



Mercer County Head Start & Pre-K Counts

Lunch Menu

October 2026



Lunch includes: Entrée (Grain & Meat/Meat Alt.), Vegetable, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
28-Sep 	29-Sep 	30-Sep 	1-Oct Deli Turkey & Cheese Sandwich Lettuce, Tomato, Pickle Potato Chips Mandarin Oranges	2-Oct Cheeseburger on WG Bun Tater Tots Baked Beans Mixed Fruit/Variety
5-Oct General Tso Chicken WG Rice Pilaf Oriental Vegetables & Broccoli Chilled Pineapple	6-Oct Macaroni & Cheese Garlic Bread Stick Ranch Garden Salad Fresh Strawberries	7-Oct Chicken Tender Snack Wraps (Chicken, Cheese & Ranch or BBQ) Emoji Fries Applesauce	8-Oct Walking Taco (with Taco Toppings) Steamed Corn Mandarin Oranges Apple Churro	9-Oct No School 
12-Oct No School 	13-Oct Chicken Patty on WG Bun Lettuce, Tomato, Pickles Spudster Potato Bites Sliced Peaches Alt: Spicy	14-Oct Nacho Supreme WG Rice Pilaf Refried Beans Taco Bar Toppings Garden Salad Applesauce	15-Oct Meatball Sub Crinkle Cut French Fries Garden Salad (with Italian Dressing & Garbanzo Beans) Mandarin Oranges	16-Oct Chicken Poppers Ranch Dip Soft Pretzel Sticks Carrot & Celery Sticks Mixed Fruit Italian Ice Cup
19-Oct Cheese Filled Ravioli Garlic Bread Stick Green Beans Diced Pears	20-Oct Chicken Nuggets Dinner Roll Mashed Potatoes & Gravy Steamed Vegetables Sliced Peaches	21-Oct Rodeo Burger (BBQ Sauce & Onion Ring) on WG Bun Lettuce, Tomato, Pickles Baked Tater Tots Applesauce	22-Oct Turkey Bacon Wedge Chipotle Ranch Dip Potato Chips Five Bean Salad Mandarin Oranges	23-Oct Stuffed Crust Pepperoni Pizza Spiral Fries Mixed Fruit
26-Oct Chicken Popper Bowl School Made WG Roll Mashed Potatoes & Gravy Steamed Corn Diced Pears	27-Oct Chick-Fil-A on WG Bun Lettuce, Tomato, Pickles Waffle Fries Sliced Peaches Chickin' Dippin' Sauce	28-Oct Hot Ham & Cheese Chips Garden Salad Applesauce 	29-Oct Corn Dogs Macaroni & Cheese Garden Salad Mandarin Oranges Iced Halloween Brownies	30-Oct No School (Act 80 Day)

Milk: 1% Milk with all meals

This institution is an equal opportunity provider.