

**Furlow Charter School Wellness Committee  
November 8, 2023  
4:00 PM  
Media Center**

In attendance were members, Jennifer Hilton, Stephanie Duff, and Crystal Lingefelt.

**Review of Wellness Committee Minutes from September 6, 2023 - Approved**

**Review of Goals**

- **Assign members to tasks. Update committee on accomplished tasks from previous meetings. (Discussed various points)**
- **Try Me Tuesday and Taste Test Thursday discussed. Help is needed from Paraprofessionals and Service Learners to pass out stickers and play video clips.**

**Discuss Help Needed**

- **Asking for Wellness Committee Members (and/or Board Members) to help out during Thanksgiving Meal Service on the 14th-16th. Ideas on how they can help. Pass out educational materials, help scholars & parents find seats, pass out flatware and napkins / tea.**
- **Educational materials will be made available on the tea station table.**
- **Contact Linda White about getting help from the Paraprofessionals during Thanksgiving lunch for the tea station and to pass out flatware and napkins for the parents. Paraprofessionals and Service Learners will also help with passing out sack lunches to the classrooms.**

**Water Bottle Update: How many sold? Money made? How many left? \*\*Push to finish selling.**

**89 Water Bottles remain to date. A small profit has been made to contribute to the Nutrition Department. The water bottles that are left will be put on display for sale at the "Check In Table" during Thanksgiving Lunch.**