

MARCH 2024

CLARK SCHOOL DISTRICT

LUNCH



All meals are served with a fresh fruit and vegetable bar and milk.
All menus are subject to last minute changes.



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

SUPER NACHOS

TUESDAY



WEDNESDAY

CHILI
CINNAMON ROLL
STEAMED VEGGIES

THURSDAY

SUB SANDWICH
BAKED BEANS
BAKED CHIPS

FRIDAY

Italian Dunkers
Marinara Sauce
Steamed Vegetables

Chicken Strips
Seasoned Rotini
Steamed Vegetables

4

Tater Tot Hotdish
Steamed Vegetables
Bread and butter

5

Taco Bar
Salsa/Refried Beans
Steamed Vegetables

6

Hamburgers
WG Bun
Smile Fries

7

NO SCHOOL

8

Breaded Beef Patty
Mashed Potatoes/Gravy
Bread and Butter

11

Orange Chicken
Steamed Vegetable
Rice

12

Scalloped Potatoes and
Ham
Steamed Vegetables

13

Ham Patty/WG Bun
Nachos
Baked Beans

14

NO SCHOOL

15

Chicken Fajita over Rice
Steamed Vegetables
Cheese Sauce

18

Tomato Soup
Grilled Cheese Sandwich
Steamed Vegetables

19

Sloppy Joes/WG Bun
Wedges
Baked Beans

20

Chicken Alfredo
Steamed Vegetables
Breadstick

21

Cheese Pizza
Steamed Vegetables
HS CHOICE:
Fish Sandwich or Pizza

22

Turkey Ala King
WG Biscuits
Steamed Vegetables

25

Spaghetti/Meat sauce
Steamed Vegetables
Breadstick

26

All Beef Hot dogs/works
WG Bun
Hashbrowns

27

Crispitos
Refried Beans/Salsa
Steamed Vegetables

28

NO SCHOOL
Good Friday

29