



September 2025 Newsletter



Make A Donation Today

SEPTEMBER 2025 Newsletter

Hello,

The name Gateway Community Action Partnership reflects our expanded coverage area, but more importantly, it signifies what we are all about. We are a gateway to success for individuals and families in our community and we achieve those results through actions done in partnership within that very community we serve. So please take a minute to read our newsletter and learn more about Gateway Community Action Partnership and our impact in our communities.

Agency Mission And CAP Promise

The agency's mission is to provide services that improve the quality of life and promote self-sufficiency.

CAP Promise: Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

Gateway's 38th Anniversary Gala!



You are invited to attend

GATEWAY COMMUNITY ACTION PARTNERSHIP'S
38TH ANNIVERSARY

GALA

THURSDAY, NOVEMBER 6, 2025
6 PM TO 10 PM

Eastlyn Golf Course & Greenview Inn

4049 ITALIA AVE., VINELAND, NJ 08361

RSVP FOR TICKETS OR SPONSORSHIPS BY OCT. 23, 2025 TO
KYANA EVANS AT KEVANS@GATEWAYCAP.ORG



AVAILABLE SPONSORSHIPS

- SPOTLIGHT SPONSOR - \$10,000 - INCLUDES EIGHT (8) EVENT TICKETS AND RECOGNITION AT THE EVENT
- GOLD SPONSOR - \$7,500 - INCLUDES SIX (6) EVENT TICKETS AND RECOGNITION AT THE EVENT
- SILVER SPONSOR - \$5,000 - INCLUDES FOUR (4) TICKETS AND RECOGNITION AT THE EVENT
- BRONZE SPONSOR - \$2,500 - INCLUDES TWO (2) TICKETS AND RECOGNITION AT THE EVENT
- COMMUNITY SPONSOR - \$1,000 - INCLUDES RECOGNITION AT THE EVENT
- FRIEND SPONSOR - \$500 - INCLUDES RECOGNITION AT THE EVENT
- TICKETS - \$100 EACH

SPONSORSHIPS AND TICKET SALES ARE
AVAILABLE AT GATEWAYCAP.ORG/GALA UNTIL
OCT. 23, 2025

Gateway's 38th Anniversary Gala is being held at a new location for 2025!

You're invited to help celebrate a significant milestone with us—the 38th Anniversary Gala for Gateway Community Action Partnership at Eastlyn Golf Course and Greenview Inn on November 6, 2025, from 6 p.m. to 10 p.m.
Ticket purchase deadline: October 23, 2024

Please visit our website at <https://www.gatewaycap.org/gala> for details.
For reservations and additional information, contact: Kyana Evans at (856) 497-6655
or kevans@gatewaycap.org

New Jersey Head Start Association Kick-off



Gateway's VP of Head Start/ Early Head Start, Bonnie Eggenburg (second from right), attended the New Jersey Head Start Association, which kicked off its Hill visits on September 17, 2025, with Rep. Bonnie Watson Coleman (second from left). Attendees were able to share the impact Head Start was having based on the thoughtful questions presented.

Gateway Head Start Visits Barn Studio Of Art



Allison Clark's Classroom 4 of the Vineland 3 Head Start visited the Barn Studio of Art, 814 Whitaker Ave., Millville, NJ. The children observed falling leaves, searched for birds, fish, and frogs, and learned about taking care of outdoor spaces on a nature walk. They observed water, painted a small picture of water, and then created larger paintings. from their memories of the nature walk near the pond.

Funding for this program was made possible in part by the New Jersey State Council on the Arts/Department of State and the Cumberland County Board of Commissioners through the Cumberland County Cultural and Heritage Commission.

Dad Bring Your Child To School Day Event



Gateway's Hamilton 1 Head Start Early Learning Center invited fathers and father figures to participate in the "Dad Bring Your Child to School Day" event on September 18. This event is part of a national initiative that encourages fathers and father figures to accompany their children to school, participate in various activities, and engage with teachers and other students. Participants enjoyed breakfast with their children, read stories, created arts and crafts, and learned about the curriculum. It was a day filled with joy and pride, highlighting the important role fathers play in shaping their children's futures.

Back To School Hairstyle Winner

Salem Family Success Center

BACK TO SCHOOL

STYL BY TONY.

