



Primary Years  
Programme

JANIE HOWARD WILSON

# WELCOME BACK



"IF YOU ARE HAVING A PROBLEM OR THINK YOU WILL HAVE A PROBLEM, PLEASE COME TO THE OFFICE."

# NEWS BOLT

FEBRUARY  
2026  
ISSUE NO 7

## ADMINISTRATION MESSAGE:

DEAR SILVER STREAK FAMILIES, IT IS HARD TO BELIEVE WE ARE STARTING THIS MONTH ALREADY! OUR TEACHERS ARE WORKING HARD TO UTILIZE DATA AND FOCUS ON THE BENCHMARKS. WE WANT TO ENSURE ALL OF OUR STUDENTS ARE FEELING SUCCESS AS THEY CONTINUE THEIR LEARNING JOURNEY THIS SCHOOL YEAR. THIS MONTH, WE WILL BE DOING SIGN-UPS FOR BEFORE SCHOOL TUTORING FOR THIRD, FOURTH AND FIFTH GRADERS. THE SIGN-UPS WILL TAKE PLACE FROM FEBRUARY 9TH UNTIL FEBRUARY 20TH. IN ADDITION, OUR STAFF IS ALSO OFFERING SMALL GROUP INTERVENTION DURING THE DAY WITH OUR STAFF IN THESE GRADES TO ENSURE YOUR CHILD'S INDIVIDUAL SKILLS ARE BEING MET. OUR TEACHERS ARE WORKING DILIGENTLY TO ENSURE ESE AND ESOL ACCOMMODATIONS ARE GIVEN IN THE CLASSROOM. WE HAVE MANY ACTIVITIES PLANNED FOR THE MONTH OF FEBRUARY! FIRST GRADE IB PYP VALENTINE SHOWCASE, THE SWEETHEART DANCE, GUEST SPEAKERS FOR BLACK HISTORY MONTH, FTE ATTENDANCE INCENTIVES, PRESIDENT'S DAY, AND PARENT WORKSHOPS WILL BE OFFERED. ON BEHALF OF OUR STAFF, WE APPRECIATE YOU WORKING WITH US WHEN YOUR CHILD IS ABSENT. WE APPRECIATE THE PARTNERSHIP WITH CHECKING THE PARENT PORTAL, EMAILS, AND DOJOS. PLEASE CONTINUE TO SUPPORT OUR SCHOOL BY ATTENDING PTO AND SAC MEETINGS, CHECKING SOCIAL MEDIA, AND OFFERING TO ASSIST THE SCHOOL WITH FIELD TRIPS AND ADDITIONAL VOLUNTEER OPPORTUNITIES ON THE CAMPUS. PLEASE CONTINUE TO READ WITH YOUR CHILD EACH NIGHT, COMPLETE READING LOGS AND HOMEWORK, AND PRACTICE YOUR MATH FACTS EACH NIGHT.

WE WANT TO EXTEND OUR APPRECIATION TO ALL THE COMMUNITY LEADERS FOR COMING TO OUR SCHOOL WITH DONATIONS, VOLUNTEERING IN THE CLASSROOMS OR BEING MENTORS. YOUR VOICE, EXPERIENCE, AND ENCOURAGEMENT IS VALUED AND RESPECTED. THANK YOU FOR TAKING THE TIME TO COME HERE TO SHOW OUR STUDENTS HOW IMPORTANT IT IS TO BE A PART OF THE SCHOOL AND THE COMMUNITY. THIS IS REALLY SHOWCASING THE PYP IB PHILOSOPHY IN ACTION! WE HAVE LEARNED THAT THE PARENTS, STAFF AND STUDENTS ARE RESILIENT AS WE CONTINUE TO THRIVE TOGETHER. IN THE WORDS OF DR. MARTIN LUTHER KING, "IF YOU CAN'T FLY, THEN RUN. IF YOU CAN'T RUN, TEN WALK. IF YOU CAN'T WALK, THEN CRAWL. NO MATTER WHAT, JUST KEEP ON MOVING." THIS STATEMENT DESCRIBES OUR SCHOOL COMMUNITY. LET US PRACTICE, LOVE, FORGIVENESS, AND HOPE FOR OUR FELLOW PEERS IN THIS MONTH OF FEBRUARY!

## FEBRUARY CALENDAR

FEB. 2- FTE WEEK STARTS  
FEB.2- CANDY GRAM FUNDRAISER  
FEB. 2- AMERICAN HEART  
ASSOCIATION KICKOFF  
FEB. 2- NEHS CHOCOLATE  
FUNDRAISER

FEB. 6- Dress Like a Teacher \$1.00  
FEB. 9-13- BookFair  
FEB. 9- 3<sup>rd</sup> Interim reports go home  
FEB.12- 3<sup>rd</sup> Grade Parent Workshop  
on Promotion and Retention @  
8:45am  
FEB.12- 1<sup>st</sup> Grade IB Performance @  
8:30am

FEB.13- SWEETHEART DANCE 5:30PM-  
7:30PM  
FEB.13- 1<sup>ST</sup> GRADE TO FRASIER FIELD  
FEB.13- EARLY RELEASE@ 12:40PM

FEB.16-PRESIDENTS DAY- NO SCHOOL



# KINDERGARTEN NEWSLETTER

## UPCOMING CURRICULUM TOPICS:

**ELA** - Beginning/Medial/Ending sound, adding/deleting sounds, short vs. long vowel sounds, reading comprehension

**Math** - Composing/Decomposing to 10, number bonds, number lines

**Science** - Comparing Plants



## IB CORNER:

Where We Are In Place & Time  
How location affects our community

## UPCOMING FIELD TRIPS/ DEADLINES:

Be on the lookout for the end of the year field trip paperwork.

