

SEPTEMBER 2024 STARK COUNTY ELEMENTARY MENU

<p><b>2 Monday</b> <b>NO SCHOOL</b>  <b>LABOR DAY</b></p>	<p><b>3 Tuesday</b> WG Cereal, WG Muffin, <b>28 gm</b>, Fruit, Juice  WG Bun <b>28g</b>, BBQ Rib <b>8 gm</b>, or <i>WG PB &amp; J, Cheese Stick, WG Chips</i>. <b>Baked Beans 28 gm</b>, Cinnamon Applesauce <b>26 gm</b>, Fresh Fruit and Veggies</p>	<p><b>4 Wednesday</b> WG Cereal, WG English Muffin <b>21 gm</b>, Cheese Slice <b>2 gm</b>, Egg Patty <b>1 gm</b>, Fruit, Juice  WG Bosco Stick <b>25 gm</b>, Beef Ravioli <b>36 gm</b> or <i>Yogurt, Cheese Stick, WG Bar</i>. <b>Green Beans 4g</b>, Pears <b>16 gm</b>, Fresh Fruit and Veggies</p>	<p><b>5 Thursday</b> WG Mini Chocolate Donuts <b>41 gm</b>, WG Cereal, Fruit, Juice  WG Chicken Fries <b>16gb</b>, WG Roll <b>15 gm</b>, . <i>WG PB &amp; J, Cheese Stick, WG Chips</i>. <b>Mashed Potatoes, Gravy, Peaches 14 gm</b>, Fresh Fruit and Veggies</p>	<p><b>6 Friday</b> WG Cereal, WG Pancake on a Stick <b>17 gm</b>, Syrup <b>20 gm</b>, , Fruit or Juice  WG Multi Cheese Garlic Bread <b>29 gm</b>, or <i>Yogurt, Cheese Stick, WG Bar</i>. <b>Marinara Sauce 7 gm</b>, Romaine <b>1.5 gm</b>, Tropical Fruit <b>22 gm</b>, Sidekick <b>23g</b>, Fresh Fruit and Veggies</p>
<p><b>9 Monday</b> WG Cereal, WG Poptart, Fruit, Juice  WG Bun <b>28g</b>, WG Chicken Patty <b>16 gm</b>, or <i>Yogurt, Cheese Stick, WG Bar</i>. <b>Corn 16 gm</b>, Pears <b>16g</b>, Fresh Fruit and Veggies</p>	<p><b>10 Tuesday</b> WG Cereal, WG French Toast Sticks <b>38g</b>, Syrup, <b>20g</b>, Juice, Fruit  Totchos (Tater Tots, Taco Meat, Queso Blanco <b>27 gm</b>, WG Raspberry Churro <b>28 gm</b>, or <i>WG PB &amp; J, Cheese Stick, WG Chips</i>. <b>Refried Beans 24 gm</b>, Salsa <b>8 gm</b>, Pineapple <b>17 gm</b>, Fresh Fruit and Veggies</p>	<p><b>11 Wednesday</b> WG Cereal, WG Long John Donut <b>33g</b>, Fruit, Juice  WG Bun <b>22gm</b>, Hot Dog <b>2 gm</b> or Chili Dog <b>4 gm</b> or <i>Yogurt, Cheese Stick, WG Bar</i>. <b>Sweet Potato Fries 23 gm</b>, Mandarin Oranges <b>17g</b>, Fresh Fruit and Veggies</p>	<p><b>12 Thursday</b> WG Cereal, WG Bagel <b>38 gm</b>, Cream Cheese <b>1 gm</b>, Fruit, Juice  WG Bun <b>28</b>, Bacon Cheeseburger <b>3 gm</b>, or <i>WG PB &amp; J, Cheese Stick, WG Chips</i>. <b>Green Beans 4 gm</b>, Peaches <b>14 g</b>, Fresh Fruit and Veggies</p>	<p><b>13 Friday</b> Biscuit <b>26 gm</b>, Sausage &amp; Gravy <b>8 gm</b>, , WG Cereal, Fruit, Juice  WG Pizza or <i>Yogurt, Cheese Stick, WG Bar</i>. <b>Romaine 1.5g</b>. Rosy Applesauce <b>22 gm</b>, Fresh Fruit and Veggies, WG Cookie <b>17 gm</b></p>
<p><b>16 Monday</b> WG Breakfast Bar <b>47 gm</b>, WG Cereal, Fruit, Juice  WG Bun <b>28g</b>, Tenderloin <b>14 gm</b> or <i>Yogurt, Cheese Stick, WG Bar</i>. <b>Broccoli w/Cheese 10 gm</b>, Peaches <b>14 gm</b>, Fresh Fruit and Veggies</p>	<p><b>17 Tuesday</b> WG Toast <b>14 gm</b>, Jelly <b>9 gm</b>, Cheese Omelet <b>2 gm</b>, WG Cereal, Fruit, Juice  WG Toasted Cheese <b>30 gm</b>, or <i>PB &amp; J, Cheese Stick, WG Chips</i>. <b>Oven Potatoes 22 gm</b>, Pears <b>16 g</b>, Fresh Fruit and Veggies</p>	<p><b>18 Wednesday</b> WG Pancake Bites <b>37 gm</b>, Syrup <b>20 gm</b>, WG Cereal, Fruit, Juice  WG Bun <b>26 gm</b>, Sloppy Joe or <i>Yogurt, Cheese Stick, WG Bar</i>. <b>Baked Beans 26 gm</b>, Pineapple <b>17 gm</b>, Fresh Fruit and Veggie</p>	<p><b>19 Thursday</b> WG Cereal, WG Mini Cinnamon and Sugar Donuts <b>20 gm</b>, Fruit, Juice  Biscuit <b>26 gm</b>, Chicken Gravy over Mashed Potatoes or <i>WG PB &amp; J, Cheese Stick, WG Chips</i>. <b>Peas 11 gm</b>, Carrots <b>6 gm</b>, Mandarin Oranges <b>17 gm</b>, Fresh Fruit and Veggies</p>	<p><b>20 Friday</b> WG Cereal, WG Breakfast Pizza <b>22g</b>, Fruit, Juice  WG Pizza Sticks <b>48 gm</b> with Marinara Sauce <b>7 gm</b> or <i>Yogurt, Cheese Stick, WG Bar</i>. <b>Green Beans, 4 gm</b>, Cinnamon Applesauce <b>26 gm</b>, Jello w/Whip Topping <b>17 gm</b>, Fresh Fruit and Veggies</p>

