Shonto Preparatory School



Breakfast Lunch Dinner Menu		Bini' ant' a'a't'soh "Ripening of Late Crops"				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"This institution is an equal opportunity provider."	LABOR Day	5 Oatmeal or cold cereal cinnamon roll, fruit, milk	6 Pancake, syrup, slice ham, blueberries, milk	7 Yogurt, fruit berries, muffin, milk	8 Biscuit & sausage gravy, fruit, milk	9 BREAKFAST CHOICE: HOT MEAL OR COLD CEREAL.
		Chicken fajita, refried beans, sweet corn, watermelon, milk	BBQ chicken, green peas, wheat roll, pears, milk	Turkey Manhattan, mash potato, turkey gravy, mix vegetable, orange smile, milk	Pepperoni pizza, chicken wing, celery stick, dressing, apple wedges, milk	<u>USDA</u>
DE SOULE OF SOULE	NO SCHOOL	Salisbury steak, mash potato, wheat roll, peas & carrots, pear, milk	Grill ham & cheese, tomato soup, celery sticks, apple, milk	Chili beans, cornbread, celery sticks, mango chuck, milk		United States Department of Agriculture
	Hot blue cornmeal, wheat donut, peaches, milk	Breakfast pizza, fruit, milk	French toast, syrup, sausage link, grapes, milk	Boiled egg, hash brown, wheat toast w/jelly, peaches, milk	Cream of wheat, pumpkin bread, peaches, milk	
	Corndog, mustard, oven fries, ketchup, fresh apple, milk	Cheese enchilada, salsa, Spanish rice, sweet corn, fruit, milk	Salisbury steak, mash potato, vegetable, wheat roll, fruit milk	Chili dog on bun, cheese, oven fries, ketchup, fresh apple, milk	Chicken Caesar salad, garlic toast, beets, fruit, milk	
MENU SUBJECT TO CHANGE	Cheeseburger, lettuce, tomato, pickle, baked, oven fries, pear, milk	Beef vegetable stew, wheat bread, fruit, milk	Cheese enchilada, Spanish rice broccoli, cantaloupe wedges, milk	Chicken ranch wrap, celery stick, potato chip, fresh orange, milk		
	NO SCHOOL	19 Scramble egg, English muffin, fruit, milk	Yogurt, fruit berries, muffin, milk	Biscuit & sausage gravy, fruit cup, milk	Cold cereal, donut, fruit cup, milk	
	FULL DAY SPS STAFF	Beef pasta, green squash, garlic toast, peaches, milk	Baked chicken, m potato, gravy, sweet corn, wheat bread, mix fruit, milk	Chili beans, cornbread, celery stick, pear cling, milk	Chicken nuggets, rice pilaf, corn on cob, carrot stick fruit cup, milk	
SALAD BAR AVAILABLE DURING LUNCH	PROFESSIONAL LEARNING DAY	Beef Taco, taco salad, cheese, salsa, black beans, carrot, fruit, milk	Surfer sticks, oven fries, ketchup, cookie, orange smile, milk	Frito pie, Spanish rice, sweet corn, orange wedges, milk		SAL OF THE MUNICIPAL OF THE MANAGEMENT OF THE MA
Navajo Rug	25 Hot farina, wheat toast, fruit milk	Boiled egg, hash brown, wheat toast,	Pancake, syrup, sausage berries,	28 Breakfast burrito, salsa, fruit, milk	Chef's Choice	
\$\$\frac{1}{2}\$	Green chili burrito, lettuce/tomato, Spanish rice, sweet corn, fruit, milk	Slice turkey, stuffing, gravy, mix vegetable, cranberry sauce, fruit, milk	Beef pasta, green beans, garlic bread, fruit cup, milk	Hot dog on bun, mustard, blackeye peas, grapes, milk	Beef nachos, lettuce, tomato, refried beans, carrot coin, fresh orange, milk	The state of the s
	Hot ham & cheese on bun, oven fries, ketchup, orange smile, milk	Navajo Taco, salsa, white hominy, grapes, milk	Chicken quesadilla, salad, dressing, corn on cob, watermelon cubes, milk	Pepperoni pizza, hot wings, veggie sticks w/dressing, fruit, milk		