

Mon – Thurs: 11:52- 12:47

Friday: 11:40 -12:40

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| --- | --- | --- | --- | --- | --- |
| **Week 1** | **Monday** | **Tuesday** | **Wednesday** | Thursday | **Friday** |
| MENU | BBQ Meatballs  (4) per child  W/  Mashed Potatoes | Nachos | Corn Dogs | Chicken and Yellow Rice | Cheese Pizza |
| GRAIN | Rolls (1) per child | Tortilla Chips | N/A | Rolls (1) per child | N/A |
| FRUIT | Pears | Mandarin Oranges | Pineapples | Peaches | Pears |
| VEGETABLES | Green Beans | Lettuce  &  Black Beans | Baked Beans | Steamed Carrots | Salad |
| OTHER FOODS/  CONDIMENTS | N/A | Taco Sauce | Ketchup | N/A | Ranch |

Milk is offered with every meal

* Fat – Free Flavored and Unflavored Milks
* Low Fat (1%) unflavored choices
* Lactose Intolerant Milks will be provided for those in need



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| **Week 2** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| MEAL | Pulled BBQ Chicken | Cheeseburger Mac | Chicken Patty Sandwich | Baked Ziti | Cheese Pizza |
| GRAIN | Whole Wheat Grain Bun | Whole Wheat Grain roll  &  Pasta | Whole Wheat Grain Bread | Whole Wheat Grain Pasta | Whole Wheat Grain Crust |
| FRUIT | Pears | Pineapples | Mandarin Oranges | Pears | Pineapples |
| VEGETABLES | Baked Beans | Corn | Steamed Carrots | Green Beans | Salad |
| OTHER FOODS/  CONDIMENTS | N/A | N/A | Ketchup | N/A | Ranch |

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Lunch / Recess

11:52-12:20pm (B)

12:20-12:47 (G)

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| **Week 3** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| MEAL | Chicken Alfredo w/ Penne Pasta | Chicken w. Yellow Rice | Sloppy Joe’s | Grilled Cheese Sandwich | Cheese Pizza |
| GRAIN | Whole Wheat Grain Roll (1) per child | Rice | Whole Wheat Grain Bun | Whole Wheat Grain Bread | Whole Wheat Grain Crust |
| FRUIT | Pineapples | Pears | Mandarin Oranges | Peaches | Pineapple |
| VEGETABLES | Carrots | Black Beans | Corn | Mixed Veggies | Salad |
| OTHER FOODS/  CONDIMENTS | N/A | N/A | N/A | N/A | Ranch |

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| **Week 4** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| MEAL | Bean and Cheese Burrito | Chicken Teriyaki | Shepard’s Pie w. Mashed Potatoes | Rotini | Cheese Pizza |
| GRAIN | Whole Wheat Grain Bun (1) per child | Rice | Whole Wheat Grain Rolls (1) per child | Whole Wheat Grain Bun (1) per child | Whole Wheat Grain Crust |
| FRUIT | Pineapple | Mandarin Oranges | Peaches | Pears | Pineapples |
| VEGETABLES | Baked Beans | Mixed Veggies | Green Bean’s | Steamed Carrots | Salad |
| OTHER FOODS/  CONDIMENTS | Taco Sauce | N/A | N/A | N/A | Ranch |

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| **Week 5** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| MEAL | Cheeseburger  Mac and Cheese | Chicken w. Gravy & Mashed Potatoes | Nachos | Corn Dog | Cheese Pizza |
| GRAIN | Pasta | Whole Wheat Grain Roll | Tortilla Chips | Whole Wheat Grain Bread (1) per child | Whole Wheat Grain Crust |
| FRUIT | Pears | Mandarin Oranges | Pineapples | Peaches | Pears |
| VEGETABLES | Mixed Veggies | Steamed Carrots | Black Beans | Baked Beans | Salad |
| OTHER FOODS/  CONDIMENTS | N/A | N/A | Taco Sauce | N/A | Ranch |

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Lunch / Recess

M-T (11:52- 12:47pm)

Friday (11:40-12:40pm)

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| **Week 6** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| MEAL | Turkey Meatball (4) Subs | Soft Tacos | Spaghetti | Pulled BBQ Chicken | Cheese Pizza |
| GRAIN | Sub Buns | Tortilla | Whole Wheat Grain Pasta | Whole Wheat Grain Bun (1) per child | Whole Wheat Grain Crust |
| FRUIT | Pineapple | Pears | Mandarin Oranges | Pineapples | Tropical Fruit |
| VEGETABLES | Green Beans | Lettuce  &  Black Beans | Steamed Carrots | Corn | Salad |
| OTHER FOODS/  CONDIMENTS | N/A | Taco Sauce | N/A | N/A | Ranch |

Milk is offered with every meal

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