

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Sausage Biscuit <b>3</b> French Toast Sticks <b>Fruit &amp; Yogurt Smoothie</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>	<p>Panther Sandwich <b>4</b> Waffles <b>Fruit &amp; Yogurt Parfait</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>	<p>Sausage Gravy &amp; Biscuit <b>5</b> Bagel &amp; Cream Cheese <b>Fruit &amp; Yogurt Smoothie</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>	<p>Chicken Biscuit, Pancakes <b>6</b> w/ <b>*Local Sausage Links</b> <b>Fruit &amp; Yogurt Parfait</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>	<p><b>BREAK # 1</b>  <b>NO SCHOOL</b></p>
<p><b>BREAK # 1</b>  <b>NO SCHOOL</b></p>	<p><b>BREAK # 1</b>  <b>NO SCHOOL</b></p>	<p>Sausage Gravy &amp; Biscuit <b>12</b> Bagel &amp; Cream Cheese <b>Fruit &amp; Yogurt Smoothie</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>	<p>Chicken Biscuit <b>13</b> Pancakes <b>Fruit &amp; Yogurt Parfait</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>	<p>Breakfast Pizza <b>14</b> Egg &amp; Cheese Burrito <b>Fruit &amp; Yogurt Smoothie</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>
<p>Sausage Biscuit <b>17</b> French Toast Sticks <b>*Shamrock Smoothie</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>	<p>Panther Sandwich <b>18</b> Waffles <b>Fruit &amp; Yogurt Parfait</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>	<p>Sausage Gravy &amp; Biscuit <b>19</b> Bagel &amp; Cream Cheese <b>Fruit &amp; Yogurt Smoothie</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>	<p>Chicken Biscuit <b>20</b> Pancakes <b>Fruit &amp; Yogurt Parfait</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>	<p>Breakfast Pizza <b>21</b> Egg &amp; Cheese Burrito <b>Fruit &amp; Yogurt Smoothie</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>
<p>Sausage Biscuit <b>24</b> French Toast Sticks <b>Fruit &amp; Yogurt Smoothie</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>	<p>Panther Sandwich <b>25</b> Waffles <b>Fruit &amp; Yogurt Parfait</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>	<p>Sausage Gravy &amp; Biscuit <b>26</b> Bagel &amp; Cream Cheese <b>Fruit &amp; Yogurt Smoothie</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>	<p>Chicken Biscuit <b>27</b> Pancakes <b>Fruit &amp; Yogurt Parfait</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>	<p>Breakfast Pizza <b>28</b> Egg &amp; Cheese Burrito <b>Fruit &amp; Yogurt Smoothie</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>
<p>Sausage Biscuit <b>31</b> French Toast Sticks <b>Fruit &amp; Yogurt Smoothie</b> Assorted Muffins, Scones &amp; Cereal Bars w/ Yogurt Fresh Fruit, Juice &amp; Milk</p>				



National School Breakfast Week is March 3-7<sup>th</sup>! \*Featured Menu Item is Local Sausage Links from Papa Weaver's Pork in Orange on March 6<sup>th</sup>!

Variety of Local Apples from F.T. Valley Farm in Sperryville!

This menu is subject to change due to availability. For more information on which menu items may contain allergens, please contact the cafeteria manager. Register and create an account for your child at [www.K12PaymentCenter.com](http://www.K12PaymentCenter.com) to add money and view purchases. "This is an equal opportunity provider."

