting. The children will learn the process of planting from start to finish and the uses for the crops harvested.

Conscious Discipline- Power of Acceptance- observing the moment without needing to change or fix it.

Parent Reminders:

- Please remember to check your child's back pack for classroom information as well as notes from the front office.
- Mornings are still chilly please continue to dress children accordingly.

Turquoise Springs

Curriculum Theme: Our study for this month is going to be one of our favorites, "Rocks". Our children love to pick up rocks of all sizes, so check their pockets, jackets, pants, and bags. That is where we have them place the rocks that they pick up. In our study, we will observe the many different textures of a rock, using the words: Smooth, rough, big, small. There will also be an opportunity to collect rocks for us to add some color to them. Be on the lookout for our colorful rocks.

Conscious Discipline: Power of Acceptance. Giving and receiving empathy, kindness, and compassion without feeling a sense of sacrifice. Sustaining relationships with communication skills that draw you closer to people and help you feel understood rather than distant and judged. When we use the Power of Acceptance with children, we validate their inner world. We send the message "I see you; I hear you". We respond to the child as they are, not as we believe they should be. -The book of Conscious Discipline

Cultural Lifeways: Children will learn the process of planting, from placing the soil into a pot, then the seeds, and adding water, also exposing the sun to what we are planting. We will have discussions about the uses of the items that we plant. The vocabulary we will learn in language class is: Planting, field, farmer, water, shovel, rake, parched corn, blue corn mush, grinding stone, and corn meal. Colors of the month: black and white.

Goals / Milestones: J.B. and J.V. have been working on potty training and being our classroom role models. I. G. and J. V. have made some big progress in walking into the classroom during drop off time in the mornings. J.V., E.S., and J.B. have been using more words such as: Please, thank you and you're welcome. A.L. and J.B. give great hugs. K.T. is our newest addition and is learning the daily routine with little to no separation issues. Watching everyone grow and do something new has been very exciting to see or hear.

Please welcome teacher Venessa. She will be helping us through the end of the year. Teacher Marilou is assisting in another classroom.

We would like to extend well wishes to our friend F.L. and family for they have moved to the city. We hope that things continue to work for the best 😊

Happy Birthday to our friend J.V.

Teachers: Candice L. & Venessa D.
c.lucero@lagunaed.net / v.deutsawe@lagunaed.net
(505) 552-6544 Ext. 5202

Paguate

April / May



Hello, Families!

We hope your Easter lunches were delicious and that you found a lot of eggs. The clan lunch exchange went well at DEC, we had a chance to meet the Early Head Start children and took home a nutritious bag, basket, or bucket filled with food and prizes. Thank you all for your participation!

During April, we learned about gardening and how to take care of baby plants. The books we engaged in were, *The Enormous Potato*, *The Carrot Seed*, and *Rainbow Garden*. We sorted the toy foods into vegetables and fruits, then also by color. Our families encouraged their child's curiosity by creating a Dream Garden Collage and by planting a seed (one excited child brought his tomato seedling to school to share with his friends). To help aid with our study, children were able to plant onions and cilantro in to "Root Viewer" to see how seeds begin to grow. They were introduced to the scientific concept of "photosynthesis": the process that leaves can produce the plant's food from sunlight and gas exchange when carbon dioxide enters the leaf while oxygen is released. As the plants grow, we will measure them and make a prediction of how many and how large or small the plant will get.

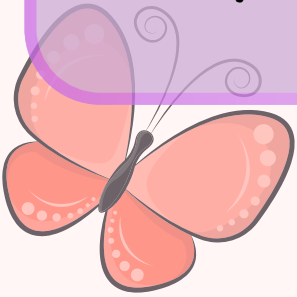
The children have been learning to spell out their names after their daily sign-in and have, quite naturally, begun to see "their letters" in environmental print. This organic discovery will help us when we go to the zoo for our field trip this month. Further information will be sent home with a permission slip.

This month we will explore Insects: what they are, where we can find them, their different characteristics, and their place in our lives. As always, the study will have children explore through learning opportunities and play, conversation, and research on the Internet.

All areas of developmental learning will be included in our daily routines and practices.

Activities regarding insects will be sent home during the month. We look forward to your help and creations!

