

DECEMBER SECONDARY

ORANGE YOU GLAD IT'S CHRISTMAS-TIME?

Even though Christmas is dominated by Red and Green, a splash of Orange can add so much more to this Holiday season. Christmas is the perfect time for Oranges! Not only are they in season, but the Vitamin C they contain can help provide protection against the cold weather this time of year. You can also make clove oranges like in the picture below to add a little freshness to the season!

A choice of milk, a Chef Salad, and a Grab N' Go will be offered every day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Baked Ziti with Breadstick or Choice of Pizza Seasoned Vegetables Fresh Salad w/ Toppings Fruit Dessert	3 Tacos Lettuce & Tomatoes Pinto Beans Spanish Rice Homemade Salsa Fresh Salad w/ Toppings Pineapple	4 Loaded Mac & Cheese Bowls Garlic Knot Sauteed Squash Fresh Salad w/ Toppings Fluffy Fruit Salad	5 Steak Fingers or Boneless Wings Hot Roll Mashed Potatoes Seasoned Green Beans Fresh Salad w/ Toppings Cinnamon Apples	6 Chicken Sandwich or Chili Cheese Dog Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit
9 Chicken Alfredo with Garlic Bread or Choice of Pizza Seasoned Vegetables Fresh Salad w/ Toppings Fruit Cup	10 Enchiladas or Crisritos Spanish Rice Pinto Beans Fresh Salad w/ Toppings Homemade Salsa Fruit Cup	11 Asian Bowl with Fried Rice or Popcorn Chicken Steamed Broccoli Normandy Fresh Salad w/ Toppiings Fruit Salad	12 Crispy Chicken Drumstick or Chicken Tenders Hot Roll Mashed Potatoes Green Beans Fresh Salad w/ Toppings Orange Smiles	13 Cheese Burger or Corn Dog Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit
16 Spaghetti with Meat Sauce & Garlic Toast or Choice of Pizza Seasoned Vegetables Fresh Salad w/ Toppings Fruit Dessert	17 Nachos Refried Beans Spanish Rice Homemade Salsa Fresh Salad w/ Toppings Fresh Apples	18 Crispy Chicken Wrap or Sausage Dog Choice of Chips Pasta Salad Fresh Salad w/ Toppings Fruit Cup	19 Grab N' Go Sack Lunch 	20 have a HOLLY JOLLY Christmas 

Breakfast An option of cereal & toast, fresh fruit or fruit cup, and a choice of juice and milk are also offered every day.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK OF 12/2 & 12/16	Breakfast Pizza	Eggs & Bacon w/ Toast	Pig in a Blanket	Biscuits & Gravy	Pancake Wrap
WEEK OF 12/9	Waffles	Eggs w/ Sausage & Toast	Breakfast Sandwich	Banana Bread	Breakfast Tacos

This institution is an equal opportunity provider.

