

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Cumberland County Schools



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- ☐ 1. Have a family Geography Challenge. Name a state, province or country. Who can call out the capital first?
- ☐ 2. Ask your child to teach you a concept the class is learning.
- ☐ 3. Have your child estimate the number of socks in a drawer, then count.
- ☐ 4. Set aside time every day for reading aloud. Sometimes, have your child read to you.
- ☐ 5. Talk about books you loved when you were your child's age.
- ☐ 6. Write your child's name vertically. Have your student use each letter to begin a line of a poem.
- ☐ 7. At dinner, put a price on each item you serve. Have your child figure out the cost of the meal.
- ☐ 8. Today is the anniversary of the Great Chicago Fire. Practice a safe escape route from your home. Plan where to meet if you get separated.
- ☐ 9. Let your child see you reading something today—a news article, a recipe, a novel, etc. Explain why you are reading it.
- ☐ 10. Have a jump rope contest. Together, count how many jumps your child can do in a row.
- ☐ 11. Offer praise when your child puts effort into learning.
- ☐ 12. Have a music-sharing night. Listen to family members' favorite songs. Talk about how the music makes each of you feel.
- ☐ 13. Think of a skill you and your child would both like to learn. Then, check out a how-to book about it to read together.
- ☐ 14. Ask your child to close eyes and identify what you are doing just by the sound—jiggling keys, for example.
- ☐ 15. Have your child turn a news article headline into a question. Then, read the article together. Does it answer the question?
- ☐ 16. Start a made-up story. "A man went down the road and he met a ____." Let your child finish the story.
- ☐ 17. Write an encouraging note and tuck it into your child's backpack.
- ☐ 18. Talk about something your child did well today.
- ☐ 19. Bake cookies together. Help your child figure out how much of each ingredient you would need if you doubled the recipe.
- ☐ 20. Talk with your child about ways to handle stress. Exercising and talking to someone are effective ways to ease stress.
- ☐ 21. Ask what your child's favorite thing about you is. Share something you love about your child.
- ☐ 22. Choose a number from 1-12, then have your child list things that come in groups of that number.
- ☐ 23. Have your child rub two stones together for a few minutes. Can your student feel the heat generated? Explain that this is caused by *friction*.
- ☐ 24. Ask your child to imagine and describe life 150 years in the future.
- ☐ 25. Look for a print and an audio version of a book. Have your child read along while listening.
- ☐ 26. Ask your child, "What would you do if you were invisible for a day?"
- ☐ 27. How many words your child can make from the letters in OCTOBER?
- ☐ 28. Pick a category. Ask your child to pick a letter. How many items from the category can your child think of that begin with that letter?
- ☐ 29. Sing a familiar song and leave out some words. Can your child tell you which words you left out?
- ☐ 30. Take turns naming the parts of the body. (Organs count, too.)
- ☐ 31. Help your child make a fall table decoration.