Teachers: Ms. Evelyn & Miss Angela
e.garcia@lagunaed.net / a.yawea@lagunaed.net
(505) 552-6544 Ext. 5109



Village

Hello Families and Friends from the Village Classroom,

Time is flying and we only have two more months of school to go. Wow. In the month of May, we will be learning about insects. We will investigate lots of different types of insects and bugs that we see in our environment every day. We will learn how to use a magnifying glass to see small insects. We will spend most of our time outside doing our bugging, looking for insects. We will also find out what types of body parts an insect has, how many legs, what they eat and learning names of insects. We will also be learning about the life cycle of an insect. We will be all bug eyes and bushy tails.

Thank you, parents, for taking time out of your busy schedule to read to your child, log the minutes and send the books back, please. It is getting warm. Please send a light jacket with your child and ensure your child wears closed toe shoes only, no crocs or sandals.

Once again thank you parents for all you do for your child.

Parent reminders:

PLEASE check your child's back pack every evening for notes and important information. If your child is not in school please let teachers know or call the school.

Teachers: Mrs. Peacock & Miss Mariah
l.peacock@lagunaed.net /
m.whitmore@lagunaed.net
505-552-6544 Ext. 5114

Casa Blanca

Teachers: Mr. Levantonio & Ms. Yvonne
g.levantonio@lagunaed.net / y.francis@lagunaed.net
505-552-6544 Ext 5113

Greetings Families,

These days and months are really flying by, it seems like. We here in the Casa Blanca Classroom are getting excited about all the activities we have accomplished and those to come. Spring time is such an inspiring time to be in. We have had some weather that kept us in the classroom. Now, we are enjoying the warm weather that is surrounding us.

April was a busy month with our theme of Gardening. The children have been helping out with tilling the soil, planting seeds, and monitoring the plants as they grow. We are trying to see what kind of fruits, vegetables, and flowers we can plant. We want to plant strawberries and blueberries as well as the traditional watermelon and cilantro. We are also at the latter stage of the alphabet, ending April with the letter V. We have had some creative arts from the children that are fantastic. Creativity is a great tool for a child, as it helps with expanded thinking, or as we say, "thinking outside the box". I always stress that there is no wrong answer in preschool, only creativity. Your children are doing a wonderful job.

We celebrated April with the Easter Holiday. Everyone has their different ways of celebrating. We brought our traditional Easter celebration to the classroom. The children learned about the different clans and the clan system. The children were amazed when they found out what their big and little clans were and each other's clans. They found out who are moms and dads, brothers and sisters. It was certainly profound and amusing.

May

The month of May is going to bring us many activities that will be outdoors. Our curriculum focus will be Insects. We will explore what insects are, where they live, what they eat, and how some are important to our environment. And, of course, those insects we regard as pests.

For our traditional activity, we will be introducing and learning the process of planting corn and the uses of corn. With our customs and traditions, we will instruct the children how corn is important to our society. There are many uses in our community for corn and around our country.

May is also the month where we will be preparing for our field trip. Ms. Yvonne and I sat with the teachers from the Village Classroom and discussed what we would like for our children and their families to experience. It was decided that we will venture on the NM Rail Runner Train on May 28, 2025. We are so used to seeing a train go by our homes almost on a daily basis, we wanted the children to experience, at least one time, a train ride. Notes were sent home with the children with details to follow. We are all excited and looking forward to this trip.

As we get closer to the end of the school year, once again we would like to remind families to continue reading to your children. There are many ways to read to your children including while you are traveling. Environmental print is all around us with signs and billboards. Include a book while you are in your vehicle. Devices are convenient, but reading to your child increases vocabulary, print awareness, literacy skills, and also bonding with your child. When you do read to your child, please don't forget to log it in on your reading log. In-kind is still being recorded.

We hope that all our families enjoy the warm weather we will be experiencing. Please remember that open toe shoes are not allowed here at school due to safety reasons. With this warm weather, the children will be playing outdoors more, and debris will get into open toe shoes very easily. Closed toe sneakers are highly recommended.

Once again, thank you for allowing your child to be in our classroom. It is an honor and a privilege to serve our families and our community.