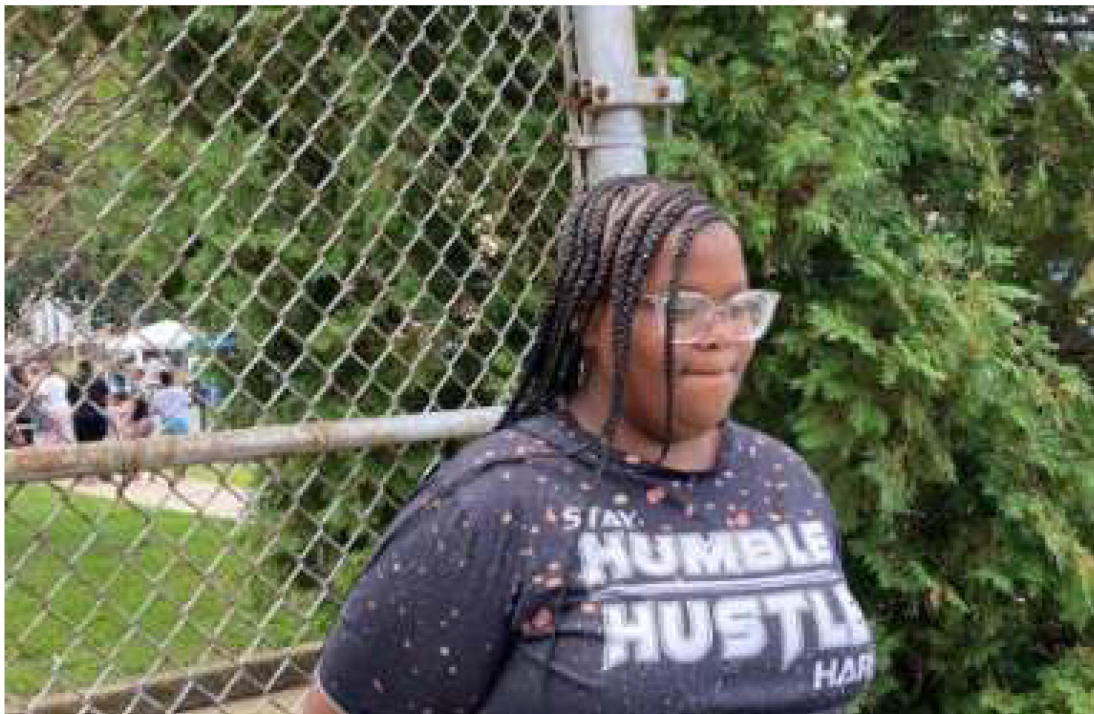
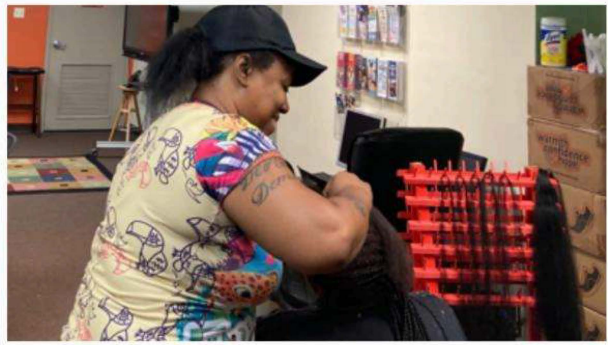
FREE RAFFI

SFSC
14 New Market
Street (side door)
Salem NJ 08079
856-935-8768

ages 10 & unde

Here's Your chance to enter for a FREE hairstyle for school. Girls must be ages 10-under. Once the winner is pulled. we will set up a date & time for hair appointment.

Drawing starts August 1, 2025 to August 22, 2025

Dainaja Hall was the lucky winner of the Back to School Free Hairstyle event held by the Salem Family Success Center. This opportunity was open to girls aged 6 to 10 years old. Dainaja received a free hairstyle from our professional stylist, Styles By Tonya.

Partner Of The Month Spotlight



Our Partner of the Month for September 2025 is Atlantic City Electric. We thank Atlantic City Electric for all its generous contributions to Gateway CAP.