<p><b>23 Monday</b> WG Breakfast Bun <b>40 g</b> , WG Cereal, Fruit, Juice</p> <p>WG Corn Dog <b>30 gm</b> or <i>Yogurt, Cheese Stick, WG Bar</i> <b>Baked Beans 26 gm, Mixed Fruit 22 gm, Fresh Fruit and Veggies</b></p>	<p><b>24 Tuesday</b> WG Cereal, WG Wagfle <b>12 gm</b>, Syrup <b>20 gm</b>, Fruit, Juice</p> <p>WG Bun <b>26 gm</b>, Pulled Pork or <i>WG PB &amp; J, Cheese Stick, WG Chips</i>, <b>Oven Potatoes 22 gm, Queso Blanco 6 gm, Pineapple 17 gm</b>, Fresh Fruit and Veggies</p>	<p><b>25 Wednesday</b> WG Cereal, Cinnamon Roll <b>42 gm</b>, Fruit, Juice</p> <p>Chicken Wrap (WG Tortilla, Chicken, Shredded Cheese)n <b>39 gm</b>, or <i>Yogurt, Cheese Stick, WG Bar</i> <b>Romaone 1.5 gm, Peaches 14 gm</b>,, Fresh Fruit and Veggies</p>	<p><b>26 Thursday</b> WG Cereal, WG Breakfast Bite Apple Donut <b>38 gm</b>, Fruit, Juice</p> <p>WG Roll <b>15 gm</b>, Mac N Cheeseburger Dinner <b>22 gm</b> or <i>WG PB &amp; J, Cheese Stick, WG Chips</i>, <b>Green Beans 4 gm, Strawberries and Bananas 15.5 gm</b>, Fresh Fruit and Veggies</p>	<p><b>27 Friday</b> WG Cereal, WG Croissant <b>29 gm</b>, , Sausage Patty <b>1 gm</b>, Egg Patty <b>1 gm</b>, , Cheese Slice <b>2 gm</b>, Fruit, Juice</p> <p>Chili Crispito <b>46 gm</b> or <i>Yogurt, Cheese Stick, WG Bar</i> <b>Salsa 8 gm, Carrots 6 gm, Rosy Applesauce 22 gm, Bavarian Creme Dessert 10 gm</b>, Fresh Fruit and Veggies</p>
<p><b>30 Monday</b> WG Cereal, WG Pigs in Blanket <b>15 gm</b>, Syrup <b>20 gm</b>, Fruit, Juice</p> <p>WG Chicken, WG Waffle or <i>Yogurt, Cheese Stick, WG Bar</i> <b>Corn 16 gm, Cinnamon Applesauce 26 gm</b>, Fresh Fruit and Veggies</p>	<p><b>Can't Stop Won't Stop</b></p> <p><b>#ALLin</b></p>	<p>Mashed Potatoes contain Sulfates and can cause Allergic Reactions</p> <p><b>Cereal-</b> Marsh Matey-22g Honey graham 22g, Cinn toaster 24 gm <b>Juice-</b> apple 13 g, grape 19g, of 13 g, Fruit punch 14 g, <b>Poptart-Cinn 73g, Blueberry-72g, Strawberry-75 g</b></p>	<p><b>Breakfast is served everyday from 7:30-8:00.</b></p> <p><b>A Plant-Based Meal is offered Everyday.</b></p> <p><b>1% White, Chocolate, Strawberry Milk are offered at every Meal.</b></p>	<p><b>Breakfast is Offer vs. Serve. Students must take 3 out of 4 items offered and 1 must be ½ cup of juice or fruit.</b></p> <p><b>Lunch is also Offer vs. Serve . Students must take 3 of 5 items served and 1 must be 1/2 cup of fruit or vegetable</b></p> <p><b>Menu is Subject to Change</b></p>