

Nadaburg Unified School District

Breakfast and Lunch Menu

October 2021



MOUNTAIN INSIDE HIGH SCHOOL

Monday	Tuesday	Wednesday	Thursday
4	5	6	7
Cheerios Cereal Bar Kit, Apple, Milk	Maple Mini Pancake, Applesauce, Juice, Milk	Cherry Frudel, Applesauce, Juice, Milk	Mini Powdered Sugar Donuts, Applesauce, Juice, Milk
Chicken and Waffles	Chicken Tenders	Bagel Box	PBJ Sandwich
Pizza	Pizza	Pizza	Chicken Patty Sandwich
Fruit and Vegetables	Fruit and Vegetables	Fruit and Vegetables	Fruit and Vegetables
Milk	Milk	Milk	Milk
11	12	13	14



18	19	20	21
Cinnamon Toast Crunch Cereal Kit, Apple, Milk	Confetti Mini Pancake, Applesauce, Juice, Milk	Banana bread, Applesauce, Juice, Milk	Banana Choc Chunk Bar, Apple, Juice, Milk
Chicken Patty Sandwich	Walking Taco	Chicken Nugget with Goldfish	Pepperoni Pizza
Pizza	Pizza	Pizza	Chicken Patty Sandwich
Fruit and Vegetables	Fruit and Vegetables	Fruit and Vegetables	Fruit and Vegetables
Milk	Milk	Milk	Milk
25	26	27	28
Cocoa puffs cereal kit, Apple, Milk	Mini french toast tripple berry blast, Applesauce, Juice, Milk	Apple frudel, Applesauce, Juice, Milk	Oatmeal Choc Chip BeneFit Bar, Applesauce, Juice, Milk
Enchilada Burrito	Beef Crunchy Taco	Tostitos Scoops with Bean Dip	French Bread Pizza
Pizza	Pizza	Pizza	Chicken Patty Sandwich
Fruit and Vegetables	Fruit and Vegetables	Fruit and Vegetables	Fruit and Vegetables
Milk	Milk	Milk	Milk