Gateway Community Action Partnership (CAP) appreciates the generous support of Atlantic City Electric. Their commitment to corporate social responsibility is commendable and sets a strong example for other organizations to follow. Philanthropic efforts like these are crucial for enhancing society, and their support will significantly strengthen our initiatives.

We sincerely thank Atlantic City Electric for their exceptional assistance and extraordinary kindness.

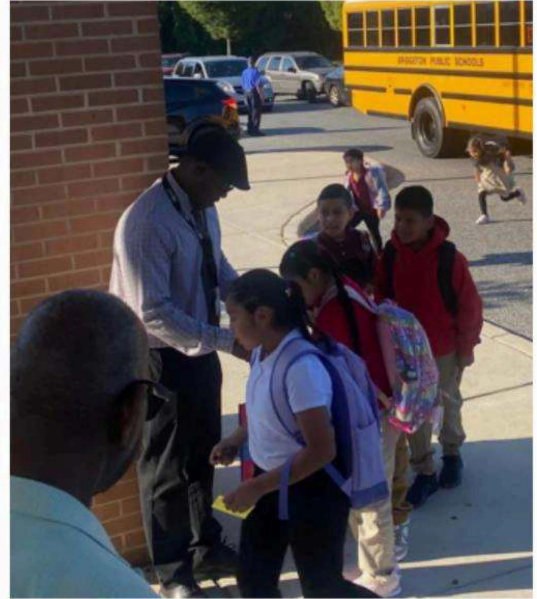
Six Bills You Shouldn't Put on Autopay



Autopay is an automated payment system that enables companies to withdraw money from your bank account or charge your credit card automatically on a set schedule to pay bills and expenses. Experts recommend avoiding autopay for six specific bills, despite its convenience for managing recurring payments. Rikin Shah, financial advisor and CEO of GetSure, says it's a wonderful tool in your financial toolbox for streamlining bill payments each month. However, there are multiple factors to consider when deciding which bills to set on autopay. The six suggested bills are: Annual subscriptions; Utility bills, Broadband and internet; Credit card bills; Auto insurance premiums; and Memberships.

Colleen Oakley explains why, and you can explore the reasons at [6 Bills You Shouldn't Put on Autopay, According to Financial Experts](#)

Back To School At Cherry Street School



Esaul Martin, the Southeast Gateway Neighborhood Revitalization Coordinator, was present to welcome the children back to the Cherry Street School on the first day of the new school year. He greeted them with treats as they entered the building. Also present to welcome the students were (from left to right) Pastor Will Turner of Union Baptist Temple, Esaul Martin, Stockton University Alumni Stephen Davis, Dr. Merriweather, the superintendent of Bridgeton Public Schools, Pastor Albert Morgan, and Mayor Albert Kelly.

Gateway Congratulates Early Head Start And Head Start Retirees

Happy Retirement



BEST WISHES!!!

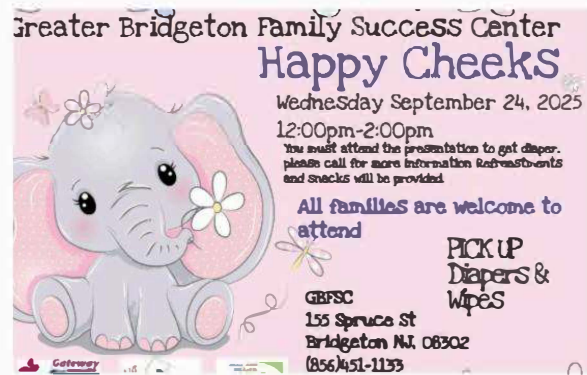
**Gateway congratulates Kelly Truncellito (pictured at left with Gateway Vice President of Head Start and Early Head Start Services Bonnie Eggenburg, CCAP) and Suma Murty, who recently retired from Gateway's Twin Rivers HS/EHS Center.
Gateway thanks you for your dedication**

Glasstown Family Success Center Visits CATO Fashions



Gateway's Glasstown Family Success Center (FSC) visited CATO Fashions in Millville on September 6. Ivelise Perez, the Glasstown FSC, site director (top left photo), thanked CATO's store manager for their generous contributions and commitment over the years to the center's clothing closet, and presented her with a plaque of appreciation.

