

# Offer Versus Serve

Offer versus serve (OVS) allows students to decline some of the food offered in a reimbursable lunch or breakfast. The goals of OVS are to allow students to decline some of the foods offered and to reduce food waste.

## Definitions

- ✓ Food Component: One of the food groups that comprise a reimbursable meal (Examples: fruit, grain, milk)
- ✓ Food Item: A specific food offered within the food components (Example: muffin, apple, pizza)

## General Requirements

- ✓ Student's option to decline item(s)
- ✓ Meals are priced as a unit, even if a component(s) or item(s) are declined.
- ✓ Full amount of each component must be available to choose

## Lunch OVS Requirements

- ✓ Required at senior high school/optional at lower grades
- ✓ Student must select 3 of the five components, in the planned serving size
- ✓ Student must select at least ½ cup serving of fruit and/or vegetable as one of the components selected

## Breakfast OVS Requirements

- ✓ Optional at all grade levels
- ✓ Menu must include at least 4 food items
- ✓ Student must select at least 3 food items
  - For grains (or meat/meat alternate offered as grains) and milk, the student must select the daily minimum required amount
- ✓ Student must select at least ½ cup fruit as one of the items selected.

This institution is an equal opportunity provider. 



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**Fruit**

- Must choose 1 or 2 items (must have at least 1)

**Grains & Meat**

- May choose 1 or 2 items (some items count as 2)

**Milk**

- May choose 1 item

**Check your Tray...**

Do you have a fruit ?

YES

Do you have 2 or 3 other items?

YES

**Enjoy your Breakfast!**



# L U N C H

## \*Meat/Meat Alternate

- May choose 1 serving

## \*Grains

- May choose 1 serving

## \*\*Fruit

- May choose 1 or 2 servings

## \*\*Vegetables

- May choose 1 or more servings

## Milk

- May choose 1 serving

## Check your Tray...

Do you have a fruit or a vegetable?

YES

Do you have at least 2 other items?

YES

Enjoy your lunch!

\*Some items may count as 2 \*\*Must have at least 1 fruit or vegetable