Encinal

Teachers: Juana N. & Raina V.

j.natseway@lagunaed.net / r.victorino@lagunaed.net

505-552-6544 Ext. 5110

Creative Curriculum: For May and a week into June, the theme is Getting Ready for Kindergarten. As the school year is drawing to a close, it is time to say heartfelt goodbyes to peers, reflect on what they have learned, and help them transition to their next exciting journey, going to kindergarten. Change can be hard and to help ease the transition, giving children the tools and strategies, they need are important for feeling confident and set up for success. We will have the children share their thoughts and feelings about kindergarten, say good bye to their classmates, and teachers, reflect on the ways they have grown and changed throughout the year, learn and practice new routines, rules, and expectations for kindergarten, discover who works at the elementary school and how to ask adults for help and celebrate their final days of pre-K with their peers, families, and teachers.

Culture Lifeways: Children will learn the process of planting corn and the many uses of corn. Vocabulary: Planting, field, farmer, water, grinding stone, and corn meal. Color of the month: white and black.

Conscious Discipline: The children will learn to accept others, which is essential for developing empathy, kindness, and compassion, a foundation for healthy relationships with peers and teachers.

Student achievements/milestones:

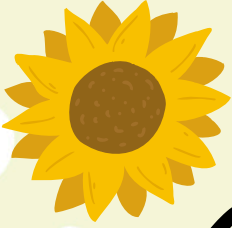
Welcome to the 100 Club! Five children can rote count to 100 or more.

- Six children can count to 10-15, and are working hard to move up the number line.
- Four children can count to 20-40, and are working hard to move up the number line too
- Some children are getting the hang of simple math, such as addition and subtraction! AWESOME!
- About 85% of the children know their initials; 15% are still learning.

Altogether, every single one has come a long way with tremendous progress! Good job! 😊

Parent Reminders:

- PLEASE send your child to school every day unless they are sick or have appointments. Soon, we will begin to practice for the transition ceremony in June. We are excited to celebrate your child and their accomplishments.
- PLEASE send your child in a light jacket for the cool mornings and a hat for the sunny days ahead.
- PLEASE send an empty water bottle, the children can fill at school with water only. We have had to empty a bottle that had juice in it.
- If your child is sick or showing symptoms, PLEASE keep them home. If they are out for more than three days, please have them seen by a doctor and bring an excuse upon returning to school. PLEASE be mindful of other children and teachers in the classroom!
- As always 😊 Please check your child's folder/bag DAILY, as things are sent home. Thank you!
- Read to your child for at least 10-15 minutes. Don't forget to write it on their Reading Log! 😊



Seama

April

Greetings from Seama Room. Our creative curriculum theme focused on seeds. We observed different seeds and their growth process. The children liked pointing out seeds in the food that came from the kitchen. We talked about which seeds are edible, and we read books about planting. Along with observing, we got to plant different types of seeds. Children chose between flowers and vegetables. Children enjoy caring for and being responsible for their flowers. Children have taken data on time and how big their plants will grow. Children have enjoyed learning about seeds.

The children have been working hard on letters, letter sounds, and letter writing. We are happy to say that the majority know letter sounds and are currently sounding out 3-letter words. Some children are beginning to read. In math, the children are working hard on shapes, graphing, collecting data, and addition problems. They have learned to read and write addition problems. They know how to use classroom resources to find answers or use peers to help. We are extremely proud of the progress all the children have made.

We want to thank our parents for participating in our clan exchange by providing lunch for another student. May you receive many blessings. While learning about clans, we received help from our language teacher to help children identify their clans in the Laguna language. Children also learned to make Easter pudding by mixing ingredients and lining a crock pot with corn husks. A recipe was sent home, we hope you enjoyed making it at home.



May

This month, our focus will be "getting ready for kindergarten". Can you believe it? We are near the end. Every child in Seama Room will be transitioning to kindergarten. We have been working hard in all learning domains. We have seen so much growth, and we see the confidence they have in their education and social-emotional skills. Children will have the opportunity to visit Laguna Elementary School, the kindergarten classroom and teachers. They will become familiar with a new environment. This month, we will have more conversations about new school environments. We want all children to have a smooth transition and be prepared for the next chapter in life. Also, parents, if you have any questions regarding your child's transition, please contact the teacher. These last few weeks are very important. We hope to see your child in school every day. Keep a lookout for all upcoming activities this month. Check folders daily.

