



SEPTEMBER 2024

Portage Area High School

Daily Entree Alternates:

Stuffed Crust Pizza

Buffalo Chicken Pizza

Chicken Salad

Blueberry Yogurt Parfait

Strawberry Yogurt Parfait

Adult Meal Price - \$4.75

Milk Offered Daily:
Fat Free or 1%

Monday

Tuesday

Wednesday

Thursday

Friday

No School 2



Chicken Fajitas
Mexican Street Corn
Fresh Veggie Boat
Whole Apple
Dried Apple Crisps
Dried Cherries
Choice of Milk

Tomato Soup with
Toasted Cheese Sandwich
Steamed Peas & Carrots
Fresh Sliced Cucumbers
Chilled Mandarin Oranges
Dried Apple Crisps
Dried Cherries
Cherry Star Juice
Choice of Milk

Popcorn Chicken Bowl
With Dinner Roll
California Vegetable Blend
Broccoli Salad
Fresh Apple Slices
Dried Apple Crisps
Dried Cherries
Choice of Milk

Mini Corn Dogs
Baked Beans
Fresh Broccoli
Diced Peaches
Dried Apple Crisps/Dried Cherries
Fruit Punch Juice
Choice of Milk
Vanilla Pudding

BBQ Pork/Bun
Steamed Corn
Coleslaw
Fresh Banana
Dried Apple Crisps
Dried Cherries
Grape Juice
Choice of Milk

Taco In a Bag
Steamed Carrots
Fresh Veggie Boat
Cinnamon Applesauce Cup
Dried Apple Crisps
Dried Cherries
Choice of Milk

Chicken & Waffles with Gravy
Hash Brown Rounds
Fresh Sliced Red Peppers
Chilled Pineapple Chunks
Dried Apple Crisps
Dried Cherries
Cherry Star Juice
Choice of Milk

Pierogi's, Sausage Patty
& Garlic Breadstick
Steamed Green Beans
Cucumber/Tomato Salad
Strawberry Cup
Dried Apple Crisps
Dried Cherries
Choice of Milk

Fish Nuggets with Cheez-its
Sweet Potato Waffle Fries
Cool Ranch Chickpeas
Diced Pears
Dried Apple Crisps/Dried Cherries
Fruit Punch Juice
Choice of Milk
Strawberry Ice Cream Sundae

Deli Ham & Cheese
on Pretzel Bun
Mixed Vegetables
Fresh Baby Carrots
Chocolate Brownie Batter
Chilled Mixed Fruit
Dried Apple Crisps/Dried Cherries
Grape Juice
Choice of Milk

Chicken Quesadilla
Steamed Vegetables
Fresh Veggie Boat
Chocolate Brownie Batter
Whole Apple
Dried Apple Crisps
Dried Cherries
Choice of Milk

Philly Cheese Steak Sandwich
Potato Wedges
Fresh Sliced Cucumbers
Chilled Mandarin Oranges
Dried Apple Crisps
Dried Cherries
Cherry Star Juice
Choice of Milk

Chicken Puff Pastry
With Garlic Knot
Mashed Potatoes
Apple/Zucchini Salad
Fresh Apple Slices
Dried Apple Crisps
Dried Cherries
Choice of Milk

Breaded Ravioli
Steamed Peas
Fresh Broccoli
Diced Peaches
Dried Apple Crisps
Dried Cherries
Fruit Punch Juice
Choice of Milk

Hot Dog/Bun
Soft Pretzel
Baked Beans
Fresh Sliced Celery
Fresh Banana
Dried Apple Crisps
Dried Cherries
Grape Juice
Choice of Milk

Buffalo Chicken Dip/Tostitos
Steamed Corn
Fresh Veggie Boat
Cinnamon Applesauce Cup
Dried Apple Crisps
Dried Cherries
Choice of Milk
Vanilla Pudding

Spaghetti with Meat Sauce
Glazed Carrots
Fresh Sliced Green Peppers
Chilled Pineapple Chunks
Dried Apple Crisps
Dried Cherries
Cherry Star Juice
Choice of Milk

Chicken Noodle Soup with
Pepper Jack Toasted Cheese Sandwich
Oriental Stir Fry Vegetables
Broccoli Salad
Strawberry Cup
Dried Apple Crisps
Dried Cherries
Choice of Milk

Beef Dippers with
Vegetable Fried Rice
Steamed Carrots & Peas
Cool Ranch Chickpeas
Diced Pears
Dried Apple Crisps
Dried Cherries
Fruit Punch Juice
Choice of Milk

Chicken Patty/Bun
Crispy Spiral Fries
Fresh Baby Carrots
Cheezy Pizza Hummus
Chilled Mixed Fruit
Dried Apple Crisps
Dried Cherries
Grape Juice
Choice of Milk



To qualify as a free lunch, **students must take 3 (minimum) components**, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which **1 must be a fruit or vegetable**. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements
Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>