



OCTOBER 2026



Dyersburg High School Menus - Breakfast (☀️) and Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Breakfast (☀️) and lunch are FREE to all students of Dyersburg City Schools. At lunch, students must select at least 3 items and are encouraged to select 5 items. Students must choose a ½ cup of fruit or a vegetable. Additional daily lunch offerings: • Smart Mouth Pizza • Fruit ☀️ Additional daily breakfast offerings: • Fresh fruit • Fresh juice • Choice of milk
5 FALL BREAK - NO CLASSES THIS WEEK	6 FALL BREAK - NO CLASSES THIS WEEK	7 FALL BREAK - NO CLASSES THIS WEEK	8 FALL BREAK - NO CLASSES THIS WEEK	9 FALL BREAK - NO CLASSES THIS WEEK	
12 No Classes - PD Day 	13 ☀️ Yogurt Parfait Poppyseed Chicken Roll Broccoli Salad California Blend Vegetables	14 ☀️ Chicken & Biscuit Italian Meatball Sub Oven Fries Lima Beans	15 ☀️ Cinni Minis Taco Beef Fajita Chicken Tortilla Chips or Wrap Refried Beans Taco Toppings	16 ☀️ Breakfast Bagel Boom Boom Chicken Sweet Potato Puffs Garden Salad Ranch Dressing Pickle Spear	
19 ☀️ Pop-Tarts Chicken Nuggets Roll Creamy Potatoes Romaine Salad Ranch Dressing	20 ☀️ Sausage & Biscuit Taco Pizza Bites Fiesta Taco Beans Cucumbers & Tomatoes	21 ☀️ Breakfast Burrito BBQ Riblet Sub Corn Baked Beans Coleslaw	22 ☀️ French Toast Breaded Chicken Sandwich Sweet Potato Fries Pickle Spear Sandwich Toppings	23 ☀️ Turkey Pancake Wrap Hamburger/Cheeseburger French Fries Baked Beans Sandwich toppings	
26 ☀️ Assorted Cereal Bars Vegetable Beef Soup Cheese Toast Romaine Salad Carrots Ranch Dressing	27 ☀️ Pizza Bagel Chicken Rotel Roll Stir Fry Vegetables Cucumbers & Tomatoes	28 ☀️ Steak & Biscuit Pork Chop Steak w/Country Gravy Roll Loaded Mashed Potatoes Glazed Carrots	29 ☀️ Waffles Spaghetti Garlic Breadstick Roasted Squash & Zucchini Green Beans	30 ☀️ Muffin Chili Frito Pie Garden Salad Mexican Chili Beans Salsa	



Download the SchoolCafe app to add money to your child's cafeteria account.



Menus are subject to change due to product availability.



This institution is an equal opportunity provider, employer, and lender.



All meals are served with a choice of white milk or flavored milk.