

## Franklin County School District Breakfast Menu

| Aug - 26  | Aug - 27   | Aug - 28   | Aug - 29   | Aug - 30   |
|---|--|--|--|--|
| Waffles<br>Maple Syrup<br>Or Toaster Pastry<br>AND Cereal<br>Yogurt<br>Choice of Fruit<br>Assorted Fruit Juices<br>Choice of Milk | Southern Biscuit<br>Or Toaster Pastry<br>AND Cereal<br>Sausage Patty<br>Yogurt<br>Choice of Fruit<br>Assorted Fruit Juices<br>Choice of Milk<br>Assorted Jellies | Grits<br>Cereal<br>Toast<br>Assorted Jellies<br>String Cheese<br>Yogurt<br>Choice of Fruit<br>Assorted Fruit Juices<br>Choice of Milk<br>Margarine | Banana Breakfast Bread<br>String Cheese<br>Or Toaster Pastry<br>AND Cereal<br>Yogurt<br>Choice of Fruit<br>Assorted Fruit Juices<br>Choice of Milk | Apple Frudel<br>Or Toaster Pastry<br>AND Cereal<br>String Cheese<br>Yogurt<br>Choice of Fruit<br>Assorted Fruit Juices<br>Choice of Milk |

## Lunch Menu

| Aug - 26   | Aug - 27  | Aug - 28   | Aug - 29  | Aug - 30  |
|--|---|--|---|---|
| Red Beans and Rice<br>with Sausage<br>OR<br>Chicken Tenders Salad<br>Cornbread<br>Southern Mustard Greens<br>Yam Patties<br>Choice of Fruit<br>Assorted Fruit Juices<br>Choice of Milk | Chicken Quesadilla<br>OR<br>Chicken Tenders Salad<br>Tex Mex Style Beans<br>Chips with Salsa and<br>Guacamole<br>Choice of Fruit<br>Assorted Fruit Juices<br>Choice of Milk<br>Sour Cream | Chili Cheese over Chips<br>OR<br>Chicken Tenders Salad<br>Seasoned Green Beans<br>Tossed Salad w/ Dressing<br>Choice of Fruit<br>Assorted Fruit Juices<br>Choice of Milk | Boneless Buffalo Wings<br>OR<br>Chicken Tenders Salad<br>Whole Wheat Roll<br>Seasoned Potato Wedges<br>Baby Carrots w/ Dressing<br>Choice of Fruit<br>Assorted Fruit Juices<br>Choice of Milk<br>Choice of Condiments | Grilled Cheese Sandwich<br>OR<br>Chicken Tenders Salad<br>Crinkle Cut Fries<br>California Veggies<br>Choice of Fruit<br>Assorted Fruit Juices<br>Choice of Milk<br>Choice of Condiments<br>Cookie |

This institution is an equal opportunity provider.  
 This menu is subject to change based on USDA shipments and availability of ingredients.