



**GHOLSON ISD**  
**September 2023 - BREAKFAST MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cereal & Toast Cinnamon Roll Pineapples Milk Juice
4 NO SCHOOL  LABOR DAY	5 Cereal & Toast Poptarts Mixed Fruit Milk Juice	6 Cereal & Toast French Toast Sticks Diced Apples Milk Juice	7 Cereal & Toast Breakfast Pizza Mixed Fruit Milk Juice	8 Cereal & Toast Muffins Peaches Milk Juice
11 Cereal & Toast Pig-N-Blanket Diced Apples Milk Juice	12 Cereal & Toast Pancakes Mixed Fruit Milk Juice	13 Cereal & Toast Ham, Egg, Cheese Biscuit Peches Milk Juice	14 Cereal & Toast Donut Holes Blueberries Milk Juice	15 Cereal & Toast Honey Bun Pears Milk Juice
18 Cereal & Toast Breakfast Bar W/ Toast Peaches Milk Juice	19 Cereal & Toast Egg & Cheese Omelet Diced Pears Milk Juice	20 Cereal & Toast Pancake on a stick Pineapple Milk Juice	21 Cereal & Toast Mini Pancakes Mandarin Oranges Milk Juice	22 Cereal & Toast Muffins Diced Apples Milk Juice
25 Cereal & Toast Pig-N-Blanket Pineapples Milk Juice	26 Cereal & Toast French Toast Sticks Diced Pears Milk Juice	27 Cereal & Toast Scrambled Eggs w/Toast Mixed Fruit Milk Juice	28 Cereal & Toast Breakfast Pizza Applesauce Milk Juice	29 Cereal & Toast Sausage, Egg, Cheese Biscuit Mandarin Oranges Milk Juice

**\*MENU IS SUBJECT TO CHANGE\***

Offer versus Serve Regulation is implemented in this school. For a complete MEAL, select at least 3 different items and one item must be a fruit or vegetable... In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discrimination based on race, color, nation origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by the USDA.

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