

2024/2025 SCHOOL WELLNESS SURVEY

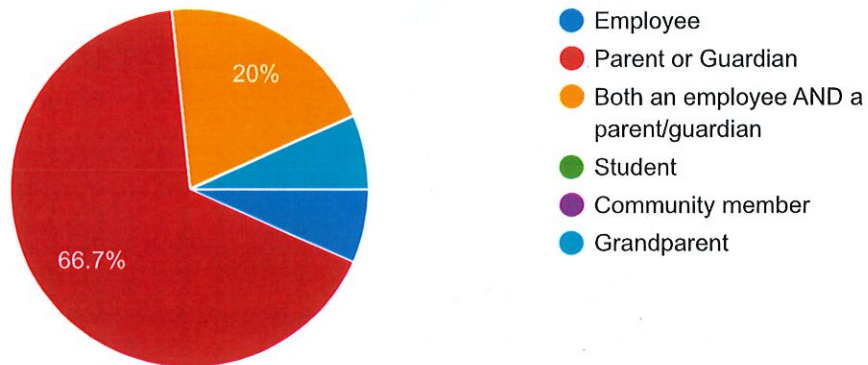
15 responses

[Publish analytics](#)

Please indicate your relationship with the Middle Grove C-1 School District.

 Copy

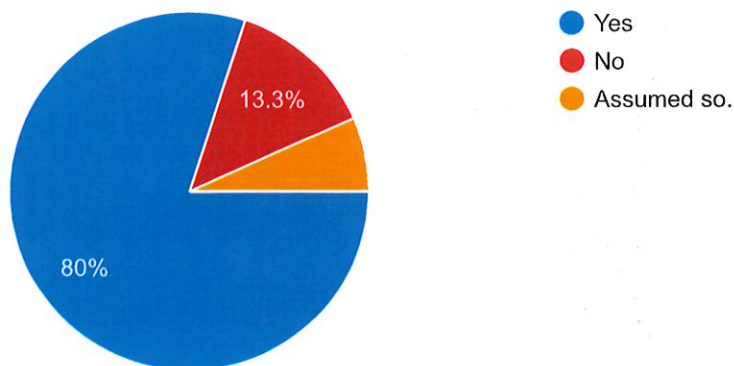
15 responses



Did you know that MGC-1 has a Wellness Policy?

 Copy

15 responses



If you were unaware that MGC-1 had a Wellness Policy what would be the best way to communicate to students, parents, & staff that we have one?

5 responses

Flyer sent home.

Maybe a paper sent home.

Copy of policy sent home, or emailed to parents

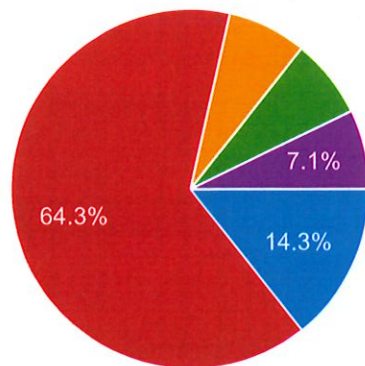
Snail mail.






email

Based on the established goals in our policy - how well do you feel that MGC-1 is meeting these goals?

 Copy

14 responses



-  Exceeding goals
-  Meeting goals
-  Not meeting goals
-  I am unsure if they are meeting the goals
-  Child mostly brings her lunch.



Are there any nutrition related goals that you would like to see MGC-1 have?

6 responses

Switching up the veggies a little more.

Make more kid-friendly foods for lunches.

Not that I am aware of.

Provide more nutritional meals, breakfast with less carbs and more fruit options, provide lunches that students are interested in eating

More beef! Beef is far more nutrient dense than other protein options.

I really don't know how your food comes. Madison's is all pre-packaged. Maybe fresh fruit and veggies.

Do you have any suggestions on how we can better meet the goals we have?

6 responses

No.

More physical activity time.

Not at this time.

I think we do a great job offering a variety of foods that are appropriate and healthy for our kids

Provide more nutritional meals, breakfast with less carbs and more fruit options, provide lunches that students are interested in eating

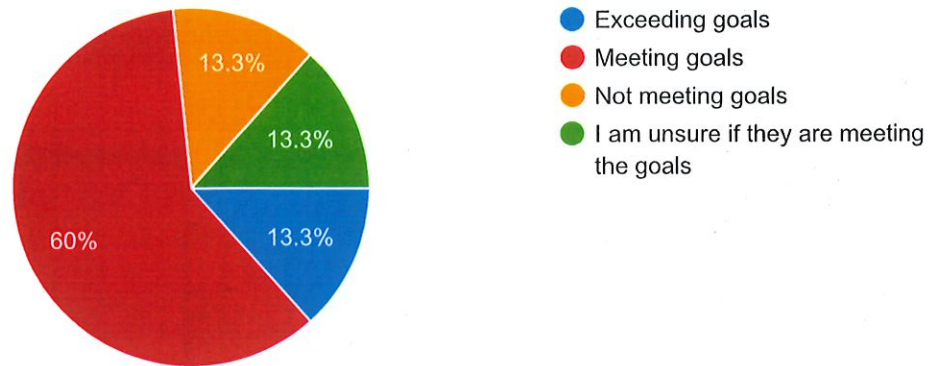
Sorry, but I do not.



