

JANUARY 2022

Middle School Lunch Menu

Monday

3

Tuesday

4

Wednesday

5

Thursday

6

Friday

7

10

Cheeseburger
Pepperoni RipSticks
Boneless Wings w/ Roll
Protein Pack
French Fries
Cheesy Broccoli

11

Chicken Nachos
Spicy Chicken Sandwich
Chili
PBJ Uncrustable
Corn
Fried Okra

12

Chicken Sandwich
Cheesy Bites
Meat Loaf w/ Roll
Protein Pack
Spicy Cabbage
Mashed Potatoes

13

General Tso's w/ Rice
Cheeseburger
Breakfast for Lunch
PBJ Uncrustable
Baked Beans
Green Beans

14

Chicken Tenders w/ Roll
Pizza
Cuban Sandwich
Protein Pack
French Fries
Squash Casserole

17

**MLK
Day**

18

Beef Nachos
Spicy Chicken Sandwich
Loaded Potato Soup
PBJ Uncrustable
Corn
Fried Okra

19

Chicken Sandwich
Cheesy Bites
Baked Chicken w/ Roll
Protein Pack
Spicy Cabbage
Mashed Potatoes

20

General Tso's w/ Rice
Cheeseburger
Mashed Potato Bowl
PBJ Uncrustable
Baked Beans
Green Beans

21

Chicken Tenders w/ Roll
Pizza
BBQ Sandwich
Protein Pack
French Fries
Squash Casserole

24

Cheeseburger
Pepperoni RipSticks
Boneless Wings w/ Roll
Protein Pack
French Fries
Cheesy Broccoli

25

Chicken Nachos
Spicy Chicken Sandwich
Chili
PBJ Uncrustable
Corn
Fried Okra

26

Chicken Sandwich
Cheesy Bites
Meat Loaf w/ Roll
Protein Pack
Spicy Cabbage
Mashed Potatoes

27

General Tso's w/ Rice
Cheeseburger
Breakfast for Lunch
PBJ Uncrustable
Baked Beans
Green Beans

28

Chicken Tenders w/ Roll
Pizza
Cuban Sandwich
Protein Pack
French Fries
Squash Casserole

31

Cheeseburger
Pepperoni RipSticks
Boneless Wings w/ Roll
Protein Pack
French Fries
Cheesy Broccoli

DID YOU KNOW?

Saxons called January the "Wolf Month" because hungry wolves would come into their towns searching for food this time of year.

Student Meals are free for School Year 2021-2022. Visitor Lunches are \$3.75.

Daily menu may change due to product availability or celebration meals. Please see your school's administration for a school calendar.

1100 Main Street,
Building B
Perry, Georgia 31069
(478) 322-3308

For more information,
find us online at
www.hcbe.net/schoolnutrition

All lunches are served with fresh salad options and a choice of Milk and/or Water.