Happy Cheeks For Families With Babies



Gateway's Greater Bridgeton Family Success Center hosted its Happy Cheeks diaper giveaway on September 24, 2025. We would like to thank all the families who participated in this event. A special thanks goes to Cherae Espino, Development and Operations Manager at Shirley Eves Developmental and Therapeutic Center, Inc., for her support. We also extend our gratitude to our amazing volunteers, Pamela Owens and Brittany Owens, as well as our translator, Cristal Rubby Alvarez.

Salem Middle School's Back to School Night



Salem Family Success Center supported Salem Middle School's Back to School Night on September 19, 2025

Welcome to Gateway CAP's New Hires!

Aiyanna Vega - Family Advocate

Clarissa Ramirez Nava - Sub Teacher Assistant

Dacaira Rocio Luciano De Celeste - EHS Floating Teacher

Jalen Hudgins - Inclusion Wellness Specialist

Kayla Vogel - Lead Prevention Specialist

Latia Ford - Floating Teacher Assistant

Laura Vidal Yepes - EHS Teacher

Marc Hawkins - Sub Teacher Assistant

Melissa Nonemaker - Sub Teacher Assistant

Naturyl Gray - School-Based Counselor

Neshla Testman - Cook

Ricardo Torres - Janitor

Tarrell Clark - School-Based Counselor

Taylor Darmstadt - Teacher

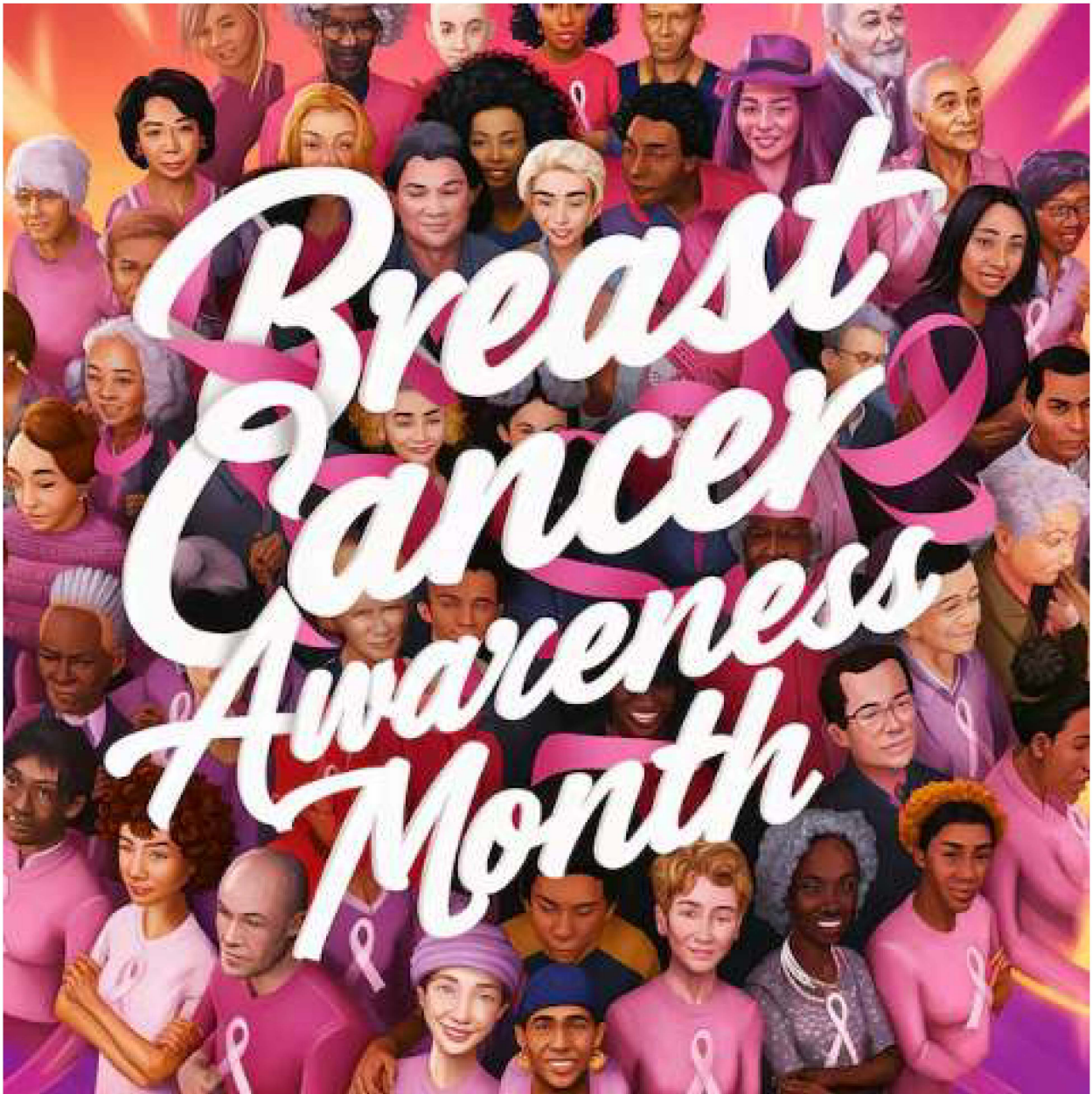
Did you know?

