

OCTOBER 2024

Henry L. Slater Elementary Menu

BREAKFAST -\$0.00 (after morning bell in the classroom)

Lunch – \$0.00 paid SY24-2025 & 0¢-Reduced Extra Milk – 45¢ Juice is .45¢

Lunch includes: Entrée with Salad bar options, fruit, vegetable, breads grains, Oregon Milk (Nonfat - 1%)

Menu is subject to change. Some items may contain nuts.

Students with a food allergy such as fluid milk intolerance, must be documented by a licensed doctor and a faxed or written copy sent to the kitchen & office when a student is needing a substitution and or participating in the breakfast or lunch programs.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	<p>1 BREAKFAST Waffle, Juice, Dried Fruit Milk</p> <p>LUNCH Ham & Cheese Sand Orange Chicken w/ Veggie Fried Rice & Egg Roll Fruit, Veggie, Milk</p>	<p>2 BREAKFAST BlueBerry Muffin,String Cheese,Applesauce,Fruit,Milk</p> <p>LUNCH <i>Homemade</i> Chicken Noodle Soup w/ Roll & Cheese Stick Pulled Pork Sand Fruit, Veggie, Milk</p>	<p>3 BREAKFAST Cereal w/ Cracker Apple & Milk</p> <p>LUNCH BBQ Pork Rib Sand Meat Salad w/ Roll Pasta Salad Fruit, Veggie, Milk</p>
<p>7 BREAKFAST String Cheese, Cracker Lrg Apple & Milk</p> <p>LUNCH Alfredo w/ TX Toast Chicken Nuggets Sweet Corn Fruit, Veggie, Milk</p>	<p>8 BREAKFAST Breakfast Bar w/egg ,ham & Cheese w/ Cracker Juice, Dried Fruit & Milk</p> <p>LUNCH Chicken & Cheese Quesadilla Beef Crunchy Taco Seasoned Rice Fruit, Veggie, Milk</p>	<p>9 BREAKFAST Cereal Bar w/ Cracker Applesauce, Dried Fruit & Milk</p> <p>LUNCH <i>HomeMade</i> Chili w/ Cornbread PB & Jelly Sand Green Beans Fruit, Veggie, Milk</p>	<p>10 BREAKFAST Cereal w/ Cracker LG Banana & Milk</p> <p>LUNCH Pizza Sticks w/ Marinara Hot Toasted cheese Sand Fruit, Veggie, Milk</p>
<p>14 BREAKFAST Cherry Frudel Lg Apple & Milk</p> <p>LUNCH Hamburger Hot Dog Baked Beans, Potato Salad Fruit, Veggie, Milk</p>	<p>15 BREAKFAST Yogurt w/ Granola Juice, Dried Fruit & Milk</p> <p>LUNCH Nacho's w/ Beans & Cheese Chicken Tostada Seasoned Rice Fruit, Veggie, Milk</p>	<p>16 BREAKFAST Cereal Bar w/ Cracker Applesauce, Dried Fruit & Milk</p> <p>LUNCH Spaghetti w/ TX Toast <i>New Taco</i> Sweet Baked Potato Green Beans Fruit, Veggie, Milk</p>	<p>17 NO STUDENTS</p> <p>STUDENT LED CONFERENCES OCT 17&18</p>
<p>21 BREAKFAST Bagel w/ Cream Cheese Lg Apple & Milk</p> <p>LUNCH Italian Meatball Sub Yogurt + string cheese & Cracker Pak Tortellini Salad Fruit, Veggie, Milk</p>	<p>22 BREAKFAST Pancake on a stix Juice, Dried Fruit & Milk</p> <p>LUNCH Chicken Taco w/ Cheese Bean & Cheese Burrito Seasoned Rice Fruit, Veggie, Milk</p>	<p>23 BREAKFAST Cereal Bar w/ Cracker Applesauce, Dried Fruit & Milk</p> <p>LUNCH Pizza Corn Dog Fruit, Veggie, Milk</p>	<p>24 BREAKFAST Cereal w/ Cracker Apple & Milk</p> <p>LUNCH <i>Homemade</i> Chicken Lo Mein Ham & Cheese Sand Fruit, Veggie, Milk</p>
<p>28 BREAKFAST Variety Breakfast Lg Apple, Milk</p> <p>LUNCH Crispy Chicken Burger Mini Corn Dogs Baked Beans Fruit, Veggie, Milk</p>	<p>29 BREAKFAST Pancake Fruit Juice, Dried Fruit & Milk</p> <p>LUNCH Chili Hot Dogs w/ Frito's Meat Salad w/ Roll Curried Rice Fruit, Veggie, Milk</p>	<p>30 BREAKFAST Cereal Bar w/ Cracker Applesauce, Dried Fruit & Milk</p> <p>LUNCH <i>Homemade</i> White Bean Soup w/ Toasted Cheese or PB Sand Fruit, Veggie, Milk</p>	<p>31 BREAKFAST Cracker, String cheese Cut Apples, D Fruit & Milk</p> <p>LUNCH (ONLY) Cheese Pizza Fruit, Veggie, Milk</p>

This institution is an equal opportunity provider.