

# Shippensburg Community Resource Coalition

## PENNSYLVANIA YOUTH DATA

### Shippensburg Community Resource Coalition (SCRC)

The Shippensburg Community Resource Coalition is a collaborative effort to provide quality social services and youth programming; reducing risk factors related to youth substance use and improving social, emotional, and physical health. The SCRC is a Shippensburg University Center For Excellence and serves as a "learning lab" for the university.

### Where does this data come from?

The Pennsylvania Youth Survey (PAYS), surveys youth in the 6th, 8th, 10th, and 12th grades to learn about their behavior, attitudes and knowledge concerning alcohol, tobacco, other drugs, and violence. PAYS is conducted every two years.

## 2023 Shippensburg Area School District PAYS Data Summary

### Risk Factors

*A characteristic that is associated with a higher likelihood of problem outcomes*

#### Top Youth Risk Factors

1. Low commitment toward school
2. Parental attitudes favorable toward antisocial behavior
3. Low neighborhood attachment

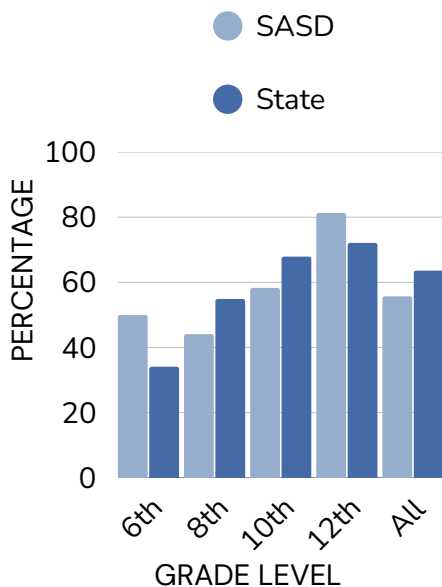
### Protective Factors

*A characteristic that is associated with a lower likelihood of problem outcomes.*

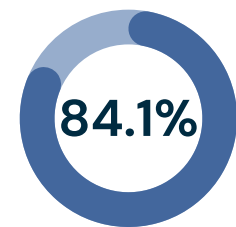
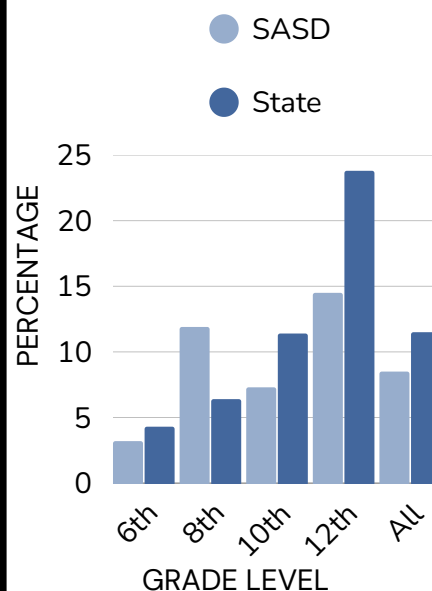
#### Top Youth Protective Factors

1. Family attachment
2. Opportunities for prosocial activities with family
3. Rewards for prosocial involvement in school

### 1-YEAR NICOTINE USE BY GRADE LEVEL



### 30 DAY ALCOHOL USE BY GRADE LEVEL



84.1% of youth disapprove of people their age using alcohol regularly

Over 90% of youth are NOT willing to try marijuana

### What are the most commonly used substances by youth?

1. **Alcohol** (reported by 8.5% of youth)
2. **Vaping** (reported by 7.7% of youth)
3. **Marijuana** (reported by 3.9% of youth)

Data points represent findings from youth who reported use of substances within the past 30 days for all grades

### How do youth who report alcohol and vape use obtain these products?

- **#1 in Alcohol: Provided by Caregivers** (reported by 31.6% of youth)
- **#1 in Vape: Provided by a friend** (reported by 34.9% of youth)

Data points represent findings from youth who reported vape product use in the past 12 months for all grades

### Positive PAYS data outcomes

1. **Youth are involved in school-sponsored activities** (reported by 58.2% of youth)
2. **Youth feel safe at their school** (reported by 72.9% of youth)
3. **Youth report friends feel it would be wrong to use tobacco** (reported by 81% of youth)

### What are the most commonly reported stressors among youth?

1. **Felt tired or sleepy during the day “everyday” or “several times” bi-weekly** (reported by 62% of youth)
2. **Worried about running out of food in the past 12 months** (reported by 26.2% of youth)
3. **Has lived in a shelter, hotel, motel, car, campground etc. due to loss of housing, lack of money, or no other place to stay** (reported by 10.2% of youth)

### What are data points to keep an eye on?

1. 31% of youth reported feeling so sad that they stopped doing their usual activities
2. 39.6% of youth reported thinking that they are no good at all, at times
3. 53.8% of youth reported feeling more comfortable talking to their friends about their mental health than adults

Want to learn more about how SCRC addresses this data or get involved? Reach out to the email below!