



All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!

The Main Menu

Pasta of the Day & Pizza Oven w/Salad

Green Wave Grill

The Sandwich Board

Garden Greens & More

NEW MILFORD HIGH SCHOOL LUNCH MENU NOVEMBER 2024

Monday

Tuesday ^{11/1}

Wednesday

Thursday

Friday

Baked Chicken Nuggets
Warm Waffle
Steamed Edamame

Pasta

Or

Pizza

BREAKFAST & LUNCH FREE 24-25 SCHOOL YEAR

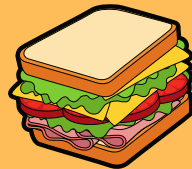


FOOD SERVICE DEPARTMENT IS HIRING SUBSTITUTES. PLEASE CALL 860-354-3712 OR APPLY @ess.com



November 25th is National Parfait Day
Try one this month!

Chicken Parm Panini



BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives



Large or Small Chef Salad

Yogurt Fruit & Granola Parfait, Hummus Plate

Weekly Special:

Antipasto Wrap

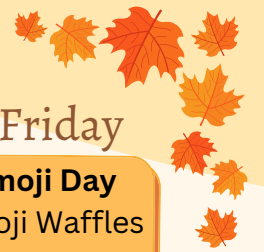
Chicken Caesar Salad





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NEW MILFORD HIGH SCHOOL LUNCH MENU
NOVEMBER 2024
11/04-11/8



The Main Menu

Pasta of the Day & Pizza Oven

Green Wave Grill

The Sandwich Board

Garden Greens & More

Monday

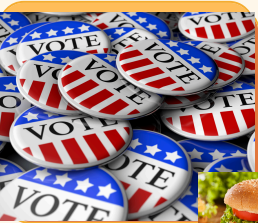
BBQ Rib Patty on Whole Grain Bun
Tex Mex Bean Salad

Cheeseburger Mac & Cheese Whole Grain Dinner Roll or Personal Pizza

Hamburger or Cheeseburger on Whole Grain Bun
Oven Baked Spiral Fries

Tuesday

Election Day
No School



Election Day
No School


Wednesday

Cheese Quesadilla w/Salsa + Sour Cream
Refried Beans

Pasta w/Meatballs or Garlic French Pizza

Spicy Chicken Patty on Whole Grain Bun w/Lettuce/tomato

Thursday

Mashed Potato Bowl w/ Whole Grain Dinner Roll 


Bosco Sticks w/ Marinara Sauce or Buffalo Chicken Pizza

Hot Dog or Whole Grain Oven Baked Potato Puffs



Friday

Emoji Day
Eggoji Waffles
Emoji Potatoes
Sausage Patties

Pasta Or Pizza 

Warm Asian Wrap 

BOARS HEAD
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives



Large or Small Chef Salad
Yogurt Fruit & Granola Parfait, Hummus Plate
Weekly Special:
Chicken Caesar Wrap
Greek Salad





NEW MILFORD HIGH SCHOOL LUNCH MENU
 NOVEMBER 2024
 11/11-11/15

All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!



The Main Menu

Pasta of the Day & Pizza Oven w/Salad

Green Wave Grill

The Sandwich Board

Garden Greens & More

Monday

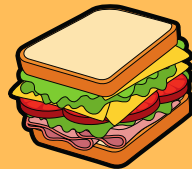
Veterans Day

No School



Veterans Day

No School



Tuesday

Taco Bowl!



