

OCTOBER 2024 INGRAM TOM MOORE & MIDDLE SCHOOL

Menus Subject To Change
**THIS INSTITUTION IS AN EQUAL
OPPORTUNITY PROVIDER

Monday	Tuesday	Wednesday	Thursday	Friday
	Spaghetti w/Meat Sauce Garlic Bread Stick Buttered Corn Green Peas Chilled Fruit Milk	Beefy Nachos Cornbread Pinto Beans Tossed Salad Fruit Milk	Teriyaki Chicken Fried Rice Egg Roll Steamed Broccoli Mixed Vegetables Fruit Milk	Cheeseburger Or Hamburger Tater Tots Burger Salad Fruit & Milk
Chicken Nuggets Potatoes/gravy Green Beans Carrot Slices Hot Dinner Roll Fruit Milk	BBQ Rib on Bun Or WG Corn Dog Wedge Fries Baked Beans Pickles Fruit Milk	Enchilada Casserole Cornbread Pinto Beans Tossed Salad Fruit Milk	Meatball Sub Sandwich Crinkle Fries Broccoli Florets Fresh Veggie Cup Fruit Milk	Cheeseburger, Hamburger Or Grilled Chicken Burger Tater Tots Burger Salad Chilled Fruit Milk
SCHOOL HOLIDAY	Chicken Spaghetti Garlic Bread Stick Buttered Corn Green Peas Chilled Fruit Milk	Frito Pie Cornbread Pinto Beans Fresh Veggie Cup Fruit Milk	Steakfingers Potatoes/gravy Green Beans Carrot Slices Hot Dinner Roll Fruit Milk	Cheeseburger, Hamburger Or Chili Dog Tater Tots Burger Salad Fruit Milk
Fish Sticks Or Chicken Strips Macaroni & Cheese Hot Dinner Roll Green Beans Carrot Slices Fruit & Milk	Spicy Chicken Burger Seasoned Fries Burger Salad Baked Beans Fruit Milk	Chicken Fajita Tacos Spanish Rice Refried Beans Lettuce & Tomato Fruit Milk	Mozzarella Cheese Stix w/Marinara or WG Corn Dog Sweet Potato Fries Broccoli Florets Fruit & Milk	Cheeseburger Or Hamburger Tater Tots Burger Salad Chilled Fruit Milk
Chicken Nuggets Potatoes/gravy Green Beans Carrot Slices Hot Dinner Roll Fruit Milk	Spaghetti w/Meat Sauce Garlic Bread Stick Buttered Corn Green Peas Chilled Fruit Milk	Beefy Nachos Cornbread Pinto Beans Tossed Salad Fruit Milk	Orange Chicken Fried Rice Egg Roll Steamed Broccoli Mixed Vegetables Fruit Milk	

Available Daily: Pizza, Chef Salad, Peanut Butter/Jelly Sandwich

Ham & Turkey Sub (Monday, Wednesday and Friday)

Turkey Bacon Wrap (Tuesday and Thursday)

Fresh, Canned, Frozen Fruit (daily), 100% Fruit Juice (Wednesday & Friday), FF Chocolate Milk and 1% White Milk offered daily

