

FALL Sports Information

Sport	Level	Start Date Time	Location	Coach Contact	Notes
Boys Soccer	Varsity (Grades 9-12)	<i>Monday 8/21</i> 6:30-8:30am	Elementary School Field	<i>byrnest@hlcs.org</i>	Must bring cleats, shin guards, and plenty of water. <i>Coach Byrnes</i>
	Modified (Grades 7-8)	<i>Tues 9/5</i> 3:30pm	Elementary School Field	<i>skiffg@hlcs.org</i>	Must bring cleats, shin guards, and plenty of water. <i>Coach Skiff</i>
Cross Country	Varsity (Grades 9-12)	<i>Monday 8/21</i> 9:00am	Elementary School	<i>brownti@hlcs.org</i> 518-232-4576	Must bring plenty of water. <i>Coach Brown</i>
	Modified (Grades 7-8)	<i>Mon 8/28</i> 9:00am	Elementary School	<i>conwayj@hlcs.org</i> 518-321-7421	Must bring plenty of water. <i>Coach Conway</i>
Football	Varsity/JV (Grades 9-12)	<i>Saturday 8/19</i> 9:00am	Corinth High School	<i>jellis18813@roadrunner.com</i> <i>ecuyert@gmail.com</i>	Bus will leave HL High School at 7:55am. Equipment will be handed out Sat 8/19. <i>Coach Ellis (Varsity), Coach Ecuyer (Modified) Coach Bowe (Varsity)</i>
	Modified (Grades 7-8)	<i>Thurs 8/24</i> 9:00am	Corinth High School	<i>boweb@corinthcsd.org</i> (518-926-9169)	
Girls Soccer	Varsity (Grades 9-12)	<i>Monday 8/21</i> 6:30-8:30am	Elementary School Field	<i>elent@aimservicesinc.org</i> 518-742-6664	Must bring cleats, shin guards, and plenty of water. <i>Coach Lent</i>
	Modified (Grades 7-8)	<i>Tues 9/5</i> 3:30pm	Elementary School Field (1 st day of School)	<i>Coach Trombley</i> 518-858-7228	Must bring cleats, shin guards, and plenty of water. <i>Coach Trombley</i>
Golf	Varsity (Grades -12)	<i>Monday 8/21</i> 8:00am	<i>Bend of the River</i> Golf Course	<i>connellyj@hlcs.org</i> 518-331-8482	Must bring plenty of water and golf clubs. <i>Coach Connelly</i>
	Modified (Grades 7-8)	<i>Thurs 9/7</i> 3:30pm	<i>Bend of the River</i> Golf Course	<i>haynesg@hlcs.org</i>	Must bring plenty of water and golf clubs. <i>Coach Haynes</i>
Volleyball	Varsity/JV (Grades 9-12)	<i>Monday 8/21</i> 7:30 - 9:00am	High School Gym	<i>saheimk@hlcs.org</i> <i>gordons@hlcs.org</i>	Selections will be made after tryouts on August 22 . Athletes will need appropriate practice attire. <i>Coach Saheim (Varsity), Coach Gordon (JV), Coach Szelest (Modified)</i>
	Modified (Grades 7-8)	<i>Thurs 9/7</i> 3:30pm	High School Gym (1 st day of School)	<i>szeleste@hlcs.org</i>	

If you are in need of any of the required gear, please contact the coach or Mr. Wilson (wilsong@hlcs.org) BEFORE your first practice