## STUDENT RECOGNITION:

Special Shout Out to all our Honor Roll recipients – Keep up the GREAT work!!

# FIRST GRADE NEWSLETTER

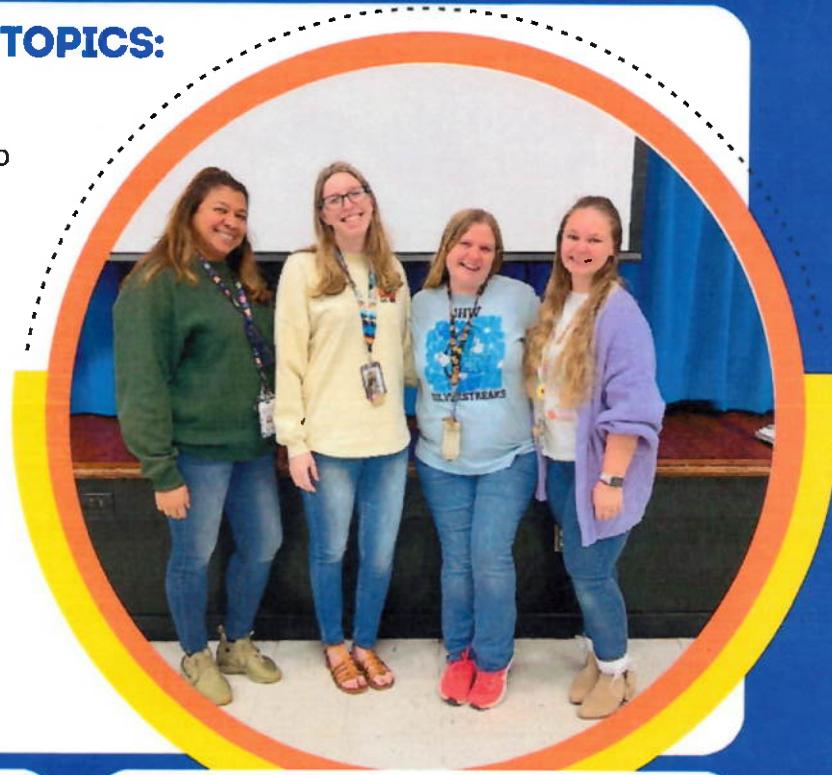


## UPCOMING CURRICULUM TOPICS:

**Math:** Subtracting by making a 10 and two digit numbers, Graphing data and comparing data.

**Reading:** Reading Across Genres, and Author's Purpose

**Science:** Composition of the Earth and its water



## IB CORNER:

### Unit 4: Sharing the Planet

Natural systems build communities and relationships.

## UPCOMING FIELD TRIPS/ DEADLINES:

February 12th - IB Exhibition (Valentine's Day)

February 13th - Fraizer Field Trip / Early Release

February 16th - President's Day (No School)

## STUDENT RECOGNITION:

Special Shout Out to all our Honor Roll recipients – Keep up the GREAT work!!

# SECOND GRADE NEWSLETTER

## UPCOMING CURRICULUM TOPICS:

As our 2nd Graders are continuing to mature, we have noticed the hard work and dedication they are exhibiting. We are encouraging more independence when it comes to displaying what they have learned during Whole Group and Small Group instruction. We cannot express more emphatically the importance of practicing their READING skills at home. Homework will continue to reflect what is being taught in class each week, and students should be able to read and complete their homework independently. Again, please be sure to review the weekly newsletter, which includes our spelling words, vocabulary words, and high-frequency words. Practicing these at home will help support your child's reading skills and build confidence. Below is an overview of the skills and concepts we will be focusing on in the upcoming weeks.

ELA: Key ideas and details in literature: Author's purpose  
Craft and structure in literature:  
Sound and meaning in stories  
Rhythm and meaning in poems and songs  
Parts of a story  
Point of view  
Math: Measuring length  
Partition shapes into equal-sized parts  
3-digit addition and subtraction  
Review skills taught  
Science: Forms of energy: Sound, Electrical, Light, and Heat  
Social Studies: Geography



## IB CORNER:

We are in the beginning of our 4th PYP IB Unit "Where We Are in Place and Time". In this unit the students will explore how advancements have simplified daily tasks. Students will also explore how their opinions and knowledge might change over time.

## UPCOMING EVENTS/ DEADLINES:

Feb. 6th - Wear Your Teacher's Favorite Color Day (\$1)

## STUDENT RECOGNITION:

Special Shout Out to all our Honor Roll recipients –  
Keep up the GREAT work!!