Parent Reminders:

- Send a water bottle
- Warmer weather, children are welcome to bring a hat
- Attendance is important. We want to see your child on a daily basis
- Reminder to check backpacks/check blue folders daily
- Read and fill out daily reading log

Happy Birthday!

- 5/5 M-S.L
- 5/15 A.P



Health Aid

SUMMER SAFETY TIPS

- **Look for signs of exhaustion**

Cases of heat stroke spike during the summer months and this can be life threatening in children. Prior to heat stroke, kids often show milder symptoms such as heat cramps and heat exhaustion. Make sure children take water breaks and wear lightweight clothing when playing outside.

- **Check for car safety**

Make sure your child's car seat is properly installed before hitting the road. Never leave your child unattended in a car. The temperature inside a car rises quickly and a few minutes can make a difference.

- **Protect skin from the sun**

Apply sunscreen with SPF 30 or higher whenever your child is going outdoors. Reapply every 3 hours or immediately after your child has been in or splashed by water. Wear hats and sunglasses to protect skin and eyes.

- **Avoid bug bites**

As the weather warms up, bugs come out in full force. To avoid bug bites, apply insect repellent before spending time outside. Avoid scented soaps and lotions and cover arms and legs as much as possible.

- **Drink enough water**

Kids are more prone to dehydration than adults, risk increases as temperatures rise.

HEALTHY SNACK IDEAS

- **Frozen Grapes:** Take fresh grapes and freeze them for a cool and refreshing treat. They're like little natural popsicles!
- **Fruit Pops:** Place a slice of banana or melon on a cake pop stick and freeze until hardened. These fruity popsicles are perfect for hot days.
- **Strawberry-Chocolate Greek Yogurt Bark:** Spread Greek yogurt on a baking sheet, top with sliced strawberries, and drizzle with melted dark chocolate. Freeze until firm, then break into bark-like pieces.
- **Turkey Vegetable Roll-Ups:** Roll thin slices of turkey around cucumber sticks, bell pepper strips, or carrot matchsticks. Secure with toothpicks for a fun and nutritious snack.
- **Homemade Fruit Ice Cream:** Use frozen fruits like bananas, mangoes, or strawberries to create a simple and healthy ice cream. Blend the frozen fruit until smooth, and enjoy!

Remember to keep the snacks colorful, varied, and appealing to encourage your little one to munch on fruits and veggies during the sunny summer days!

As always, please reach out to me if you have any questions/concerns.

Angelica Baca

DEC Health Aide

505-552-6544 ext.5103 a.baca@lagunaed.net



Support Services Coordinator



INFORMATION:

Celebrating Milestones

Watching Our Little Learners Bloom.

This Spring as flowers bloom and the world turns greener, we've been celebrating all the ways our children are growing too. Every day, we notice small but meaningful milestones that remind us how capable, curious and resilient our little ones truly are.

Whether it's a toddler confidently taking their first steps across the playground, a preschooler correctly writing their name, or a group of children working together to build a block tower taller than themselves-these moments are worth celebrating.

In our classrooms this May we've seen:

- Children helping each other with kindness
- Independent problem-solving during play and clean-up time
- Confidence in routines like putting backpacks in their cubbies, lining-up

These are more than classroom wins-they're signs that children are developing the social, emotional and cognitive skills they'll carry with them for years to come.

If you have any concerns regarding your child's development, please contact teachers or me at contact information.

TIPS:

As families, we invite you to reflect on the growth you've seen at home, too. What's something your child is doing now that they weren't doing a few months ago? Take a moment to celebrate it-it's amazing how much they've accomplished in these months.

We're proud to walk alongside your children during this special season of growth, and we can't wait to see what the next chapter brings.

Give your child/children a big hug for all they've learned. Remember, parents/family members, give yourself a big hug also. Great Job!

ENJOY SPRING!!