- Did you know that it takes only six minutes for alcohol to impact your brain? Researchers at Heidelberg University Hospital discovered that changes in the brain begin just six minutes after consuming alcohol. After drinking an amount equivalent to three glasses of beer or two glasses of wine, resulting in a blood alcohol level of 0.05 to 0.06 percent, these changes have already been detected in brain cells. Scientists in Heidelberg demonstrated this using magnetic resonance spectroscopy. But here is an article that breaks down the effect, ["How Alcohol Impacts the Brain"](#)
- Did you know that the human nose can remember thousands of different smells? Humans have approximately 400 different scent receptors in their nasal cavity, allowing us to detect a wide variety of smells. When we inhale air containing odor molecules, these molecules bind to the receptors in our nose, sending messages to the brain. Interestingly, we have a greater sensitivity in our sense of smell than we often realize. This heightened sensitivity helps explain why certain scents can evoke vivid memories from the past. Sarah P. Williams explains it all in her article, ["Human Nose Can Detect a Trillion Smells"](#)
- Did you know that a car battery loses its charge when the car is not in use? Your car uses power even when not in use. Joe Akers from the National Automobile Dealers Association (NADA) explains that, like a laptop or cell phone, your car battery runs the vehicle's computer continuously. If you won't be driving for a few weeks, consider using a [trickle charger](#) to maintain the battery's charge. Don't forget to unplug any devices, like phone chargers or dash cams, from the cigarette lighter port, as they can also drain the battery.
To learn more, go to [Car Bibles](#).





October Is Breast Cancer Awareness Month



Breast Cancer Awareness Month is recognized every October to enhance awareness, education, and research regarding breast cancer, promoting early detection and offering support for those affected.

The 10 Screenings Women Should Know Free Educational Guide

Health screenings are medical tests, clinical examinations, or imaging scans that doctors use to detect specific diseases and health conditions. These screenings are usually performed before any signs or symptoms appear and are repeated regularly to monitor health status.

Although health screenings typically cannot prevent diseases like cancer, they can help detect abnormalities or issues early, when treatment is most effective.



The 10 Screenings Women Should Know



This free guide explains the top 10 screenings that women should receive throughout their lifetime. This vital information will help you understand the types of screenings available, who should receive them and when, and what to expect during each screening.

To obtain your free copy, go to the [National Breast Cancer Foundation](https://www.nbcf.org/10screenings)

**Glasstown FSC Breast Cancer Awareness
Facebook Postings**



AWARENESS FACEBOOK POST

Date: October 28, 2025

**LET'S CELEBRATE THE WOMEN IN OUR LIVES
WHO WON OR LOST THE BATTLE AGAINST
CANCER.**

POST A PICTURE OR NAME OF YOUR LOVED ONE!

**21 East Main Street (Rear Suite)
Millville, New Jersey 08332**



Join Glasstown Family Success Center on October 28, 2025 in celebrating the women in our lives who won or lost the battle against cancer, by posting a photo or name of your love one [here.](#)

National ADHD Awareness Month



October is ADHD Awareness Month! Every year, this month is dedicated to shining a spotlight on Attention-Deficit/Hyperactivity Disorder (ADHD), celebrating the resilience, challenges, and triumphs of those affected.



