

# Daily Learning Planner

*Ideas families can use to help children  
do well in school*

Cumberland County Schools



THE  
**PARENT**  
INSTITUTE®

## October 2021

## Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Choose an object, such as a paper clip. Ask your child to figure out different ways to use it. This promotes creativity and problem-solving.
- 2. Turn chores into a game. Assign each chore a number and have your child roll a die to see which one he gets.
- 3. With your child, time different activities you and she do in a day.
- 4. When your child is unsuccessful, ask, "How would you do it differently next time?"
- 5. If your child mentions a bully, listen. Tell the school if there is a problem.
- 6. Read your child's reading assignment together. Then ask your child to tell you about it in his own words.
- 7. Let your child see you keep your temper when you are angry. Instead of yelling, calmly talk about how you feel.
- 8. Today is the 150th anniversary of the Great Chicago Fire. Develop a family plan in case of a fire in your home.
- 9. Bake cupcakes with your child. Use colors of icing to demonstrate fractions of the cakes—halves, fourths or thirds.
- 10. Challenge family members to write, eat or do other activities with the hand they don't favor.
- 11. Teach your child ways to handle stress—exercising, getting enough sleep, talking about problems.
- 12. Pick a category. Ask your child to pick a letter. How many items from the category begin with that letter?
- 13. Look through a newspaper with your child. What headlines interest her? Read an article together and discuss it.
- 14. If you haven't had a conference with your child's teacher yet, plan to do so.
- 15. Give your child a calendar. Help him use it to keep track of assignments, tests and school activities.
- 16. Think about the rules you have for your child. Are they age-appropriate?
- 17. Let your child plan dinner. How many food groups can she include?
- 18. With your child, learn to count to 10 in two foreign languages.
- 19. Share family history with your child. Look at photos and tell stories.
- 20. Help your child calculate the average age of your family members. Add up ages and then divide by number of people.
- 21. Ask your child about the best present he ever got. What made it special?
- 22. Create a joke book. You and your child can add jokes you read or hear.
- 23. Start a project with your child, such as building a model or a dollhouse. Make plans to work on it together regularly.
- 24. Help your child go online to research events that occurred on the day she was born.
- 25. Encourage your child to start a collection. Collecting can boost sorting and research skills.
- 26. Tell your child about a choice you made and its consequences.
- 27. Review math facts at the dinner table tonight.
- 28. Ask your child to read to you as you're cleaning up after a meal. Or read to your child as he cleans up!
- 29. Have everyone write down two positive things about each member of the family. Read the lists out loud at dinner.
- 30. Find pictures of people. Ask your child to write funny captions about what they are thinking or doing.
- 31. Talk about careers with your child. What would she like to do?