# THIRD GRADE NEWSLETTER

## UPCOMING CURRICULUM TOPICS:

**Reading**- This month's reading topics we will be focusing on Summarizing a Text, Inferencing and Character Development within different texts.

**Math**- This month's math topics we will continue to work on Multi-Step and Multi-Operational Word Problems and Introduce the Geometry standards relating to Quadrilaterals and their characteristics along with Symmetry and Rays, Lines and Line Segments.

**Science**- This month's science topics we will continue to work in the Life Science unit by finishing up the Plants related standards and begin to work on our Animal related standards.

**Social Studies** - This month's Social Studies topics we will be working on learning about Black History and Geography.



## IB CORNER:

We are working in our fourth transdisciplinary unit of the year of "Sharing the Planet"

We are focusing on the rights and responsibilities in the struggle to share infinite resources with other people and with other living things. Understanding our actions have a significant impact on the environment and the living things that share our planet.

## STUDENT RECOGNITION:

"Top BRICK"

### Reflective:

1. Khyrie Jackson
2. Yandel Gonzalez
3. A'Kairi Valentin

### Grit:

1. Karma Washington
2. Amina Richardson
3. Dylan Taylor

## UPCOMING FIELD TRIPS/ DEADLINES:

**February 12th** - 3rd Grade

Promotion/Retention Meeting 8:45am

**February 13th** - Sweetheart Dance 5:30-7:30

**February 16th** - No School (Presidents Day)

# FOURTH GRADE NEWSLETTER

## UPCOMING CURRICULUM TOPICS:

**ELA-** ELA. 4R.1.2 Explain a Theme; ELA.4.RL.1.2 Summarize a Story; ELA. 4.R.1.1 Analyze a Story

**Math-** 4.FR.1.3 Fractions, Equivalence and Ordering

**Science-** Forms of Energy SC.4P.10.1; SC.4P.10.2; SC.4 P.10.3; SC.4P. 10.4



## IB CORNER:

**Unit of Inquiry:** Who We Are

**Transdisciplinary Theme:** What it Means to be Human

**Central Idea:** Life's Events Impact our Personal Growth

**Learner Profiles:** Caring, Reflective, Risk-Takers

## UPCOMING FIELD TRIPS/ DEADLINES:

**February 9th-** Interim Reports Go Out This Week

**February 10th-** NAEP Testing (Select Students)

**February 13th-** Early Release & Valentine's Dance

## STUDENT RECOGNITION:

A special shout out to Caspian Pierre, Sthephaney Morales Carias, Cindeera Nanchipen, Shamar Howard, Julee Hernandez, and Jamal Ernest for participating in the MLK Oratorical during our last Unit of Inquiry "How We Express Ourselves." These students exhibited Learner Profiles such as Courageous, Risk-Takers, Principled, and Communicators all in one Learning Experience.

# FIFTH GRADE NEWSLETTER

## UPCOMING CURRICULUM TOPICS:

**Math** - adding and subtracting fractions....we will be making chex mix to practice this strategy.

**Math and Science**....we will be working on creating a habitat for Ms Gunn's baby tortoise, Frank. The students will have to design and engineer this habitat.

Also for science we will be discussing circuits and creating light up valentines day cards.

**ELA** - We will be reading and analyzing informational texts as well as identifying authors purpose specifically for informational text.

**Social Studies** - we will be studying the history of communication



## IB CORNER:

How We Organize Ourselves

## STUDENT RECOGNITION:

Special Shout Out to all our Honor Roll recipients – Keep up the GREAT work!!

## UPCOMING FIELD TRIPS/ DEADLINES:

5th grade Tshirt money is due by the end of February.

Please be sure to send in two baby photos of your child for fifth grade graduation. NO more than 2, please.

Fifth grade Lake Wales Charter School Soccer game will be held on February 19th.

