

SHAC Minutes for February 6, 2024

Members of the SHAC met on Tuesday, February 6, 2024 at 4:00 pm in the cafeteria on the secondary campus. Those present were Amber Chavira, Michelle Fairchild, Lydia Nichols, Tammy Amerson-Wilson, Emily Morales, Keely Vanacker and Catherine Kern. The minutes from the December meeting had been sent to the committee for additions and corrections prior to the meeting. Amber Chavira made a motion to approve the minutes as presented, Michelle Fairchild seconded the motion and it passed unanimously.

Counselor News-

IES: Amber Chavira reported on behalf of Annie Jones, IES Counselor, that Guidance Lessons are continuing for students. STAAR Field testing will begin this month. IES will be hosting a Valentine's Dance for students and their families on February 16 from 6:00-8:00 pm in the cafeteria, and all are encouraged to attend. Together with IMS and ITM, IES will also assist with hosting a presentation given by members of the FBI Terrorism Task Force on February 28 in the cafeteria on the secondary campus. Members of the task force will be talking to parents about hoax threats and providing education on how to prevent them from happening.

IMS: Keely Vanacker, IMS Counselor, reported that guidance lessons for students have finished, and students are preparing for the upcoming STAAR testing in the Spring. The first Big Brothers, Big Sisters meeting for IMS/ITM students will be held on February 14, 2024. Each Middle School student attending has been paired with a High School student and they will be introduced at the meeting. Mrs Vanacker also discussed the upcoming presentation that will be given by the FBI to parents of IISD students on February 28, 2024. Doors will open at 5:30 pm and the presentation will begin at 6:00 pm. Dinner and babysitting will be provided, and more information will be shared on the district's website and social media prior to the event.

ITM: Catherine Kern reported on behalf of Tamie Arnold, and gave an update on the newly formed Acts of Kindness group. The first meeting was held on Wednesday, January 24, 2024, with 12 students in attendance. Meetings will be held every two weeks on Thursdays. Students will work together to promote kindness and ensure a positive and happy environment for those around them. Ms Arnold has applied for a \$10,000 grant to provide funding for T-shirts, stationary to write notes to staff and students, as well as installing a "Friendship Zen Garden" for students who are in need of a safe space to relax. Ms Arnold will also have a bulletin board outside her office that will provide community and mental health resources.

Nurse's News-

IES: Amber Chavira reported seeing an increase in the number of students who visit the clinic daily. There have been several cases of Flu and Covid reported since returning from Christmas break. All required health screenings (hearing, vision, Acanthosis Nigricans, and spinal) have been completed at this time, and new to district students are being screened as they enroll.

IMS/ITM: Catherine Kern reported that a small number of students and staff have tested positive for Flu and Covid in the past month. Both clinics are continuing to encourage proper hand washing techniques to help reduce the spread of germs. ITM students and staff were honored to welcome back Sean and Jenny Carter on January 23, 2024. The Carters are working hard to help make others aware of the choices and consequences of drinking and driving, and have shared their powerful message with over 475,000 people across the US. Students in 7th and 8th grade will be attending the Worth the Wait presentation on Monday, February 12, 2024. This is an abstinence based program that teaches students how to make safe and healthy choices and was developed by a team of healthcare professionals, certified teachers and attorneys. The curriculum will be taught by a nurse from the Pregnancy Resource Center in Kerrville and will cover topics such as character, teen pregnancy, STDs, contraception, sex and the law, risky behaviors, healthy relationships, setting goals, etc. Parents/guardians are required to sign a permission slip allowing their student to participate, and the curriculum is available on the district's website under Health Services for viewing prior to the presentation.

Gym News-

Michelle Fairchild reported that IES students kicked off their annual Heart Heros campaign on January 29, 2024 and it will continue until February 14. The goal this year is to raise \$6,500.00, and Coach Fairchild said that they have almost reached it. Students who raise \$50.00 will receive a Spurs ticket, and those who raise \$75.00 or more will be able to use Silly String on a staff member. February is American Heart Month, and students are being taught hands only CPR, how to recognize the signs of a stroke, and discussing other heart related topics.

New Business-

The membership list was discussed, and will be updated to reflect those who currently serve prior to approval at the next school board meeting.

Tammy Amerson-Wilson, from Methodist Healthcare Ministries, introduced Emily Morales, is a Community Health Worker at Light on the Hill in Kerrville. Emily partners with the Wesley nurses at MHM and works to help community members meet their needs, such as insurance, clothes and food. She can also provide resources and contacts for any of our students and families who may be in need of assistance.

Angela Fiedler, County Extension Agent, shared email via email regarding the upcoming Walk Across Texas program that is designed to help establish regular physical activity habits. This is

a free program for anyone who is interested, and is not a walk-a-thon or fundraiser. The main purpose is for participants to “get moving and stay moving”. The official date has not been set at this time, but it is expected to begin after Spring Break and will last for 8 weeks. For more information, those interested can visit <http://walkacrosstexas.tamu.edu>, or contact Angela Fiedler at 830-257-6568 or afiedler@ag.tamu.edu

There was no further new business to discuss and the meeting was adjourned at approximately 5:00 pm. The next meeting will be held on Monday, May 6, 2024 at 4:00 pm in the cafeteria on the secondary campus.

Respectfully submitted by:

Catherine Kern, SHAC Secretary