

# Daily Learning Planner

Ideas families can use to help children  
prepare for school

Riverview Gardens School District



THE  
**PARENT**  
INSTITUTE®

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## Daily Learning Planner: Ideas Families Can Use to Help Children Prepare for School—Try a New Idea Every Day!

- 1. Have a family reading party. Each person picks a book to look at. Afterward, have a snack and talk about what you read.
- 2. Walk with your child in different ways—slowly, quickly, lightly, heavily, on tiptoes—to different kinds of music.
- 3. Discuss ways to keep your family fit. Ask your child to name three active things she likes to do.
- 4. It's International Friendship Month. Talk to your child about the qualities that make a great friend.
- 5. Think of animals with your child and divide them into categories. Birds and bees fly; whales and fish swim.
- 6. Have your child draw or paint a picture of the place where you live.
- 7. Discuss the meaning of *the past*. Looking at baby pictures will help your child understand this concept.
- 8. Visit the post office and help your child mail valentines today.
- 9. Record an interview with your child about his interests.
- 10. Let your child help set the table for dinner. Practice counting out forks, spoons and napkins together.
- 11. Read a story to your child. In the middle, ask her to pretend she wrote it. How would she end it?
- 12. Allow a few minutes after the light is off at bedtime for quiet conversation with your child.
- 13. After your child goes to bed, leave a valentine where he'll see it first thing tomorrow morning.
- 14. Exchange compliments with your child.
- 15. Let your child try to fit a key into a lock. What things need a key?
- 16. Ask your child to tell you about the nicest thing a friend has ever done for her.
- 17. Cut part of a photo out of a magazine or catalog. Paste it onto paper, then ask your child to complete the picture.
- 18. Dim the lights and move the beam of a flashlight across the floor. Ask your child to jump or step on the beam.
- 19. Line the inside of a box with paper. Let your child dip marbles into washable paint and roll them around the box.
- 20. Make a paper crown and let your child play Ruler for the Day.
- 21. Make your child the main character in a story. Have him retell it to you.
- 22. Have your child draw a picture for the author of a book. Send it to the author in care of the book's publisher.
- 23. Find a way for your child to help you with a task you need to do around your home.
- 24. Think of some *What if* questions to ask your child: What if we walked on our hands? What if animals could talk?
- 25. Make an indoor obstacle course. Ask your child to go *over*, *under* and *through* things.
- 26. Play a game of hide and seek with your child.
- 27. Make "paints" by mixing 2 tablespoons of milk with two drops of food coloring in small bowls. Let your child paint on a piece of bread.
- 28. Encourage your child to try two motor tasks at the same time—for example, clapping hands while walking.