

OCTOBER 2026

INGRAM ELEMENTARY SCHOOL

*MENUS ARE SUBJECT TO CHANGE

BREAKFAST IN THE CLASSROOM



Monday

Tuesday

Wednesday

Thursday

Friday



CEREAL
WG MUFFIN
FRUIT
JUICE BOX
MILK

5

CEREAL BAR
GRAHAM CRACKERS
FRUIT
JUICE BOX
MILK

6

WAFFLES
FRUIT
JUICE BOX
MILK

7

PANCAKE SAUSAGE
FRUIT
JUICE BOX
MILK

8

BANANA BREAD
FRUIT
JUICE BOX
MILK

9

Holiday

12

POPTART
GRAHAM CRACKERS
FRUIT
JUICE BOX
MILK

13

PIG IN A BLANKET
FRUIT
JUICE BOX
MILK

14

YOGURT
CEREAL
FRUIT
JUICE BOX
MILK

15

BANANA BREAD
FRUIT
JUICE BOX
MILK

16

CEREAL
WG MUFFIN
FRUIT
JUICE BOX
MILK

19

CEREAL BAR
GRAHAM CRACKERS
FRUIT
JUICE BOX
MILK

20

APPLE FRUDEL
FRUIT
JUICE BOX
MILK

21

PANCAKE SAUSAGE
FRUIT
JUICE BOX
MILK

22

BANANA BREAD
FRUIT
JUICE BOX
MILK

23

CEREAL
WG MUFFIN
FRUIT
JUICE BOX
MILK

26

POPTART
GRAHAM CRACKERS
FRUIT
JUICE BOX
MILK

27

WAFFLES
FRUIT
JUICE BOX
MILK

28

SAUSAGE CROISSANT
FRUIT
JUICE BOX
MILK

29

NO
SCHOOL

30

AVAILABLE DAILY: 1% WHITE MILK AND FAT FREE CHOCOLATE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