Based on the established goals in our policy - how well do you feel that MGC-1 is meeting these goals?



15 responses



Are there any physical activity related goals that you would like to see MGC-1 have?

7 responses

No. My child is having a great time in P.E.. She is more fit than she has ever been.

If the kids can't go outside...do aerobic exercises, dance party, hula hoop, jump rope, crossfit challenges, yoga/pilates.

Not at this time.

Sports would be fun, but I know there are not enough kids.

Meet policy expectations

More recess! Most students are very active as they run and play at recess, and they then have the joy of moving!

Have every kid active for 20 minutes. Even if they have lost recess because of behavior they need to be walking (active).



Do you have any suggestions on how we can better meet the goals we have?

7 responses

No.

If the kids can't go outside...do aerobic exercises, dance party, hula hoop, jump rope, crossfit challenges, yoga/pilates.

I think you are doing great!

Provide 60 minutes of recess per policy guidelines, provide 60 minutes per week of physical education under the supervision of a certified physical education instructor instead of the current 50 minutes

I do not!

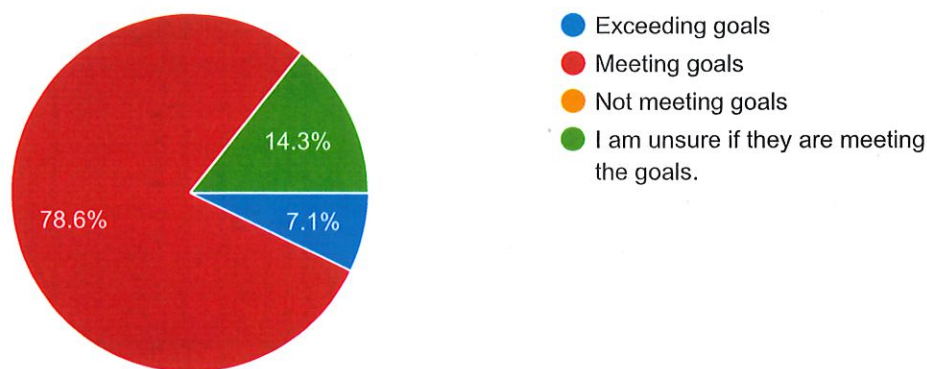
Would love to see some sort of gym built, but I know that's easier said than done.

I wish you all could build a metal building w. concrete floor for recess in case of bad weather.

Based on the established goals in our policy, how well do you feel that MGC-1 is meeting these goals?

 Copy

14 responses



Are there any other school-based activities related goals that you would like to see MGC-1 have?

3 responses

Not at this time.

Possibly tutoring or after school/in school tutoring.

No

Do you have any suggestions on how we can better meet the goals we have?

3 responses

No.

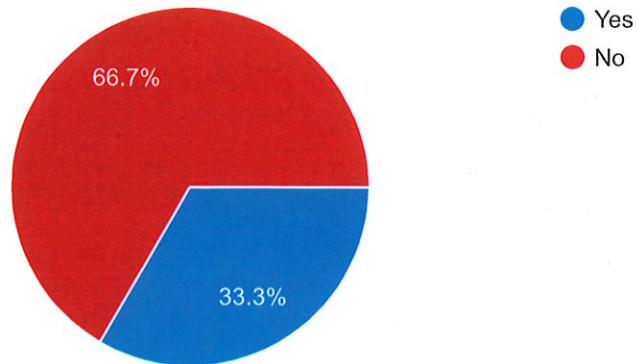
After school/in school tutoring.

No

Did you know that MGC-1 had a Wellness Committee?

 Copy

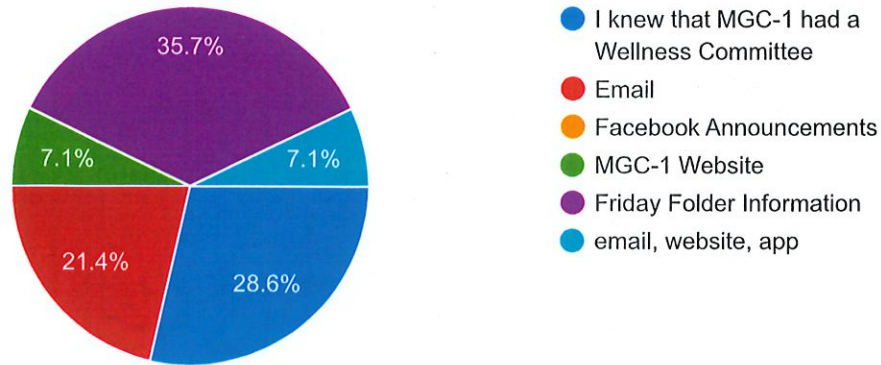
15 responses



If you were unaware that MGC-1 had a Wellness Committee - what would be the best way to communicate to MGC-1 students, parents, & staff that we have one

 Copy

14 responses



This content is neither created nor endorsed by Google. - [Terms of Service](#) - [Privacy Policy](#)

Does this form look suspicious? [Report](#)

Google Forms