# February 2026

Janie Howard Wilson Elementary

Breakfast

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|---|---|---|---|
| <b>2</b><br>Breakfast Entrée<br>• Fluffy Jumbo Waffles w/<br>Turkey Sausage<br>• Apple Cinnamon Cheerios<br>Cereal<br>• Cheerios Cereal<br>• Strawberry Banana Yogurt<br>Cup<br>Grain<br>• Whole Grain Honey Graham<br>Crackers<br>Fruit<br>• Fresh Apple<br>• 100% Fruit Punch Juice<br>• Strawberry Craisins<br>Milk<br>• Fat Free Chocolate Milk Local<br>• 1% Low Fat White Milk Local | <b>3</b><br>Breakfast Entrée<br>• Delicious Blueberry Muffin<br>• Strawberry Banana Yogurt<br>Cup<br>Grain<br>• Whole Grain Honey Graham<br>Crackers<br>Fruit<br>• 100% Apple Juice<br>• Applesauce Cup<br>• Strawberry Craisins<br>Milk<br>• Fat Free Chocolate Milk Local<br>• 1% Low Fat White Milk Local  | <b>4</b><br>Breakfast Entrée<br>• Turkey Ham & Cheese Biscuit<br>Sandwich<br>• Multi-Grain Cheerios Cereal<br>w/ Graham Crackers<br>• Cinnamon Chex Cereal<br>• Strawberry Banana Yogurt<br>Cup<br>Grain<br>• Whole Grain Honey Graham<br>Crackers<br>Fruit<br>• Fresh Orange Slices<br>• 100% Fruit Punch Juice<br>• Strawberry Craisins<br>Milk<br>• Fat Free Chocolate Milk Local<br>• 1% Low Fat White Milk Local                             | <b>5</b><br>Breakfast Entrée<br>• Glazed Cinnamon Roll<br>Sandwich<br>• Multi-Grain Cheerios Cereal<br>w/ Graham Crackers<br>• Cinnamon Chex Cereal<br>• Strawberry Banana Yogurt<br>Cup<br>Grain<br>• Whole Grain Honey Graham<br>Crackers<br>Fruit<br>• Fresh Banana<br>• 100% Apple Juice<br>• Strawberry Craisins<br>Milk<br>• Fat Free Chocolate Milk Local<br>• 1% Low Fat White Milk Local | <b>6</b><br>Breakfast Entrée<br>• Scratch-Made French Toast<br>Casserole<br>• Multi-Grain Cheerios Cereal<br>w/ Graham Crackers<br>• Strawberry Banana Yogurt<br>Cup<br>Grain<br>• Whole Grain Honey Graham<br>Crackers<br>Fruit<br>• Fresh Apple<br>• 100% Fruit Punch Juice<br>• Strawberry Craisins<br>Milk<br>• Fat Free Chocolate Milk Local<br>• 1% Low Fat White Milk Local                |
| <b>9</b><br>Breakfast Entrée<br>• Savory Breakfast on a Stick<br>• Cheerios Cereal<br>• Apple Cinnamon Cheerios<br>Cereal<br>• Strawberry Banana Yogurt<br>Cup<br>Grain<br>• Whole Grain Honey Graham<br>Crackers<br>Fruit<br>• Fresh Apple<br>• 100% Fruit Punch Juice<br>• Strawberry Craisins<br>Milk<br>• Fat Free Chocolate Milk Local<br>• 1% Low Fat White Milk Local               | <b>10</b><br>Breakfast Entrée<br>• Chicken & Waffle<br>• Cheerios Cereal<br>• Apple Cinnamon Cheerios<br>Cereal<br>• Strawberry Banana Yogurt<br>Cup<br>Grain<br>• Whole Grain Honey Graham<br>Crackers<br>Fruit<br>• 100% Apple Juice<br>• Applesauce Cup<br>• Milk<br>• Fat Free Chocolate Milk Local<br>• 1% Low Fat White Milk Local  | <b>11</b><br>Breakfast Entrée<br>• Turkey Sausage Breakfast<br>Pizza<br>• Multi-Grain Cheerios Cereal<br>w/ Graham Crackers<br>• Cinnamon Chex Cereal<br>• Strawberry Banana Yogurt<br>Cup<br>Grain<br>• Whole Grain Honey Graham<br>Crackers<br>Fruit<br>• Fresh Orange Slices<br>• 100% Fruit Punch Juice<br>• Strawberry Craisins<br>Milk<br>• Fat Free Chocolate Milk Local<br>• 1% Low Fat White Milk Local                                  | <b>12</b><br>Breakfast Entrée<br>• Turkey Ham & Cheese<br>Croissant Sandwich<br>• Multi-Grain Cheerios Cereal<br>w/ Graham Crackers<br>• Cinnamon Chex Cereal<br>• Strawberry Banana Yogurt<br>Cup<br>Fruit<br>• Fresh Banana<br>• 100% Apple Juice<br>• Strawberry Craisins<br>Milk<br>• Fat Free Chocolate Milk Local<br>• 1% Low Fat White Milk Local  | <b>13</b><br>Breakfast Entrée<br>• Savory Breakfast on a Stick<br>• Multi-Grain Cheerios Cereal<br>w/ Graham Crackers<br>• Strawberry Banana Yogurt<br>Cup<br>Grain<br>• Whole Grain Honey Graham<br>Crackers<br>Fruit<br>• Fresh Apple<br>• 100% Fruit Punch Juice<br>• Strawberry Craisins<br>Milk<br>• Fat Free Chocolate Milk Local<br>• 1% Low Fat White Milk Local                          |
| <b>16</b><br>no school   | <b>17</b><br>Breakfast Entrée<br>• French Toast Sticks w/ Turkey<br>Sausage<br>• Cheerios Cereal<br>• Apple Cinnamon Cheerios<br>Cereal<br>• Strawberry Banana Yogurt<br>Cup<br>Grain<br>• Whole Grain Honey Graham<br>Crackers<br>Fruit<br>• Strawberry Craisins<br>• 100% Apple Juice<br>• Applesauce Cup<br>Milk<br>• Fat Free Chocolate Milk Local<br>• 1% Low Fat White Milk Local | <b>18</b><br>Breakfast Entrée<br>• Breakfast,<br>Sandwich,Biscuit,Chicken<br>MWWM Tender, (.5M,2.25G)<br>• Multi-Grain Cheerios Cereal<br>w/ Graham Crackers<br>• Cinnamon Chex Cereal<br>• Strawberry Banana Yogurt<br>Cup<br>Grain<br>• Whole Grain Honey Graham<br>Crackers<br>Fruit<br>• Fresh Orange Slices<br>• 100% Fruit Punch Juice<br>• Strawberry Craisins<br>Milk<br>• Fat Free Chocolate Milk Local<br>• 1% Low Fat White Milk Local | <b>19</b><br>Breakfast Entrée<br>• Cheesy Scrambled Eggs<br>• Multi-Grain Cheerios Cereal<br>w/ Graham Crackers<br>• Cinnamon Chex Cereal<br>• Strawberry Banana Yogurt<br>Cup<br>Grain<br>• Golden Whole Grain Toast<br>Fruit<br>• Fresh Banana<br>• 100% Apple Juice<br>• Strawberry Craisins<br>Milk<br>• Fat Free Chocolate Milk Local<br>• 1% Low Fat White Milk Local                       | <b>20</b><br>Breakfast Entrée<br>• Cinnamon & Sugar Donut<br>Holes<br>• Cheerios Cereal<br>• Multi-Grain Cheerios Cereal<br>w/ Graham Crackers<br>• Strawberry Banana Yogurt<br>Cup<br>Grain<br>• Whole Grain Honey Graham<br>Crackers<br>Fruit<br>• Fresh Apple<br>• 100% Fruit Punch Juice<br>• Strawberry Craisins<br>Milk<br>• Fat Free Chocolate Milk Local<br>• 1% Low Fat White Milk Local |

