

SHAC Meeting Minutes

05/08/2024

5:01 pm

Quorum of at least 5, Yes 7 members present

- **Welcome and introduction**

Summer welcomed and thanked everyone for being here.

- **Presentation of Minutes**

Summer presented the minutes from the last meeting.

- **Old Business**

- Mental Awareness presentation was given to 7th grade thru 12th grade. Videos were shown to 3rd thru 6th Are you ok? 3rd and below got activities like Meet Little Monsters, Angry and Safety, Sad and Scared. 4th thru 6th did the self care challenge, had to check things like take deep breaths, dance and walk. 5th and 6th had the option to write an essay about mental health. All of the kids participated.
- Taste is Tuesday was very successful a lot of kids gave their input on Blueberries.

- **New Business**

- May 9, 2024 will be the Say NO to drinking and driving presentation.
 - DPS will have the safety/seatbelt course, the impaired goggles. The Blessing Family will also be speaking about their daughter who they lost to a drunk driver. There will be a banner in the high school building where they can make a pledge to not drink and drive.
- July 31, 2024 Back to school vaccine clinic hosted by the Health Dept.
- Abilene Recovery Center will be attending our Red Ribbon Week next year.
- Summer went over the SHAC calendar next year
 - August 5 Teacher Wellness Pledge
 - August 12 SHAC meeting
 - August 13 Taste it Tuesday- Sweet Peppers
 - August 14 Hygiene education/hand washing
 - August 26 Bullying and Touching Presentation
 - September 9 Taste it TUESday-Watermelon/ Always Changing Prestation
 - September 23 Walk Across Texas begins/ Moving and Grooving in classrooms
 - October 1 Taste it Tuesday- Apples
 - October 9 SHAC Meeting
 - October 14 Healthy Relationships Jr high and High school
 - October 16 Flu CLinic
 - October 21-25 Red Ribbon Week
 - November 5 Taste it Tuesday-Carrots

- November 13 World Kindness Day
- Dec 3 Taste it Tuesday- Spinach
- December 5 Volunteer Day
- December 19 Holiday activities to go out with students
- December ?? Parents night out
- Jan 7 Taste it Tuesday Grapefruit
- Jan 10 Human Trafficing Awareness
- Jan 15 SHAC Meeting
- Jan 24 National Fun Day
- Feb ?? Narcan Training
- Feb?? Smiles Doctor Presentation
- Feb 4 Taste it Tuesday Red leaf lettuce
- March 4 Taste it Tuesday Mushrooms'
- March 12 SHAC meeting
- April Blood Drive
- April 1 Taste it Tuesday Broccoli
- May Mental Health Awareness
- May 6 Taste it Tuesday Berries

Meeting was adjourned at 5:24 pm