

Course Name/Number: Physical Education**Grade Level: 6-8****Curriculum Map**

Unit	Essential Questions	Standards & Skills	Common Assessments	Learning Activities	Resources/Technology
Name: Soccer Quarter: 1 Length (Days): 15-18 days	<ol style="list-style-type: none">1. Can I demonstrate the proper essential skills of soccer?2. Can I understand and apply the rules of soccer?3. Can I apply the safety procedures throughout the activity?4. Can I display respect and proper sportsmanship during a game?5. Can I develop and apply strategies within a group?	ILS: 21.A.3a, 21.A.3, 19.A.3, 19.B.3, 19.A.3, 19.C.3a, 19.C.3a, 19.C.3b, 19.C.3b	Formative: Stretching, running laps, being on time, changing on time, discussion of activity, effort during games, and team collaboration Summative: Quiz Game skills and strategies are demonstrated. P.E. activities packets are completed for medical excuses. Unit Quiz.	Rules and safety procedures regarding soccer activities, and soccer gameplay Explanation and demonstration of skills. Practicing skills Game play	ISBE Website IAHPERD Sports equipment- (all soccer activities) Soccer balls, cones, goals, noodles, bowling pins, polly spots, pennies
Name: Ultimate Frisbee/Football Quarter: 1 Length (Days): 15-18 days	<ol style="list-style-type: none">1. Can I demonstrate the proper essential skills of	ILS: 21.A.3a, 21.A.3, 19.A.3, 19.B.3, 19.A.3, 19.C.4a, 19.C.3a, 19.C.3b, 19.C.3b	Formative: Stretching, running laps, being on time, changing on time, discussion of activity,	Rules and safety procedures regarding ultimate activities, and ultimate	ISBE Website IAHPERD

	<p>Ultimate Football/Frisbee?</p> <p>2. Can I understand and apply the rules of ultimate football/Frisbee?</p> <p>3. Can I apply the safety procedures throughout the activity?</p> <p>4. Can I display respect and proper sportsmanship during a game?</p> <p>5. Can I develop and apply strategies within a group?</p>		<p>effort during games, and team collaboration</p> <p>Summative: Quiz</p> <p>Game skills and strategies are demonstrated.</p> <p>P.E. activities packets are completed for medical excuses.</p> <p>Unit Quiz</p>	<p>football/frisbee gameplay.</p> <p>Explanation and demonstration of skills</p> <p>Practicing skills</p> <p>Game play</p>	<p>Sports equipment- (all ultimate frisbee/football activities)</p> <p>Footballs, frisbees, mini frisbees, foam frisbees, cones, pennies, hula hoops, hoop rings, polly spots</p>
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Unit	Essential Questions	Standards & Skills	Common Assessments	Learning Activities	Resources/Technology	Unit Reflection
Name: Basketball Quarter: 2 Length (days): 15-20	<ol style="list-style-type: none"> Can I demonstrate the proper essential skills of basketball? Can I understand and apply the rules of basketball? Can I apply the safety procedures throughout the activity? Can I display respect and proper sportsmanship during a game? Can I develop and apply strategies within a group? 	ILS: 21.A.3a, 21.A.3, 19.A.3, 19.B.3, 19.A.3, 19.C.3a, 19.C.3a, 19.C.3b, 19.C.3b	Formative: Stretching, running laps, being on time, changing on time, discussion of activity, effort during games, and team collaboration. Applying daily procedures. Summative: Applying knowledge and skills to gameplay. Skills/Performance assessment. Effort in learning & positive attitude unit assessment. Game skills and strategies are demonstrated. P.E. activities packets are completed for medical excuses.	Rules and safety procedures regarding basketball activities, and basketball gameplay Explanation and demonstration of skills Student demonstrations Teacher demonstrations Warm up games Intro activities Game play	ISBE Website IAHPERD Sports equipment	Student progress varies greatly on their own ability level and prior knowledge and background with the activity. Student development can be improved through skill practice, lead up activities, and team game play.

Name: Volleyball Quarter: 2 Length (Days): 15-20	<ol style="list-style-type: none"> Can I demonstrate the proper essential skills of volleyball? Can I understand and apply the rules of volleyball? Can I apply the safety procedures throughout the activity? Can I display respect and proper sportsmanship during a game? Can I develop and apply strategies within a group? 	ILS: 21.A.3a, 21.A.3, 19.A.3, 19.B.3, 19.A.3, 19.C.3a, 19.C.3a, 19.C.3b, 19.C.3b	Formative: Stretching, running laps, being on time, changing on time, discussion of activity, effort during games, and team collaboration. Apply daily procedures. Summative: Applying knowledge and skills to gameplay. Skills/Performance assessment. Effort in learning & positive attitude unit assessment. Game skills and strategies are demonstrated. P.E. activities packets are completed for medical excuses.	Rules and safety procedures regarding volleyball activities and volleyball gameplay. Explanation and demonstration of skills Student demonstrations Teacher demonstrations Warm up games Intro activities Game play	ISBE Website IAHPERD Sports equipment	Student progress varies greatly on their own ability level and prior knowledge and background with the activity. Student development can be improved through skill practice, lead up activities, and team game play.
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Course Name/Number: Physical Education

