



Sarah Skemp, School Counselor

For March, JDPS will focus on **honesty**. **Honesty** is being truthful in what we say and do. Students can practice honesty by admitting to a mistake, telling the truth about something that happened, returning something that doesn't belong to you, and not making up lies to get out of trouble or to get someone into trouble. Talk to your child about ways to be honest and how being honest can make them feel happy, scared, or proud. As we have a Spring Break coming up, please remember that EACH of us need to take a break now and then. A short break can rejuvenate us and give us the energy to carry on.