|   |  |   |  |  |
|---|--|---|--|--|
| 23  | 24   | 25  | 26   | 27   |
| <p>Breakfast Entrée</p> <ul style="list-style-type: none"> <li>• Chicken &amp; Waffle</li> <li>• Apple Cinnamon Cheerios Cereal</li> <li>• Cheerios Cereal</li> <li>• Strawberry Banana Yogurt Cup</li> </ul> <p>Grain</p> <ul style="list-style-type: none"> <li>• Whole Grain Honey Graham Crackers</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• Fresh Apple</li> <li>• 100% Fruit Punch Juice</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• Fat Free Chocolate Milk Local</li> <li>• 1% Low Fat White Milk Local</li> </ul> | <p>Breakfast Entrée</p> <ul style="list-style-type: none"> <li>• Turkey Sausage Breakfast Pizza</li> <li>• Cheerios Cereal</li> <li>• Apple Cinnamon Cheerios Cereal</li> <li>• Strawberry Banana Yogurt Cup</li> </ul> <p>Grain</p> <ul style="list-style-type: none"> <li>• Whole Grain Honey Graham Crackers</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• Strawberry Craisins</li> <li>• 100% Apple Juice</li> <li>• Applesauce Cup</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• Fat Free Chocolate Milk Local</li> <li>• 1% Low Fat White Milk Local</li> </ul> | <p>Breakfast Entrée</p> <ul style="list-style-type: none"> <li>• Fluffy Pancakes</li> <li>• Multi-Grain Cheerios Cereal w/ Graham Crackers</li> <li>• Cinnamon Chex Cereal</li> <li>• Strawberry Banana Yogurt Cup</li> </ul> <p>Grain</p> <ul style="list-style-type: none"> <li>• Whole Grain Honey Graham Crackers</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• Fresh Orange Slices</li> <li>• 100% Fruit Punch Juice</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• Fat Free Chocolate Milk Local</li> <li>• 1% Low Fat White Milk Local</li> </ul> | <p>Breakfast Entrée</p> <ul style="list-style-type: none"> <li>• Egg &amp; Cheese Croissant Sandwich</li> <li>• Multi-Grain Cheerios Cereal w/ Graham Crackers</li> <li>• Cinnamon Chex Cereal</li> <li>• Strawberry Banana Yogurt Cup</li> </ul> <p>Grain</p> <ul style="list-style-type: none"> <li>• Whole Grain Honey Graham Crackers</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• Fresh Banana</li> <li>• 100% Apple Juice</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• Fat Free Chocolate Milk Local</li> <li>• 1% Low Fat White Milk Local</li> </ul> | <p>Breakfast Entrée</p> <ul style="list-style-type: none"> <li>• Glazed Cinnamon Roll</li> <li>• Multi-Grain Cheerios Cereal w/ Graham Crackers</li> <li>• Strawberry Banana Yogurt Cup</li> </ul> <p>Grain</p> <ul style="list-style-type: none"> <li>• Whole Grain Honey Graham Crackers</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• Fresh Apple</li> <li>• 100% Fruit Punch Juice</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• Fat Free Chocolate Milk Local</li> <li>• 1% Low Fat White Milk Local</li> </ul> |

This institution is an equal opportunity provider

This information and the Menus can change regularly and foods are substituted periodically without notice. To obtain the most up-to-date information, contact your school's cafe manager.

