

SHAC Meeting Minutes

Tuesday September 13, 2022

3:27 pm

Quorum of at least 5, Yes 10 Members Present

- **Welcome and Introduction**

Mrs. Beal welcomed everyone and thanked everyone for being here.

- **Presentation of Minutes**

- Mrs. Beal presented the meetings from the last meeting.

- **Elect New Members**

- The job of the SHAC members is to improve the health education within are school district.
 - Rachel volunteered to be a member and Chantel stated she would continue being a member this year. 1st motion Brittanie, 2nd Meldoy, 3rd Amanda.

- **New Business**

- Flu Shot Clinic

- The flu clinic will be on October the 8, it will be held by United. Mrs. Beal is going to ask if they will accept Medicaid, if they don't, she will contact the health department and see if they can conduct a Flu Shot clinic.

- Vaccine Clinic

- Mrs. Beal stated she was looking for places to come to May and provide a vaccine clinic at the end of the school year of beginning of next year, for students who were missing vaccines still. Amanda Goodson said she will call Hendrick Medical and ask if they could do that. She will contact Mrs. Beal with an answer

- Pregnancy Center

- The Pregnancy will be out to conduct their class on November 15. The classes will be given to Jr High and High school students. The classes will be separated by boys and girls. This class does require a permission ship signed by there parents.
- There is a class for 5th graders and 6 graders. Parents discussed if these kids were ready for those classes. We would like to think on this topic for these students and bring it up in our next meeting. 1st motion Chantel, 2nd Brittanie, 3rd Mrs. Williams.

- Mental Health

- Mr. Huepel discussed the new mental health program Texas Tech has brought to our school district. It provides Mental health doctors for students or teachers that need these services. It is all provide thru a Teleservice, but they will also help you find a local doctor as well.

- **Nutrition Services**
 - Salad Bar- Mrs., Beal is serving students who would like the salad bar. Mr. Huepel said that administration is meeting to discuss ways to improve the salad bar. He said there was concerns of waste and sanitation. He asked for ideas on the salad bar. Amanda and Rachel said making having premade salads made up each day. Brittnie suggested the students had to order them in the morning when they do a lunch count. Chantel suggested giving manner and etiquette classes.

- **Wellness Implementation plan**
 - Physical activity # 2 the PE teacher needs to be added. Brittnie stated that in PE the students are having to do an activity every day. She has also implemented Walking Wednesday. She keeps track of their miles and makes it a game to see which class has the most miles walked
- **Walk across Texas**
 - We will get information on this Program to implement it into the PE program this year.
- **Old Business**
 - **Worth the wait /Always Changing**
Mrs. Beal gave these classes to the 5th and 6th grade students last year.
 - **Vape Education**
 - A rehab clinic out of Abilene came last year and provide a class about Vapes.
- **Meetings**
 - November 1 at 6:00 pm

Meeting was adjourned at 7:01 pm