

September 2021

Hines Middle School Breakfast and Lunch Menu

Lunch – \$0.00 paid SY21-2022 & 0¢-reduced □ Extra Milk – 45¢ Juice is .45¢

Lunch includes: Entrée with, fruit, vegetable, breads grains, Oregon Milk

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen & office.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Friday School Sept 24th Breakfast Cereals & Grains Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Pizza Veggie, Fruit & Milk	1 Breakfast Cereals & Grains or Warm Bagel w/ Cream Cheese Strawberries & Milk Lunch <i>Sandwiches & Salads daily</i> Chili Dog w/ Cheese French Fries	2 Breakfast Cereals & Grains or Warm Cinnamon Roll Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Pizza Stix w/ Marinara
6 	7 Breakfast Cereals & Grains or Breakfast Pizza, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Chicken Burger w/ Corn Veggie, Fruit & Milk	8 Breakfast Cereals & Grains or Muffins w/ Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Meat Spaghetti w/ Tx Toast Green Beans Veggie, Fruit & Milk	9 
13 Breakfast Cereals & Grains, Soft Pretzel w/ PB & J, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Hot Meat Ball Sub Veggie, Fruit & Milk	14 Breakfast Cereals & Grains, Pancakes Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Cheese burgers w/ French Fries Veggie, Fruit & Milk	15 Breakfast Cereals & Grains, Cherry Frudel Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Bacon Stuffed Baked Potato w/ Cheese Veggie, Fruit & Milk	16 Breakfast Cereals & Grains, Breakfast Burrito's, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Alfredo w/ TX Toast Veggie, Fruit & Milk
20 Breakfast Cereals & Grains, Fruit & Milk Banana Bread w/ String Cheese, Fruit, Milk Lunch <i>Sandwiches & Salads daily</i> Chicken Strips/ Jo Jo's Veggie, Fruit & Milk	21 Breakfast Cereals & Grains, Fruit & Milk Egg & Cheese Breakfast Sand Fruit, Milk Lunch <i>Sandwiches & Salads daily</i> Crunchy Beef Taco's Refried Beans w/ Cheese Veggie, Fruit & Milk	22 Breakfast Cereals & Grains, Fruit & Milk Yogurt Parfait w/ Fruit & Granola, Milk Lunch <i>Sandwiches & Salads daily</i> Lasagna w/ Tx Toast Green Beans Veggie, Fruit & Milk	23 Breakfast Cereals & Grains, Fruit & Milk Maple Bar w/ Cracker Fruit, Milk Lunch <i>Sandwiches & Salads daily</i> Hamburger w/Chips Veggie, Fruit & Milk
27 Breakfast Cereals & Grains, Fruit & Milk Waffles w/ PB, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> BBQ Pork Rib Sand w/ Baked Beans Veggie, Fruit & Milk	28 Breakfast Cereals & Grains, Fruit & Milk Egg & Cheese/Hash Bowl, Fruit, Milk Lunch <i>Sandwiches & Salads daily</i> Nacho's W/ Beans & Cheese Chicken Tostada w/ Rice Veggie, Fruit & Milk	29 Breakfast Cereals & Grains, Muffins Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Orange Chicken w/ Vegetable Fried Rice, Egg Roll Veggie, Fruit & Milk	30 Breakfast Cereals & Grains, Breakfast Pizza, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Turkey Sub w/ Chips Veggie, Fruit & Milk

This institution is an equal opportunity provider.