

**Avoyelles Parish School Board  
DIET PRESCRIPTION FOR MEALS AT SCHOOL  
2019-2020**

Student's Name \_\_\_\_\_ Age \_\_\_\_\_

School \_\_\_\_\_ Grade/Classroom \_\_\_\_\_

Parent's Name \_\_\_\_\_

Address \_\_\_\_\_ Telephone \_\_\_\_\_  
                Street or P. O. Box                        City                        State

Does the student have a disability that requires a special diet? Yes \_\_\_\_\_ No \_\_\_\_\_

If Yes, describe the major life activities affected by the disability.  
(See back of form for further information.)

If the student is not disabled, list the medical condition that requires special nutritional or feeding needs.

Diet Prescription (Check all that apply.):

- |                                       |  |
|---------------------------------------|--|
| <input type="checkbox"/> Diabetic     | <input type="checkbox"/> Increased Calorie _____ #kcal |
| <input type="checkbox"/> Food Allergy | <input type="checkbox"/> Reduced Calorie _____ #kcal   |
| <input type="checkbox"/> Hypoglycemic | <input type="checkbox"/> Texture Modification          |
| <input type="checkbox"/> PKU          | Chopped _____ Ground _____                             |
| <input type="checkbox"/> Other _____  | Pureed _____ Liquified _____                           |
|                                       | <input type="checkbox"/> Tube Feeding                  |
|                                       | Liquified Meal _____ Formula _____                     |

**Foods Omitted and Substitutions**

(Please check food groups to be omitted. Identify specific foods to omit and list foods to be substituted. If necessary, attach additional information or instructions regarding the diet or feeding.)

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Food Groups to Omit       | <input type="checkbox"/> Meat and Meat Alternatives | <input type="checkbox"/> Milk and Milk Products |
| <input type="checkbox"/> Bread and Cereal Products | <input type="checkbox"/> Fruits and Vegetables      |   |

Specific Foods to Omit	Specific Foods to Substitute
_____	_____
_____	_____
_____	_____

I certify that the above named student needs special school meals prepared as described above because of the student's disability or chronic medical condition. **Signature of Licensed Physician required if the student is disabled.**

**Printed Name of Physician:** \_\_\_\_\_

Office Address \_\_\_\_\_ Office Telephone # ( \_\_\_\_\_ ) \_\_\_\_\_

Licensed Physician/Recognized Medical Authority **Signature** \_\_\_\_\_ Date \_\_\_\_\_

Return form by **Mail** or **FAX** to: **Jenny Welch, LDN, RDN, Supervisor**

**School Food Service  
221 Tunica Drive West, Marksville, LA 71351**

**FAX: 318-253-5178  
Phone: 318-240-0229**