Margaret Mascarenaz,
DEC Support Services Coordinator
505-552-6544 Ext. 5104
mmascarenaz@lagunaed.net



Program Assistant

Greetings Families and Friends,

Wow, we are flying through this last quarter of school, which is probably the busiest time of year with end of school year field trips, celebrations of accomplishments with transition and graduation ceremonies, and of course celebrating all the moms fills the month with happiness and joy. Keep in mind, DEC school runs through June 20th and we want all children to finish the year strong and enjoy their summer break.

With the temperatures now rising, it is important to keep your child hydrated and shaded from the direct sunlight for prolonged lengths of time. Please send your child with a hat to wear outdoors and a water bottle for drinking water (labeled with your child's name). This will help keep them safer in the warmer months during outdoor playtime.

Friendly Reminders:

1. If your child is not feeling well, they will be more comfortable at home. Please call the school if you will be keeping your child home to prevent the spread of illness.
2. Adhere to the 5 MPH school speed zone while on DEC campus.
3. Do not leave your vehicle running unattended.
4. Do not leave children alone in a vehicle.
5. No outside food or drink on campus. Thank you for helping us to protect children with food allergies.
6. Sign your child in/out at the front office if it is outside the hour of school start/end time.
7. Ensure all children are secured in a safety restraint system while being transported in a vehicle.

On Monday, May 26, 2025, DEC is closed in observance of the Memorial Day Holiday. School will resume on Tuesday, May 27, 2025.

I would like to take this opportunity to congratulate all the graduates for your accomplishments in school. Thank you to all the magnificent mothers out there, may your day be special and bright. Happy May, continue blooming!



ERSEA



Greetings DEC Families,

Hope your May is off to a wonderful start! We are quickly approaching the end of the school year.

DEC is now accepting online applications for the upcoming school year. Scan the QR code at the bottom of the page to be directed to DEC's Registration Application for Program Year 2025-2026. We have computers available on site to assist, Monday – Thursday from 8:00 a.m. – 12:00 p.m. in the front office.

Once you have completed your child's application, the following documents will also need to be submitted:

- 1) Child's Birth Certificate,
- 2) Proof of Income (2024 1040 Tax Form, 2024 W-2),
- 3) Current well child check, and 4) Current immunization record.

These documents can be emailed to me at me.sarracino@lagunaed.net, faxed to the school to 505.796.6909, or they can be dropped off at the front office with Maddie or Iris.

Keep in mind there is a process each student's application goes through.

- 1) Once the application is received online, it is entered into the system for the upcoming school year.
- 2) The child's name and age are sent to the selection committee for placement into a classroom.
- 3) After the selection process has been completed, the parents are contacted and notified of their child's classroom and teachers.
- 4) The student's name, parents' names and contact information is shared with their teachers to schedule the initial home visit.
- 5) Teachers will make contact with the parents to schedule the initial home visit.
- 6) Once the initial home visit is complete, the Family Services Provider will reach out to the family to conduct Parent Orientation and/or Bus Orientation (if the child is 3 years old or older) and set the start date for the child to begin school.
- 7) During the initial home visit, if there are any additional steps necessary to be taken (i.e., special care plan,) these concerns will be brought to the attention of our Health Aide Ms. Angelica Baca.

Selection and placement for the upcoming school year will begin in June. Parents will be notified of their child's classroom and teachers at this time and initial home visits will start toward the end of June. If you are unable to schedule your initial home visit during this time, additional dates and times will be available in July and the first week in August. Teachers will be in contact with further information.

Parent orientation will also be scheduled the first week in August. Once the details have been finalized, the information will be shared with DEC families.

Should you have any questions regarding this process, or need assistance with your student's application, feel free to contact us at 505.552.6544.



EHS- HOME BASED TEACHER

Early Head Start Home-Based Families

At the start of school year, 2024/25, we had one family enrolled in the home-based program. We are almost to the end of the school year with four families currently enrolled in the home-based option.

The home-based program serves children ages six months to under three years old. I meet with each family once a week, for one hour and a half.

The children have grown so much in ALL areas of Development such as:

Social and emotional

Understanding and responding to communication from others

Communicating needs and wants non-verbally, and by using language

Using increasingly complex language in conversation with others

Understanding an increasing number of words used in communication with others

Holding books, turning pages, pointing at pictures, making sounds or saying words

Making marks on paper and using them to represent objects or action

Exploring people and objects to understand self, others, and objects

Using a variety of strategies in solving problems

Imitating sounds, words, gestures, actions

Language development is enhanced with the Laguna language and culture curriculum.