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# February 2026

Janie Howard Wilson Elementary

Lunch

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|---|---|---|---|
| <b>2</b><br>Lunch Entrée<br>• Chicken Nuggets w/Roll<br>• Cheese Stuffed Breadsticks w/Marinara<br>• Italian Sub<br>Vegetables<br>• Spiced Green Beans<br>• Fresh Baby Carrots<br>• Fresh Broccoli Florets<br>• Fresh Celery Sticks<br>Fruit<br>• 100% Grape Juice<br>• Cinnamon Applesauce<br>• Strawberry Craisins<br>Milk<br>• 1% Low Fat White Milk Local<br>• Fat Free Chocolate Milk Local<br>• Fat Free Strawberry Milk Local                                     | <b>3</b><br>Lunch Entrée<br>• BBQ Chicken Panini<br>• Grilled Cheeseburger<br>• Crispy Chicken Nugget Salad w/Croutons<br>Vegetables<br>• Cheesy Refried Beans<br>• Fresh Baby Carrots<br>• Fresh Broccoli Florets<br>• Fresh Celery Sticks<br>• Fresh Salsa<br>Fruit<br>• Diced Pears<br>• 100% Fruit Punch Juice<br>• Strawberry Craisins<br>Milk<br>• 1% Low Fat White Milk Local<br>• Fat Free Chocolate Milk Local<br>• Fat Free Strawberry Milk Local   | <b>4</b><br>Lunch Entrée<br>• Creamy Garlic Chicken over Penne<br>• Crispy Chicken Patty Sandwich<br>• Italian Sub<br>Vegetables<br>• Seasoned Peas & Carrots<br>• Fresh Baby Carrots<br>• Fresh Celery Sticks<br>• Fresh Broccoli Florets<br>Fruit<br>• 100% Apple Juice<br>• Fresh Orange Slices<br>• Strawberry Craisins<br>Milk<br>• 1% Low Fat White Milk Local<br>• Fat Free Chocolate Milk Local<br>• Fat Free Strawberry Milk Local   | <b>5</b><br>Lunch Entrée<br>• Creamy Macaroni & Cheese<br>• Breaded Chicken Tenders w/Toast<br>• Crispy Chicken Nugget Salad w/Croutons<br>Vegetables<br>• Mashed Potatoes<br>• Fresh Baby Carrots<br>• Fresh-Cut Cucumber Slices<br>• Garbanzo Bean & Tomato Salad<br>Fruit<br>• 100% Grape Juice<br>• Fresh Banana<br>• Strawberry Craisins<br>Milk<br>• 1% Low Fat White Milk Local<br>• Fat Free Chocolate Milk Local<br>• Fat Free Strawberry Milk Local | <b>6</b><br>Lunch Entrée<br>• Delicious Cheese Pizza<br>• Turkey Ham Hawaiian Pizza<br>Vegetables<br>• Peppered Broccoli Florets<br>• Side Salad<br>Fruit<br>• 100% Apple Juice<br>• Fresh Apple<br>• Strawberry Craisins<br>Milk<br>• 1% Low Fat White Milk Local<br>• Fat Free Chocolate Milk Local<br>• Fat Free Strawberry Milk Local |
| <b>9</b><br>Lunch Entrée<br>• Golden Chicken Corn Dog<br>• Down Home Chicken & Waffles<br>• Peanut Butter & Jelly Uncrustable w/ Cheese & Goldfish<br>Vegetables<br>• Buttery Steamed Corn<br>• Fresh Baby Carrots<br>• Fresh Broccoli Florets<br>• Fresh Tomato Wedges<br>Fruit<br>• 100% Apple Juice<br>• Cinnamon Applesauce<br>• Strawberry Craisins<br>Milk<br>• 1% Low Fat White Milk Local<br>• Fat Free Chocolate Milk Local<br>• Fat Free Strawberry Milk Local | <b>10</b><br>Lunch Entrée<br>• Spaghetti Meatsauce<br>• Beef Nachos<br>• Turkey Ham & Cheese Salad<br>Grain<br>• Homemade Croutons<br>Vegetables<br>• Charro Beans<br>• Fresh Baby Carrots<br>• Fresh Cucumber with Zesty Lemon & Chili<br>• Fresh Broccoli Florets<br>• Fresh Salsa<br>Fruit<br>• 100% Grape Juice<br>• Mixed Tropical Fruit<br>• Strawberry Craisins<br>Milk<br>• 1% Low Fat White Milk Local<br>• Fat Free Chocolate Milk Local<br>• Fat Free Strawberry Milk Local  | <b>11</b><br>Lunch Entrée<br>• Orange Chicken w/ Brown Rice<br>• Peanut Butter & Jelly Uncrustable w/ Cheese & Goldfish<br>Grain<br>• Seasoned Brown Rice<br>Vegetables<br>• Peppered Broccoli Florets<br>• Fresh Baby Carrots<br>• Fresh Broccoli Florets<br>• Fresh-Cut Cucumber Slices<br>Fruit<br>• 100% Apple Juice<br>• Fresh Orange<br>• Strawberry Craisins<br>Milk<br>• 1% Low Fat White Milk Local<br>• Fat Free Chocolate Milk Local<br>• Fat Free Strawberry Milk Local | <b>12</b><br>Lunch Entrée<br>• Mini Calzones<br>• Peanut Butter & Jelly Uncrustable w/ Cheese & Goldfish<br>Vegetables<br>• Spiced Green Beans<br>• Fresh Baby Carrots<br>• Fresh-Cut Cucumber Slices<br>• Roasted Garbanzo Beans<br>Fruit<br>• 100% Fruit Punch Juice<br>• Fresh Banana<br>• Strawberry Craisins<br>Milk<br>• 1% Low Fat White Milk Local<br>• Fat Free Chocolate Milk Local<br>• Fat Free Strawberry Milk Local                             | <b>13</b><br>Lunch Entrée<br>• Peanut Butter & Jelly Uncrustable w/ Cheese & Goldfish<br>Vegetables<br>• Fresh Baby Carrots<br>Fruit<br>• Fresh Orange<br>• 100% Apple Juice<br>Milk<br>• 1% Low Fat White Milk Local<br>• Fat Free Chocolate Milk Local<br>• Fat Free Strawberry Milk Local  |
| <b>16</b><br>no school   | <b>17</b><br>Lunch Entrée<br>• Fresh-Made Cheesy Chicken Tacos on Flour Tortillas<br>• Grilled Cheeseburger<br>• Fresh BBQ Chicken Salad<br>Grain<br>• Toasted Garlic Bread<br>Vegetables<br>• Mexican Pinto Beans<br>• Fresh-Cut Cucumber Slices<br>• Fresh Baby Carrots<br>• Fresh Broccoli Florets<br>• Fresh Salsa<br>Fruit<br>• Sweet Diced Peaches<br>• 100% Fruit Punch Juice<br>• Strawberry Craisins<br>Milk<br>• 1% Low Fat White Milk Local<br>• Fat Free Chocolate Milk Local<br>• Fat Free Strawberry Milk Local | <b>18</b><br>Lunch Entrée<br>• Beefy Macaroni Marinara w/ Roll<br>• Crispy Chicken Patty Sandwich<br>• Fresh Turkey & Cheese Sub<br>Vegetables<br>• Buttery Steamed Corn<br>• Fresh Baby Carrots<br>• Fresh Broccoli Florets<br>• Fresh-Cut Cucumber Slices<br>Fruit<br>• 100% Apple Juice<br>• Fresh Orange Slices<br>• Strawberry Craisins<br>Milk<br>• 1% Low Fat White Milk Local<br>• Fat Free Chocolate Milk Local<br>• Fat Free Strawberry Milk Local                        | <b>19</b><br>Lunch Entrée<br>• Popcorn Chicken<br>• Hot Dog (Pork-Free)<br>• Fresh BBQ Chicken Salad<br>Vegetables<br>• Zingy Crinkle Fries<br>• Fresh Baby Carrots<br>• Fresh-Cut Cucumber Slices<br>• Fresh Celery Sticks<br>Fruit<br>• Fresh Banana<br>• 100% Fruit Punch Juice<br>• Strawberry Craisins<br>Milk<br>• 1% Low Fat White Milk Local<br>• Fat Free Chocolate Milk Local<br>• Fat Free Strawberry Milk Local                                   | <b>20</b><br>Lunch Entrée<br>• Delicious Cheese Pizza<br>• Classic Pepperoni Pizza<br>Vegetables<br>• Side Salad<br>• Fresh Baby Carrots<br>Fruit<br>• 100% Apple Juice<br>• Fresh Red Apple<br>• Strawberry Craisins<br>Milk<br>• 1% Low Fat White Milk Local<br>• Fat Free Chocolate Milk Local<br>• Fat Free Strawberry Milk Local     |