Mini Ravioli w/Sauce
 Garlic Breadstick or
 Pizzeria Style Pizza
 (Plain, Pepperoni or Veg)

Bacon Cheddar Burger

Oven Baked Potato Wedges

Wednesday

Early Dismissal

Baked Mozzarella Sticks w/Marinara Sauce
 Caesar Salad

Early Dismissal
 Smoothie w/Hot Pretzel
 Or

Stuffed Crust Pizza

Early Dismissal

Spicy Chicken Patty on Whole Grain Bun
 Lettuce/Tomato

Thursday

Chicken Tenders
 Garlic Breadstick

Green Beans

Twisted Sticks w/ Marinara Sauce or
 Pizza Style Pizza
 (Plain, Pepperoni, or Veg)

Rice Bowl



Friday

Thanksgiving Feast

Roasted Turkey w/Gravy
 Mashed Potatoes
 Butternut Squash
 Pumpkin Bread

Pasta or Pizza



Ham + Cheese Panini



BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo
 Cheese: American, Provolone, Swiss, Pepperjack

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Large or Small Chef Salad

Yogurt Fruit & Granola Parfait, Hummus Plate

Weekly Special:

Turkey BLT

Chicken Caesar Salad



NEW MILFORD HIGH SCHOOL LUNCH MENU

NOVEMBER 2024

11/18 - 11/22

All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!



Monday

Tuesday

Wednesday

Thursday

Friday

The Main Menu

Asian Chicken

Brown Rice

Broccoli Florets

Walking Taco

Baked Pizza Crunchers

Kale Salad

Sizzler

Chili Frito Pie

Pasta of the Day & Pizza Oven w/Salad

Macaroni + Cheese "Bar" w/ Whole Grain Dinner Roll or

French Bread Pizza

Pasta w/ Meatballs

or

Buffalo Chicken Pizza

Stuffed Shells w/Sauce
Garlic Knot
or
Mini Pizza Bagels

Bosco Sticks w/Marinara Sauce or Pizzeria Style Pizza (Plain, Pepperoni or Veg)

Pasta or Pizza

Green Wave Grill

Rodeo Burger

Sweet Potato Fries

Grilled Cheese

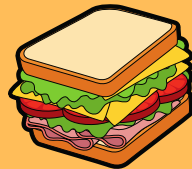
Cup of Soup

Spicy Chicken Patty on Whole Grain Bun
Lettuce/Tomato

Grilled Chicken Club
Lettuce/Tomato/Cheese
Chipotle or Ranch Dressing
Baked Oven Fries

Fish & Chips

The Sandwich Board



BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Garden Greens & More

Large or Small Chef Salad
Yogurt Fruit & Granola Parfait, Hummus Plate

Weekly Special:
Turkey Cranberry Wrap
Southwest Salad





All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!

NEW MILFORD HIGH SCHOOL LUNCH MENU NOVEMBER 2024



Monday

Tuesday
11/25-11/29

Wednesday

Thursday

Friday

The Main Menu

Chicken Fajitas
w/onions and peppers
Salsa
Roasted Zucchini
Squash

Totally Taco

Black Bean &
Corn Salad

Early Dismissal
Chicken Dippin
Sandwich

Baked Sweet
Potato Fries

Pasta of the Day & Pizza Oven w/Salad

Macaroni + Cheese
w/ Whole Grain
Dinner Roll

or

4x6 Pizza

Pasta Alfredo

or

Pizzeria Style Pizza

Early Dismissal
Smoothie w/Hot
Pretzel
or

Stuffed Crust Pizza

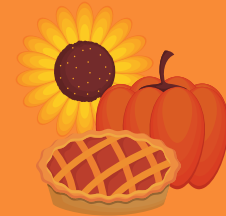
Green Wave Grill

BBQ Chicken
Buttermilk
Biscuit
Cole Slaw

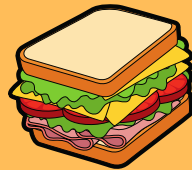
**Waffle Breakfast
Sandwich**
Egg &
Cheese/Sausage
on Waffles
Baked Potato Puffs

Early Dismissal
Spicy Chicken
Patty on Whole
Grain Bun
Lettuce/Tomato

**Thanksgiving Holiday
No School!**



The Sandwich Board



BOARS HEAD
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Garden Greens & More



Large or Small Chef Salad
Yogurt Fruit & Granola Parfait, Hummus Plate
Weekly Special:
Kickin Chicken Wrap
Asian Salad