Thursday
October 9, 2025

Doors open at
4:30pm.
Presentation will
start at 4:45pm
Sharp

OCTOBER IS
**NATIONAL
ADHD**
AWARENESS MONTH

This presentation is dedicated to raising awareness
about Attention Deficit Hyperactivity Disorder (ADHD)
for caregivers.

Pre-register by calling 856-765-0205

21 East Main Street (Rear Suite) Millville, New Jersey 08332



Join the Glasstown Family Success Center, 21 E. Main Street (rear suite), Millville, NJ 08332, on October 9, 2025, for a presentation dedicated to raising awareness about Attention Deficit Hyperactivity Disorder (ADHD) for caregivers. Doors open at 4:30pm, and the presentation will begin promptly at 4:45 pm.
Pre-register by calling 856-765-0205

Fall Recipes To Enjoy

Creamy Butternut Squash Spiced Soup

Butternut squash is packed with nutrients and is very rich in vitamins A and C.

Incorporate this vegetable into your diet this fall and winter!

Click here to get [the recipe](#)



Pumpkin Cheesecake



This Pumpkin cheesecake combines creamy texture with warm fall spices. You can make it with cream cheese, pumpkin puree, and eggs for the filling.

The crust works well with graham crackers or gingersnaps. Add cinnamon, nutmeg, and ginger to give it that classic pumpkin pie taste.

Go to [My Baking Addiction](#) for the recipe.

K-POP Zumba At Glasstown FSC



GLASSTOWN

FAMILY SUCCESS CENTER OF MILLVILLE

K-POP ZUMBA



THURSDAY

**OCTOBER
16
2025**

**DOORS OPEN AT
4:30PM
CLASS STARTS
4:45PM SHARP**

PRE-REGISTER BY CALLING 856-765-0205

**21 E MAIN STREET (REAR SUITE) MILLVILLE
NEW JERSEY 08332**



Work off the calories from that pumpkin cheesecake with a session of Zumba at the Glasstown Family Success Center, 21 E. Main Street (rear suite), Millville, NJ 08332, on October 16, 2025. Doors open at 4:30pm, and the class starts sharply at 4:45 pm.

Pre-register by calling 856-765-0205

Spooky Movie Night At Glasstown FSC



SPOOKY MOVIE NIGHT

Thursday October 23, 2025

Doors open at 4:30pm

Movie Starting at 4:45pm Sharp

**PRE-REGISTER BY
CALLING**

856-765-0205

21 E. Main Street (Rear Suite)
Millville, New Jersey 08332



Join the spooky halloween movie night at the Glasstown Family Success Center, 21 E. Main Street (rear suite), Millville, NJ 08332, on October 23, 2025. Doors open at 4:30pm, and the movie starts sharply at 4:45 pm.

Pre-register by calling 856-765-0205

Free Computer Classes At The Cumberland County Library

October 2025

FREE Computer classes
Available to County & Non County Residents

Cumberland County Library
800 E. Commerce Street
Bridgeton, NJ 08302
(856) 453-2210 x26100

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Lab & Class hours are subject to change without notice Registration required due to limited seating Walk-ins welcomed but registration is preferred			1 Learn to Type 2:00pm-3:30pm	2 Outreach	3	4
5	6 Learn to Type 10:00am-11:30am Computer Basics 2:00pm-3:30pm	7 G-mail 10:00am-11:30am	8 One on one Training Please call to schedule an appointment	9 Outreach	10 Google Docs 2:00pm-3:30pm	11
12	13 Columbus Day Library Closed	14 DOL Students Only 2:00pm-3:30pm	15 Learn to Type 2:00pm-3:30pm	16 Outreach	17	18 Zoom 10:00am-11:30am
19	20 One-on-one Training Please call to schedule an appointment	21 Google Drive 10:00am-11:30am	22 Excel 2019 Basics Part 1 6:00pm-7:30pm	23 Outreach	24 Zoom 2:00pm-3:30pm	25
26	27 Computer Basics Part 1 10:00am-11:30am	28 Computer Basics Part 2 10:00am-11:30am	29 Excel 2019 Basics Part 2 6:00pm-7:30pm	30 Outreach	31	