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Crispy Chicken Sandwich <b>3</b></p> <p>PB&amp;J Sandwich</p> <p>Salad Bar &amp; Baked Potato</p> <p>Fries &amp; <b>Spinach Salad</b></p> <p>Fresh Fruit, Juice &amp; Milk</p>	<p><b>Walking Tacos w/ Ground Beef &amp; *Local Chorizo</b> <b>4</b></p> <p>PB&amp;J Sandwich</p> <p>Salad Bar &amp; Baked Potato</p> <p>Corn &amp; Beans</p> <p>Fresh Fruit, Juice &amp; Milk</p>	<p>Tomato Soup &amp; Grilled Cheese Sandwich <b>5</b></p> <p>PB&amp;J Sandwich</p> <p>Salad Bar &amp; Baked Potato</p> <p>Green Beans &amp; Onion Rings</p> <p>Fresh Fruit, Juice &amp; Milk</p>	<p><b>Chicken Ramen Bowl</b> <b>6</b></p> <p><b>Pickled Vegetables</b></p> <p>PB&amp;J Sandwich</p> <p>Salad Bar &amp; Baked Potato</p> <p>Peas &amp; Broccoli</p> <p>Fresh Fruit, Juice &amp; Milk</p>	<p><b>BREAK # 1</b> <b>7</b></p> <p><b>NO SCHOOL</b></p>
<p><b>BREAK # 1</b> <b>10</b></p> <p><b>NO SCHOOL</b></p>	<p><b>BREAK # 1</b> <b>11</b></p> <p><b>NO SCHOOL</b></p>	<p>Boneless Wing Wednesday &amp; Roll <b>12</b></p> <p>PB&amp;J Sandwich</p> <p>Salad Bar &amp; Baked Potato</p> <p>Carrots &amp; Potato Wedges</p> <p>Fresh Fruit, Juice &amp; Milk</p>	<p><b>Chicken Alfredo &amp; Breadstick</b> <b>13</b></p> <p>PB&amp;J Sandwich</p> <p>Salad Bar &amp; Baked Potato</p> <p>Peas &amp; Broccoli</p> <p>Fresh Fruit, Juice &amp; Milk</p>	<p><b>Fresh Baked Pizza</b> <b>14</b></p> <p>PB&amp;J Sandwich</p> <p>Salad Bar &amp; Baked Potato</p> <p>Fries &amp; <b>Caesar Salad</b></p> <p>Fresh Fruit, Juice &amp; Milk</p>
<p><b>Chicken, Bacon &amp; Ranch Wrap</b> <b>17</b></p> <p>PB&amp;J Sandwich</p> <p>Salad Bar &amp; Baked Potato</p> <p>Tater Tots &amp; Green Beans</p> <p>Fresh Fruit, Juice &amp; Milk</p>	<p><b>Beef Nacho Bowl w/ Salsa</b> <b>18</b></p> <p>PB&amp;J Sandwich</p> <p>Salad Bar &amp; Baked Potato</p> <p>Corn &amp; Pinto Beans</p> <p>Fresh Fruit, Juice &amp; Milk</p>	<p><b>Chicken Quesadilla w/ Rice</b> <b>19</b></p> <p>PB&amp;J Sandwich</p> <p>Salad Bar &amp; Baked Potato</p> <p><b>Southwest Vegetable Blend</b></p> <p>Fresh Fruit, Juice &amp; Milk</p>	<p><b>Spaghetti Dinner &amp; Dinner Roll</b> <b>20</b></p> <p>PB&amp;J Sandwich</p> <p>Salad Bar &amp; Baked Potato</p> <p>Carrots &amp; Broccoli</p> <p>Fresh Fruit, Juice &amp; Milk</p>	<p><b>EARLY RELEASE</b> <b>21</b></p> <p>Bagged Lunch</p> <p>Turkey &amp; Cheese Sandwich</p> <p>Chips, Carrots &amp; Cucumbers</p> <p>Fresh Fruit, Juice &amp; Milk</p>
<p><b>Chicken Fajitas w/ Peppers &amp; Onions</b> <b>24</b></p> <p>PB&amp;J Sandwich</p> <p>Salad Bar &amp; Baked Potato</p> <p>Broccoli &amp; Refried Beans</p> <p>Fresh Fruit, Juice &amp; Milk</p>	<p><b>French Toast Casserole &amp; Sausage Patty</b> <b>25</b></p> <p>PB&amp;J Sandwich</p> <p>Salad Bar &amp; Baked Potato</p> <p>Hash Brown &amp; <b>Sunshine Bar</b></p> <p>Fresh Fruit, Juice &amp; Milk</p>	<p><b>Beefy Mac &amp; Cheese</b> <b>26</b></p> <p>PB&amp;J Sandwich</p> <p>Salad Bar &amp; Baked Potato</p> <p>Corn &amp; Carrots</p> <p>Fresh Fruit, Juice &amp; Milk</p>	<p>Chicken Tenders &amp; Roll <b>27</b></p> <p>PB&amp;J Sandwich</p> <p>Salad Bar &amp; Baked Potato</p> <p>Peas &amp; Green Beans</p> <p>Fresh Fruit, Juice &amp; Milk</p>	<p><b>Fresh Baked Pizza</b> <b>28</b></p> <p>PB&amp;J Sandwich</p> <p>Salad Bar &amp; Baked Potato</p> <p>Fries &amp; <b>*Kale Salad</b></p> <p>Fresh Fruit, Juice &amp; Milk</p>
<p><b>Buffalo Chicken Slider</b> <b>31</b></p> <p>PB&amp;J Sandwich</p> <p>Salad Bar &amp; Baked Potato</p> <p>Fries &amp; Green Beans</p> <p>Fresh Fruit, Juice &amp; Milk</p>				



Harvest of the Month is Kale! Featured Menu Item is Kale Salad on March 28<sup>th</sup>!

Local Chorizo from Papa Weaver's Pork in Orange! Featured in Walking Tacos on the 4<sup>th</sup>! Variety of Local Apples from F.T. Valley Farm in Sperryville!

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