

September 2023

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chicken Spaghetti Green Peas Yeast Roll Fresh Plums Chef Salad Low Fat Milk
4 No School	5 Chicken Tenders and Waffles Steamed Fresh Broccoli Chef Salad Fresh Grapes Low Fat Milk Pancake Syrup	6 Beef Stroganoff Over Rice Southern Collard Greens Chicken Tenders Salad Cornbread Fresh Fruit Cup Low Fat Milk	7 BBQ Rib Sandwich Tater Tots Fresh Fruit Cup Chicken Salad Salad Low Fat Milk	8 Buffalo Chicken Wings Ranch Pasta Salad Celery Sticks with Dip Fruit Slushes Low Fat Milk
11 Fish Sandwich Confetti Coleslaw Criss Cut Sweet Potatoes Fresh Fruit Cup Chef Salad Low Fat Milk	12 Beefy Nachos Grande Whole Kernel Corn Fresh Fruit Cup Tossed Salad w/ Dressing Low Fat Milk	13 Swiss Steak with Tomato Gravy Au Gratin Potatoes Seasoned Green Beans Yeast Roll Chef Salad Low Fat Milk	14 Chicken Patty Sandwich Baked Potato with Margarine Chef Salad Fresh Fruit Cup Low Fat Milk	15 American Sub Seasoned Potato Wedges Fresh Strawberries Chocolate Chip Cookie Tuna Salad Low Fat Milk
18 Mandarin Chicken Stir Fried Rice Steamed Fresh Broccoli Chef Salad Fresh Peaches Low Fat Milk	19 Cheeseburger Baked Beans Fresh Fruit Cup Chicken Tenders Salad Low Fat Milk	20 Chicken a la King over Rice Seasoned Cabbage Cornbread Fruit and Yogurt Plate Fresh Melon Cubes Low Fat Milk	21 Philly Cheese Steak Sandwich Crinkle Cut Fries Marinated Tomato and Cucumber Salad Fresh Grapes Low Fat Milk	22 Chicken Egg Roll Stir Fried Rice California Veggies Fresh Oranges Chicken Salad Salad Low Fat Milk
25 Tuna Salad on Croissant Bun Spicy Fries Raw Veggies with Dip Fresh Fruit Cup Low Fat Milk	26 John Wayne Casserole Seasoned Lima Beans Garden Salad W/Dressing Yeast Roll Fresh Fruit Cup Low Fat Milk	27 Seafood Basket Green Bean Salad Corn on the Cob Banana Pudding Low Fat Milk	28 Grilled Chicken Sandwich Italian Pasta Salad Chef Salad Fresh Fruit Cup Low Fat Milk	29 Glazed BBQ Meatballs on Hoagie Bun Tater Tots Confetti Coleslaw Tuna Salad Salad Fresh Plums Low Fat Milk



Western Line
SCHOOL DISTRICT

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Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cinnamon Chex Cereal Bacon Strips Low Fat Milk Assorted Fruit Juices
4 No School	5 Crispy Toast Scrambled Eggs Ham Slice Hot Grits Assorted Fruit Juices Low Fat Milk	6 Sausage & Pancake on a Stick Assorted Fruit Juices Low Fat Milk	7 Assorted Cold Cereals Bacon Strips Assorted Fruit Juices Low Fat Milk	8 French Toast Sticks Choice of Strawberry & Raspberry Yogurts Low Fat Milk Pancake Syrup
11 Sausage and Biscuit Fresh Fruit Cup Low Fat Milk	12 CinnamonToaster Pastry Bacon Strips Fruit Cocktail Low Fat Milk	13 Crispy Toast Sausage Patty Hot Grits Scrambled Eggs Assorted Fruit Juices Low Fat Milk	14 Assorted Cold Cereals Breakfast Chicken Patty Fresh Fruit Cup Low Fat Milk	15 Ham Slice Assorted Fruit Juices Low Fat Milk
18 Cheese Omelet Hot Grits Assorted Fruit Juices Low Fat Milk	19 Hot Oatmeal Bacon Strips Fresh Fruit Cup Low Fat Milk	20 Crispy Toast Sausage Patty Hot Grits Scrambled Eggs Assorted Fruit Juices Low Fat Milk	21 Assorted Cold Cereals Ham Slice Assorted Fruit Juices Low Fat Milk	22 Chicken and Waffle Assorted Fruit Juices Low Fat Milk
25 CinnamonToaster Pastry Bacon Strips Fresh Fruit Cup Low Fat Milk	26 Cheese Omelet Crispy Toast Assorted Fruit Juices Low Fat Milk	27 Sausage and Biscuit Hot Grits Scrambled Eggs Assorted Fruit Juices Low Fat Milk	28 Breakfast Sausage Pizza Fresh Fruit Cup Low Fat Milk	29 Bagel w/ Sausage & Gravy Sausage Patty Assorted Fruit Juices Low Fat Milk



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