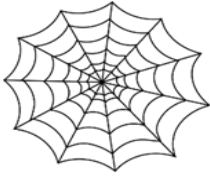




Jamestown Area School District



High School Breakfast Menu



Students: FREE
Adults: \$2.50

Breakfast is offered until 10:00 am! Breakfast Includes: 1 Entrée (Five varieties available daily), fruit/juice or vegetable and a milk.

Monday	Tuesday	Wednesday	Thursday	Friday
29-Sep Mini Donut Holes, Muffin Variety or Cereal & Crackers	30-Sep Empanadas, Muffin Variety, Cereal & Crackers	1-Oct Blueberry Muffin, Mini French Toast, Cereal & Crackers	2-Oct Iced Cinnamon Roll, Breakfast Sandwich, Muffin Variety, or Cereal & Crackers	3-Oct Mini Donuts (Powdered Donuts), Muffin Variety or Cereal & Crackers
6-Oct Empanada Dutch Waffle, or Daily Options Below	7-Oct Breakfast Sandwich, Beef & Cheese Stick, Dutch Waffle, or Daily Options Below	8-Oct Pancake & Sausage Stick Breakfast Sandwich, Straw-Ban Smoothie, or Daily Options Below	9-Oct Mini Banana Loaf, Straw-Ban Smoothie, or Daily Options Below	10-Oct No School Teacher In Service 
13-Oct No School   OCTOBER	14-Oct Mini Maple Cakes, Iced Cinnamon Rolls, Muffin Variety or Cereal & Crackers	15-Oct Nutri-grain Bar, Mini Pancakes, Muffin Variety or Cereal & Crackers	16-Oct Breakfast Sandwich. Muffin Variety or Cereal & Crackers	17-Oct Empanada, Muffin Variety or Cereal & Crackers
20-Oct Breakfast Pizza, Mini Pancakes, Muffin Variety or Cereal & Crackers	21-Oct Strawberry Bagel Bites, Breakfast Pizza, Muffin Variety or Cereal & Crackers	22-Oct Mini Cinnis, Muffin Variety or Cereal & Crackers	23-Oct Breakfast Sandwich. Muffin Variety or Cereal & Crackers	24-Oct Mini French Toast, Muffin Variety or Cereal & Crackers
27-Oct wg Donut Variety Mini Pancakes, or Daily Options Below	28-Oct Glazed WG Donut, Cheese Omelet, Mini Pancakes, or Daily Options Below	29-Oct Pancake Sausage Stick, Benefit Bar, Muffin Variety or Cereal & Crackers	30-Oct Breakfast Sandwich. Muffin Variety or Cereal & Crackers	31-Oct Mini Donut Holes, Muffin Variety or Cereal & Crackers

This institution is an equal opportunity provider.

Menu is subject to change related to food availability.

Note: All students will need to use their four digit pin number when receiving their free meal at lunch. This personal ID number will be how students receive their one free meal and this will access their school café account.



School Breakfast Options:		
Pick 1 Entrée	Pick 1-2 Fruit Options	Pick 1 Milk
Cereal & Crackers	Fresh Fruit	1% White Milk
Cereal Bar (Flavor Variety)	Canned Fruit	Fat-Free Flavored
Muffin (Flavor Variety)	100% Fruit Juice	(Choc., Van., Straw.)
Daily Options Above		

