

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Cumberland County Schools



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- ☐ 1. Point out all the reasons your family writes throughout the day.
- ☐ 2. Have your child read to you as you're cleaning up after a meal. Or, you read aloud as your child cleans up!
- ☐ 3. Give your child access to basic reference materials to use while studying—an atlas, a dictionary, a thesaurus, in print or online.
- ☐ 4. Start a family savings jar. Everyone can decide on what the goal will be and how they will contribute.
- ☐ 5. Assign a place by the door for items that go to school. Help your child get into the habit of putting things there each evening.
- ☐ 6. Schedule study time when your child is most alert. Some kids are most alert right after school, others after dinner.
- ☐ 7. Tonight, talk with your child about the week ahead. Plan to do this every Sunday night.
- ☐ 8. Use math to give your elementary schooler instructions. For example, ask your child to pick up $3 + 2 + 1$ toys.
- ☐ 9. Help your child set a school-related goal. Write down the steps your student will take to reach it.
- ☐ 10. Use a box as a home base for library books to help keep track of them.
- ☐ 11. Make sure your child starts the day with a healthy breakfast.
- ☐ 12. Have your child pick a word and put its letters in alphabetical order.
- ☐ 13. Take an imaginary trip with your child. Where would you go? How would you get there?
- ☐ 14. Help your child do a backpack clean-out every weekend. Your student should discard trash and file returned schoolwork.
- ☐ 15. Review the school rules together. Make it clear you expect your child to follow them.
- ☐ 16. Choose a Word of the Day. Challenge family members to use it in a sentence. Make this a daily habit.
- ☐ 17. Turn off the sound when your child is watching a show or video. Ask your student to create a story to go with the images.
- ☐ 18. Talk about three ways you used math today. Ask everyone in the family how they used math.
- ☐ 19. Keep some reading materials in the car for your child to read when you are on the road.
- ☐ 20. Have your child set a weekly goal. Write it down. Encourage other family members to do the same.
- ☐ 21. Plan a family meeting to discuss a decision you can make together.
- ☐ 22. Encourage your child to write a letter to a friend or relative telling about the beginning of the school year.
- ☐ 23. See how many different types of punctuation your child can find in a short book or article.
- ☐ 24. Challenge your child to do a secret good deed for a friend or neighbor.
- ☐ 25. List three of your child's successes this week. List three of your own. Post the lists where you can both see them.
- ☐ 26. If you haven't met your child's teacher yet, plan to do so. Talk about your meeting with your child.
- ☐ 27. Review what to do in an emergency. Post contact information for who your child should call in specific situations.
- ☐ 28. Invent a word with your child. Write a silly definition.
- ☐ 29. Tonight, allow a few minutes after lights-out for a chat with your child.
- ☐ 30. At dinner, ask family members to talk about the best and the worst parts of their day. Make sure everyone gets a turn to talk.