Grade Level: 6-8 2014-2025 3rd Quarter

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Unit	Essential Questions	Standards & Skills	Common Assessments	Learning Activities	Resources/Technology	Unit Reflection
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Name: Nitroball Quarter: 3 Length (Days):15-20 Days	<ol style="list-style-type: none"> 1. Can I demonstrate the proper essential skills of nitroball? 2. Can I understand and apply the rules of nitroball? 3. Can I apply the safety procedures throughout the activity? 	ILS: LS: 21.A.3a, 21.A.3, 19.A.3, 19.B.3, 19.A.3, 19.C.3a, 19.C.3a, 19.C.3b,	Formative: Apply daily procedures. Summative: Game skills and strategies are demonstrated. P.E. packets are completed for medical excuses. Unit Quiz	Rules and safety procedures Explanation and demonstration of skills Game play	ISBE Website IAHPERD Sports equipment	Student progress varies greatly on their own ability level and prior knowledge and background with the activity as well as gameplay
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Name: Spikeball Quarter: 3 Length (Days): 15-20	<ol style="list-style-type: none"> 1. Can I demonstrate the proper essential skills of spikeball? 2. Can I understand and apply the rules of spikeball? 3. Can I apply the safety procedures throughout the activity? 	ILS: 21.A.3a, 21.A.3, 19.A.3, 19.B.3, 19.A.3, 19.C.3a, 19.C.3a,	Formative: Apply daily procedures. Summative: Game skills and strategies are demonstrated. P.E. packets are completed for medical excuses. Unit Quiz	Rules and safety procedures. Explanation and demonstration of skills. Game play	ISBE Website IAHPERD Sports equipment	Student progress varies greatly on their own ability level and prior knowledge and background with the activity, as well as game play.
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Course Name/Number: Physical Education

Grade Level: 6-8 2024-2025

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Unit	Essential Questions	Standards & Skills	Common Assessments	Learning Activities	Resources/Technology	Unit Reflection
Name: Badminton Quarter: 4 Length days 15-20 days	<ol style="list-style-type: none"> Can I demonstrate the proper essential skills of badminton? Can I understand and apply the rules of badminton? 	ILS: 21.A.3a, 21.A.3, 19.A.3, 19.B.3, 19.A.3, 19.C.3a, 19.C.3a,	Formative: Apply daily procedures Summative: Game skills and strategies are demonstrated. P.E. activities packets are completed for medical excuses. Written Quiz over specified unit.	Rules and safety procedures Explanation and demonstration of skills	ISBE Website IAHPERD Sports equipment	Student progress varies greatly on their own ability level and prior knowledge and background with the activity as well as gameplay
Name: Kickball Quarter: 4 Length (Days): 10-15 days.	<ol style="list-style-type: none"> Can I demonstrate the proper essential skills of kickball? Can I understand and apply the rules of kickball? Can I apply the safety procedures throughout the activity? 	ILS: 21.A.3a, 21.A.3, 19.A.3, 19.B.3, 19.A.3, 19.C.4a, 19.C.3a, 19.C.3b, 19.C.3b National Standards: CRS: WorkKeys Skills: CCSS:	Formative: Apply daily procedures Summative: Game skills and strategies are demonstrated. P.E. activities packets are completed for medical excuses. Written Quiz over specified unit.	Rules and safety procedures Explanation and demonstration of skills Game play	ISBE Website IAHPERD Sports equipment	Student progress varies greatly on their own ability level and prior knowledge and background with the activity, as well as gameplay

	<p>3. Can I display respect and proper sportsmanship during a game?</p> <p>4. Can I develop and apply strategies within a group?</p>					
Name: days						

Name: Outdoor games Quarter: 4 Length (Days): 10-15	<ol style="list-style-type: none"> 1. Can I demonstrate the proper essential skills of ultimate ? 2. Can I understand and apply the rules of ultimate? 3. Can I apply the safety procedures throughout the activity? 	ILS: National Standards: CRS: WorkKeys Skills: CCSS: ILS: 21.A.3a, 21.A.3, 19.A.3, 19.B.3, 19.A.3, 19.C.3a,	Formative: Apply daily procedures Summative: Game skills and strategies are demonstrated. P.E. activities packets are completed for medical excuses. Written Quiz over specified unit.	Rules and safety procedures Explanation and demonstration of skills Game play		
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