

# October Breakfast 2024

Monday

Tuesday

Wednesday

Thursday

Friday

Cereal\* Offered  
Daily

1  
Monte Cristo  
Sandwich

2  
Mexican Bread  
Conchas

3  
Fresh Baked  
Cinnamon Rolls

4  
Strawberry  
Creamy Mini  
Bagel

7  
No School

8  
Yogurt Parfait

9  
Dave's Muffin

10  
Fresh baked  
Bread

11  
Eggo Mini  
Waffles

14  
Bagel & Cream  
Cheese

15  
Fresh Baked  
Cinnamon Rolls

16  
Mexican Bread  
Conchas

17  
Homemade  
Pumpkin Scone

18  
Pillsbury  
Cinni Mini

21  
Benefit Bar

22  
Yogurt Parfait

23  
Dave's Muffin

24  
Fresh baked  
Bread

25  
Ham & Swiss  
Croissant Sandwich

28  
Breakfast Pizza  
**Students MUST Take  
1/2 CUP of Fruit**

29  
Homemade  
Pumpkin Scone

30  
Mexican Bread  
Conchas

31  
Egg & Cheese  
Sandwich

**EVERY DAY we also offer 1%  
White Milk- Non Fat Chocolate  
Milk**

**At least 80% of our grains are Whole Grain Rich  
Menu is subject to change \***

**This institution is an equal opportunity provider.**

# October Lunch 2024

Monday

**SEASONAL  
SALAD BAR  
OFFERED  
DAILY!!**

**7  
No School**

**14  
Cheeseburger  
Sliders**

**21  
Maple Breakfast  
Sandwich, Yogurt  
& an MJM cracker**

**28  
Uncrustables  
String Cheese & a  
Scooby Cracker**

Tuesday

**1  
Orange Chicken  
& Rice**

**8  
Xtreme Bean &  
Cheese Burrito**

**15  
Nacho Supreme,  
Tortilla Chips, & a  
Cheese Cup**

**22  
Fiesta Burrito  
Bowl**

**29  
Chili & Fritos**

Wednesday

**2  
Chicken Nuggets  
& a Roll**

**9  
Chicken Nuggets  
& a Roll**

**16  
Chicken Nuggets  
& a Roll**

**23  
Chicken Nuggets  
& a Roll**

**30  
Chicken Nuggets  
& a Roll**

Thursday

**3  
Rotini with  
Meatsauce &  
Breadstick**

**10  
Teriyaki  
Chicken & Egg  
Roll**

**17  
Chicken Alfredo  
Pasta & a  
Breadstick**

**24  
BBQ Chicken  
Pasta & a  
Breadstick**

**31  
Spooky  
Corndogs**

Friday

**4  
Chicken  
Sandwich**

**11  
Pizza Crunchers**

**18  
Galaxy Pizza**

**25  
French Bread  
Pizza**

**\*3 must be taken and  
1 component MUST  
be 1/2 cup  
Fruit/Vegetable**

Consists of the following Components: 1 grain- 1 additional grain or a Meat/Meat Alternative- 1 fruit- 1 vegetable( Lunch)- 1 Milk

Menu is subject to change\*.

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# October Lunch Menu 2024

Monday

Tuesday

Wednesday

Thursday

Friday

No School!

1  
Orange Chicken  
& Rice

2  
Chicken Tenders  
& a Roll

3  
Rotini with Meat  
Sauce & a Breadstick

4  
Chicken  
Sandwich

7  
No School!

8  
Hot Dogs

9  
Chicken Tenders  
& a Roll

10  
Teriyaki Chicken  
Rice & an Eggroll

11  
Chicken Sandwich

14  
Cheeseburger

15  
Nacho Supreme  
Tortilla Chips & a  
Cheescup

16  
Chicken Tenders  
& a Roll

17  
Chicken Alfredo  
Pasta & a  
Breadstick

18  
Chicken  
Sandwich

21  
Cheeseburger

22  
Fiesta Burrito  
Bowl

23  
Chicken Tenders  
& a Roll

24  
BBQ Chicken Pasta  
& a Breadstick

25  
Chicken  
Sandwich

28  
Cheeseburger

29  
Chili & Fritos

30  
Chicken Tenders  
& a Roll

31  
Popcorn Chicken Bowl  
with mashed Potatoes

**Offered Daily!!  
Wraps**

**Sub Sandwiches  
Pizza Crunchers  
Uncrustable Packs  
Protein Packs**