|   |  |   |   |  |
|---|--|---|---|--|
| 23  | 24   | 25  | 26  | 27   |
| <p>Lunch Entrée</p> <ul style="list-style-type: none"> <li>• Large Spaghetti Meatsauce</li> <li>• Golden Chicken Corn Dog</li> <li>• PB &amp; Jelly Uncrustable w/ String Cheese &amp; Graham Cracker</li> </ul> <p>Vegetables</p> <ul style="list-style-type: none"> <li>• Spiced Green Beans</li> <li>• Fresh Baby Carrots</li> <li>• Fresh Broccoli Florets</li> <li>• Fresh Cucumber with Zesty Lemon &amp; Chili</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• 100% Grape Juice</li> <li>• Cinnamon Applesauce</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• 1% Low Fat White Milk Local</li> <li>• Fat Free Chocolate Milk Local</li> <li>• Fat Free Strawberry Milk Local</li> </ul> | <p>Lunch Entrée</p> <ul style="list-style-type: none"> <li>• Cheesy Chicken Quesadilla</li> <li>• Crispy Chicken Patty Sandwich</li> <li>• Pepperoni Pizza Power Pack Vegetables</li> <li>• Homemade Seasoned Beans Baked</li> <li>• Fresh Baby Carrots</li> <li>• Fresh Broccoli Florets</li> <li>• Fresh Tomato Wedges</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• Sweet Diced Peaches</li> <li>• 100% Fruit Punch Juice</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• 1% Low Fat White Milk Local</li> <li>• Fat Free Chocolate Milk Local</li> <li>• Fat Free Strawberry Milk Local</li> </ul> | <p>Lunch Entrée</p> <ul style="list-style-type: none"> <li>• Chicken Teriyaki w/ Rice &amp; Vegetables</li> <li>• Hot Dog (Pork-Free)</li> <li>• PB &amp; Jelly Uncrustable w/ String Cheese &amp; Graham Cracker</li> <li>• Steamed Crinkle Carrots</li> <li>• Fresh Baby Carrots</li> <li>• Fresh Cucumber with Zesty Lemon &amp; Chili</li> <li>• Green Bell Pepper</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• 100% Apple Juice</li> <li>• Fresh Orange</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• 1% Low Fat White Milk Local</li> <li>• Fat Free Chocolate Milk Local</li> <li>• Fat Free Strawberry Milk Local</li> </ul> | <p>Lunch Entrée</p> <ul style="list-style-type: none"> <li>• Baked Shepherds Pie w/ Roll</li> <li>• Grilled Cheeseburger</li> <li>• Pepperoni Pizza Power Pack Vegetables</li> <li>• Zingy Crinkle Fries</li> <li>• Fresh Baby Carrots</li> <li>• Fresh-Cut Cucumber Slices</li> <li>• Fresh Celery Sticks</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• Fresh Banana</li> <li>• 100% Apple Juice</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• 1% Low Fat White Milk Local</li> <li>• Fat Free Chocolate Milk Local</li> <li>• Fat Free Strawberry Milk Local</li> </ul> | <p>Lunch Entrée</p> <ul style="list-style-type: none"> <li>• Classic Pepperoni Pizza</li> <li>• Delicious Cheese Pizza</li> <li>• Vegetables</li> <li>• Fresh Baby Carrots</li> </ul> <p>Fruit</p> <ul style="list-style-type: none"> <li>• 100% Apple Juice</li> <li>• Fresh Apple</li> <li>• Strawberry Craisins</li> </ul> <p>Milk</p> <ul style="list-style-type: none"> <li>• 1% Low Fat White Milk Local</li> <li>• Fat Free Chocolate Milk Local</li> <li>• Fat Free Strawberry Milk Local</li> </ul> |