I would like to give a BIG THANK YOU to the parents, for inviting me into their homes. I have learned from the parents and child, shared ideas, laughed and played together.

More fun and exciting events will be happening in May!

Kathleen Herrera

EHS Home-based Teacher

FAMILY SERVICE PROVIDERS NEWSLETTER

May 2025

Thank you!!

Family Service Providers would like to Thank all the parents that participated in the Clan lunch exchange, we appreciate your efforts in providing a healthy lunch for your child to exchange. The turn out was amazing!

Another, Thank you! to all who showed up for Parent Education we appreciate your time and efforts.

Family Service Providers continue to work and support families by completing Family well checks, following up on attendance and providing available resources.



Upcoming Dates

- Mother's Day Activity: May 9
- Memorial Day: May 26- No School

Contact Info

Tiffany Touchin
Email: t.touchin@lagunaed.net
Phone: (505) 220-2549

Contact Info

Kathleen Herrera
Email: k.herrera@lagunaed.net
Phone: (505) 290-9163



Mother's Day Activity

DATE: MAY 09, 2025

TIME: 10:00AM-12:00PM

LOCATION: DEC CLASSROOMS

(DUE TO LIMITED SPACE, WE ARE REQUESTING (1)MOTHER FIGURE TO ATTEND PER CHILD)

1 LUNCH BOX WILL BE PROVIDED FOR EACH
MOTHER FIGURE AND CHILD

Mother figures can be and not limited to; mother, father, auntie, grandma, sister





Pueblo of Laguna Benefits Services Program



RUN FOR THE WALL 2025

Will be held at the Khe Sanh Historical Marker NM Hwy
124 to recognize the courage and dedication
of the women who have served.
Remembering the 50th end of the Vietnam War.

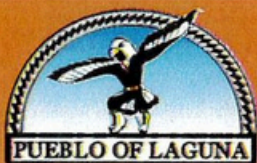
Friday May
16th 2025

Start Time
8:00AM

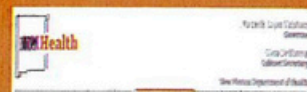


*For more info contact
Christine 505 - 552 - 5674*





CAUTION



Animal Plague Awareness

Plague is a bacterial disease in wildlife that pets can be exposed to by eating an infected animal or through bites of infected fleas," said Dr. Erin Phipps, state public health veterinarian. "Humans can also contract it through flea bites but also risk getting plague through direct contact with infected animals, including rodents, wildlife and pets."

Path of a plague

In nature

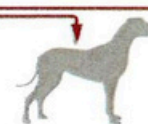
The plague bacterium is transmitted by infected fleas and cycles naturally among wild rodents.

At home

Occasionally infections in rodents increase, causing an outbreak. Humans and domestic animals bitten by infected fleas are at risk.



Cats become very ill and cough infectious droplets.



Dogs are less likely to get sick but can carry infected fleas.



Humans are infected by flea bites or handling infected animals.

Source: Centers for Disease Control and Prevention

Lorena Elebee / @latimesgraphics



Plague symptoms in cats and dogs are fever, lethargy and loss of appetite. There may be a swelling in the lymph node under the jaw.

Preventive Measures

- Not leaving pet food and water where rodents and wildlife can get to it.
- Putting hay, wood, and compost piles as far as possible from your home.
 - Getting any sick pets examined promptly by a veterinarian.
- Contacting your medical provider about any unexplained illness involving a sudden and severe fever.
- Talking to your veterinarian about using an appropriate flea control product on your pets.
 - Preventing pets from roaming and hunting.
- Cleaning up areas near the home where rodents could live, such as woodpiles, brush piles, junk and abandoned vehicles.

POL Contacts: Public Health Education Program and/or Public Health Nursing (505) 552-6652

POL Animal Control : (505) 552-6666

NMDOH Helpline: 1-833-SWNURSE (1-833-796-8773)



Thank you!

See you next month!!!

-DEC TEAM