Date	Class	Description
10/01/2025 2:00pm-3:30pm	Learn to Type	Learn to type faster and more accurately using Mavis Beacon. This beginner class features self-guided lessons, tracks your progress, and helps build essential typing skills through practice
10/6/2025 10:00am-11:30am	Learn to Type	Learn to type faster and more accurately using Mavis Beacon. This beginner class features self-guided lessons, tracks your progress, and helps build essential typing skills
10/6/2025 2:00pm-3:30pm	Computer Basics	Learn the basics of Windows 11, including how to use the mouse, keyboard, desktop, taskbar, and Start menu. You'll discover how to sign in and out, search for files and apps, open and save documents, and navigate File Explorer and more.
10/7/2025 10:00am-11:30am	G-mail	Learn how to send, receive, attach documents, save to the cloud, delete items from cloud, spell check, add a signature, schedule a message, and format your email. Learn how to delete and block emails. You must have a G-mail account & password or call & make an appointment to create one before class.
10/10/2025 2:00pm-3:30pm	Google Docs	Learn how to use google docs, create a document, save and share documents using a blank document or template and more.
10/15/2025 2:00pm-3:30pm	Learn to Type	Learn to type faster and more accurately using Mavis Beacon. This beginner class features self-guided lessons, tracks your progress, and helps build essential typing skills through practice.
10/18/2025 10:00am-11:30am	Zoom	Learn how to use Zoom for video calls and online meetings. This class covers how to join a meeting, turn your camera and microphone on or off, and use basic features like chat and screen sharing. Perfect for beginners who want to connect with others online
10/21-2025 10:00am-11:30am	Google Drive	Learn easy ways to keep your Google Drive tidy and manage your storage effectively. Discover tips to organize your files and ensure you always find what you need without cluttering
10/22/25 6:00pm-7:30pm	Excel Basics 2019 Part 1	Learn the basic features of Excel, including how to navigate the main screen, enter data, and create simple spreadsheets. You'll discover how to save workbooks, use different cursors, copy, cut, paste, and manage rows and columns. Explore how to adjust column width and row height, rename and insert worksheets, move or copy them, apply color coding, and change settings to open multiple sheets in a workbook and more.
10/24/2025 2:00pm-3:30pm	Zoom	Learn how to use Zoom for video calls and online meetings. This class covers how to join a meeting, turn your camera and microphone on or off, and use basic features like chat and screen sharing. Perfect for beginners who want to connect with others online
10/27/2025 10:00am-11:30am	Computer Basics Part 1	Learn the basics of Windows 11, including how to use the mouse, keyboard, desktop, taskbar, and Start menu. You'll discover how to sign in and out, search for files and apps, open and save documents, and navigate File Explorer and more
10/28/2025 10:00am-11:30am	Computer Basics Part 2	This is a continuations of Computer basics 1
10/29/2025 6:00pm-7:30pm	Excel Basics 2019 Part 2	Learn how to create a spreadsheet using basic formulas like SUM, AVERAGE, MIN, and MAX. Discover how to use Flash Fill and pull data from a worksheet into a summary page.
10/31/2025 2:00pm-3:30pm	Internet Basics	Learn the basics of Microsoft Edge and Google Chrome, including how to use the main screen, tell the difference between the address bar and search, change your home page, manage tabs, understand hyperlinks, and navigate websites and more.

Are you looking to enhance your computer skills or learn new ones? Cumberland County Library offers free computer classes every month. Attached is the October schedule. These classes are available to residents of the county and non-residents alike.

To register, please call (856) 453-2210, extension 26100.

OR

Email: www.cclnj.org

Upcoming Notable Dates In October

October is Cancer and ADHD Awareness Month

October 2- International Day of Non-Violence
October 13 - Columbus Day

October 17- National Mammography Day

October 31- Halloween

Gateway Community Action Partnership

110 Cohansey Street
Bridgeton, NJ 08302
Phone: (856) 451-6330

Contact Us Today



Gateway Community Action Partnership | 110 Cohansey Street | Bridgeton, NJ 08302 US

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