This institution is an equal opportunity provider

This information and the Menus can change regularly and foods are substituted periodically without notice. To obtain the most up-to-date information, contact your school's cafe manager.

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JHW 1ST GRADE PRESENTS  
**A VALENTINE  
IB EXHIBITION & MUSIC CONCERT**

**Thursday February 12<sup>th</sup>**

**8:00 am Check In will begin**

**8:30 am - Gates Open &**

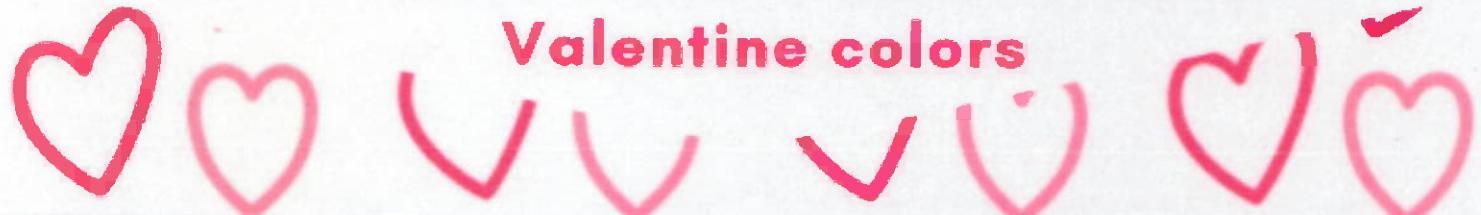
**Parents to Classrooms**

**9:00 am: Music Show**

**Guests must present an ID or check JHW  
Social Media to Pre-Register.**

**1st graders will need to wear**

**Valentine colors**



# PARENT & CHILD SWEETHEART DANCE

FEBRUARY 13TH PRE-K - 5TH 5:30-7:30 PM

LOCATION: JHW CAFETERIA

TICKETS \$5 PER PERSON ON SALE NOW

PRESALE TICKETS ONLY!

NO TICKETS WILL BE SOLD THE NIGHT OF THE EVENT

CONCESSION SNACKS \$1.00 EACH

PICTURES FOR \$5.00 CASH ONLY

DRESS YOUR BEST TO IMPRESS &  
BRING YOUR SPECIAL FAMILY MEMBERS  
(JHW STUDENTS ONLY)

QUESTIONS CONTACT: TRISHA.YATES@LWCHARTERSCHOOLS.COM

fill out the google form and send in the money or send in the  
money with the bottom half of this form.

Google form link or QR code: <https://tinyurl.com/JHWSHD2026>

Student Name: \_\_\_\_\_

Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

Number of Tickets: \_\_\_\_\_

Emergency Contact Number: \_\_\_\_\_

