

Nadaburg Unified School District

Breakfast and Lunch Menu

October 2023



**MOUNTAIN INSIDE
HIGH SCHOOL**

Monday	Tuesday	Wednesday	Thursday
<p>2</p> <p>Cheerios Cereal Bar Kit, Apple, Milk</p> <p>Corn Dog</p> <p>Pizza</p> <p>Fruit and Vegetables</p> <p>Milk</p>	<p>3</p> <p>Banana Bread, Applesauce, Juice, Milk</p> <p>Orange Chicken</p> <p>Pizza</p> <p>Fruit and Vegetables</p> <p>Milk</p>	<p>4</p> <p>Maple Mini Pancake, Applesauce, Juice, Milk</p> <p>Cheeseburger</p> <p>Pizza</p> <p>Fruit and Vegetables</p> <p>Milk</p>	<p>5</p> <p>Mini Powdered Sugar Donuts, Applesauce, Juice, Milk</p> <p>Deep Dish Pizza Cheese</p> <p>Chicken Patty Sandwich</p> <p>Fruit and Vegetables</p> <p>Milk</p>
<p>9</p> <p>Cinnamon Toast Crunch Cereal Kit, Apple, Milk</p> <p>Burrito with Churro</p> <p>Pizza</p> <p>Fruit and Vegetables</p> <p>Milk</p>	<p>10</p> <p>Apple Frudel, Applesauce, Juice, Milk</p> <p>Popeorn Chicken</p> <p>Pizza</p> <p>Fruit and Vegetables</p> <p>Milk</p>	<p>11</p> <p>Mini French Toast Tripple Berry Blast, Applesauce, Juice, Milk</p> <p>Croissant Sandwich</p> <p>Pizza</p> <p>Fruit and Vegetables</p> <p>Milk</p>	<p>12</p> <p>Banana Choc Chunk Bar, Apple, Juice, Milk</p> <p>PBJ Sandwich</p> <p>Chicken Patty Sandwich</p> <p>Fruit and Vegetables</p> <p>Milk</p>
<p>16</p>	<p>17</p>	<p>18</p>	<p>19</p>
<p><i>Happy Fall Break!</i></p>			
<p>23</p> <p>Cocoa puffs cereal kit, Apple, Milk</p> <p>Mc Ribb Sandwich</p> <p>Pizza</p> <p>Fruit and Vegetables</p> <p>Milk</p>	<p>24</p> <p>Mini chocolate donuts, Applesauce, Juice, Milk</p> <p>Salisbury Steak</p> <p>Pizza</p> <p>Fruit and Vegetables</p> <p>Milk</p>	<p>25</p> <p>Pancake Sandwich, Applesauce, Juice, Milk</p> <p>Milkshake, Applesauce, Juice, Milk</p> <p>Orange Chicken</p> <p>Pizza</p> <p>Fruit and Vegetables</p> <p>Milk</p>	<p>26</p> <p>Oatmeal Choc Chip BeneFit Bar, Applesauce, Juice, Milk</p> <p>Big Daddy Pizza Pepperoni</p> <p>Chicken Patty Sandwich</p> <p>Fruit and Vegetables</p> <p>Milk</p>
<p>30</p> <p>Trix Cereal Kit, Apple, Milk</p> <p>Tostitos Scoops with Bean Dip</p> <p>Pizza</p> <p>Fruit and Vegetables</p> <p>Milk</p>	<p>31</p> <p>Chocolate Chip Muffin, Applesauce, Juice, Milk</p> <p>Chicken Patty Sandwich</p> <p>Pizza</p> <p>Fruit and Vegetables</p> <p>Milk</p>	<p>Notes</p>	

Menu items subject to change due to availability
This institution is an equal opportunity provider.

Breakfast \$1.35 (Reduced \$0.30)

Lunch \$3.30 (Reduced \$0.40)

Daily Breakfast Offerings:

Choice of featured entrée or cereal breakfast kit with fruit and milk (white or chocolate)

Daily Lunch Offerings:

Choice between 2 entrees (one listed on the menu and the second being manager's choice) with milk (white or chocolate), fruit and vegetables.

Peanut butter may be the second option on the menu. Please notify staff if your child(ren) has a nut allergy